

# A LA CARTE MENU

## STARTERS

<b>SMOKED MACKEREL, LIME AND GINGER FISHCAKE</b>	<b>£11</b>
Roquette and spring onion salad, horseradish mayo. 825 KCAL	
<b>NICOISE SALAD</b> 391 KCAL	<b>£12</b>
Classic Salad topped with Garlic king Prawns	
<b>MARMITE MUSHROOMS</b> VE 524 KCAL	<b>£10</b>
Sourdough toast, chilli flakes, balsamic glaze	
<b>FALAFEL BITES</b> VE 769 KCAL	<b>£10</b>
Tahini dip, leaves, marinated cherry tomatoes	
<b>ROASTED TOMATO AND RED ONION</b> VE 462 KCAL	<b>£8</b>
Toasted sourdough	

## MAINS

<b>CHICKEN SOUVLAKI</b> 1350 KCAL	<b>£16</b>
Marinated chicken breast, flatbread, tahini, marinated cherry tomato, roquette and pomegranate.	
<b>WHOLE GRILLED PLAICE</b> NGCI 447 KCAL	<b>£22</b>
Steamed baby potatoes, lemon and olive roquette, caper butter	
<b>CHORIZO AND BASIL STUFFED CHICKEN SUPREME</b>	<b>£17</b>
Gnocchi in a smoked tomato sauce, finished with parmesan and roquette 1090 KCAL	
<b>COD &amp; CHIPS WITH THE VIEW</b> 941 KCAL	<b>£19</b>
Thick cut chips, garden peas	
<b>GOATS CHEESE AND LEEK STUFFED PORTABELLA MUSHROOMS</b> V 684 KCAL	<b>£15</b>
Topped with herb breadcrumbs, beetroot, roquette salad and balsamic reduction	
<b>SEAFOOD LINGUINI</b> 1169 KCAL	<b>£18</b>
Mixed seafood pan fried in lemon butter, with linguini, fresh herbs and olive oil, finished with parmesan and a splash of cream	
<b>VEGETABLE KOFTA</b> V 936 KCAL	<b>£15</b>
Flatbread, tahini, marinated cherry tomato, roquette and pomegranate	
<b>HALF RACK OF GLAZED BBQ RIBS</b> 890 KCAL	<b>£18</b>
Thick cut chips and house salad	

## STEAKS & BURGERS

<b>8OZ RIBEYE STEAK</b> DF NGCI 916 KCAL	<b>£26</b>
Chunky chips	
Add mushrooms & tomatoes NGCI 212 KCAL	£2.5
Add blue cheese sauce 260 KCAL	£3
Add peppercorn sauce NGCI 256 KCAL	£3
Add garlic butter NGCI 327 KCAL	£3
<b>SMASH BEEF BURGER</b> 1238 KCAL	<b>£19</b>
Brioche bun, bacon and cheddar cheese, smoked tomato chutney, crispy onions, skinny fries	
<b>SOUTHERN FRIED CHICKEN BURGER</b> 1462 KCAL	<b>£19</b>
Brioche bun, bacon and cheddar cheese, smoked tomato chutney, crispy onions, skinny fries	
<b>SPICY BEAN BURGER</b> VE 862 KCAL	<b>£15</b>
Beetroot brioche bun, mango chutney, salad and skinny fries	

### FOOD ALLERGENS & INTOLLERANCES

Before you order please speak to our team if you would like to know about our ingredients; we cannot guarantee that any food or beverage item sold is free from traces of allergens.

DF = Dairy Free   V = Vegetarian   VE = Vegan  
NGCI = Gluten Free

## SALADS

<b>GREEK SALAD</b> V NGCI 402 KCAL	<b>£14</b>
Classic Greek salad, cos leaves, tomato, peppers, cucumber, olives and feta, summer dressing.	
<b>CLASSIC CAESAR SALAD</b> 478 KCAL	<b>£14</b>
Cos lettuce, garlic ciabatta, parmesan, anchovies, Caesar dressing.	
Add grilled chicken breast 239KCAL	£5
Add grilled halloumi V 127KCAL	£4

## PIZZAS

12" handmade pizza, signature tomato sauce & mozzarella	
<b>MARGHERITA</b> V 1021 KCAL	<b>£13</b>
Classic tomato and mozzarella, olive oil	
<b>SPICY MEATY</b> 1075 KCAL	<b>£14.5</b>
Pepperoni, salami milano, chorizo, jalapeños, sriracha sauce	
<b>HONEY BBQ CHICKEN</b> 1132 KCAL	<b>£13</b>
Shredded chicken breast, sweet drop peppers, honey & BBQ sauce	
<b>CAPRIANO</b> V 1132 KCAL	<b>£14</b>
Goat's cheese, spinach, olive, cherry tomato	

## SIDES

<b>CHUNKY CHIPS</b> DF VE 335 KCAL	<b>£4</b>
<b>SKINNY FRIES</b> DF VE 325 KCAL	<b>£4</b>
<b>CAJUN FRIES</b> DF VE 3277 KCAL	<b>£4</b>
<b>GARLIC PIZZA BREAD</b> V 995 KCAL	<b>£10</b>
<b>BATTERED ONION RINGS</b> DF VE 385 KCAL	<b>£5</b>
<b>SIDE SALAD</b> VE NGCI 281 KCAL	<b>£4</b>

## DESSERTS

<b>COOKIE DOUGH &amp; CARAMEL CRUNCH PIE</b> 590 KCAL	<b>£8</b>
Toffee sauce and seasonal berries	
<b>WARM CHOCOLATE BROWNIE</b> 778 KCAL	<b>£9</b>
Triple chocolate brownie, dark chocolate sauce	
<b>ETON MESS</b> NGCI 593 KCAL	<b>£9</b>
Crushed meringue, whipped cream, strawberries and fruit coulis	
<b>LEMON TART</b> 444 KCAL	<b>£9</b>
Butter pastry, rich lemon filling, fruit coulis and seasonal berries	
<b>CHOCOLATE &amp; RASPBERRY TART</b> VE NGCI 481 KCAL	<b>£9</b>
Gluten free chocolate biscuit crumb, with chocolate and raspberry flavour	
<b>BROWNIE SUNDAE</b> 611 KCAL	<b>£10</b>
Brownie pieces, vanilla and caramel cookie dough ice cream, whipped cream, chocolate sauce	
<b>SUMMER SUNDAE</b> NGCI 391 KCAL	<b>£10</b>
Strawberry and coconut ice cream, fresh berries, fruit coulis, whipped cream	

<b>DAIRY ICE CREAM (3 SCOOPS)</b> NGCI 346 KCAL	<b>£6</b>
Choose from; Vanilla, Strawberry, Chocolate, Caramel Cookie dough, Coconut, Vegan Vanilla DF VE	
<b>ADD A SCOOP TO ANY DESSERT</b> 115KCAL	<b>£2</b>