



LUNCH À LA CARTE

SOUPS

- Honey Roasted Pumpkin \$5
Pumpkin Puree • Chicken Broth •
Honey • Cream • Cumin
- Hearty Red Peas \$4
Red Peas • Vegetable Broth •
Coconut Cream • Red Beans •
Vegetables

SALADS

- Warm Grilled Salmon Salad \$17
Salad Greens • Tropical Fruit Salsa •
Tomatoes • Grilled Broccoli • Pickled Beets •
Red Onions • Balsamic Vinaigrette
- Smoked Marlin Salad \$14
Salad Greens • Pickled Cucumbers •
Tropical Fruit Salsa • Tomatoes •
Charred Red Onions •
Lime and Roasted Garlic Vinaigrette
- Santa Fe Fried Chicken \$13
Chopped Greens • Fried Chicken • Bacon •
Plantain Chips • Avocado • Parmesan •
Zesty Lime Salsa
- Charred Fruit on Greens \$12
Fresh Mountain Greens • Crisp Cucumbers •
Charred Seasonal Fruits • Tomatoes •
Herbed Papaya Vinaigrette

Salad Add-Ons

- Avocado or Bacon +\$3 | Jerked Chicken +\$6
- Jerked Shrimp +\$10 | Grilled Salmon +\$12
- Grilled *Lobster +\$16
- Grilled Filet Mignon (4oz.) +\$18

SALADS (CONT'D)

- Classic Terra Nova Caesar Salad \$12
Romaine Hearts • Caesar Dressing •
Crostini • Anchovy • Parmesan
- Add: Avocado or Bacon +\$3 | Jerked Chicken +\$6
- Jerked Shrimp +\$10 | Grilled Salmon +\$12
- Grilled *Lobster +\$16
- Grilled Filet Mignon (4oz.) +\$18

ENTRÉES (LAND)

- Terra Nova Filet Mignon \$49
Grilled Prime Beef Filet • Béarnaise Sauce •
Mushrooms in Red Wine Reduction Sauce
- Traditional Curried Mutton \$18
Jamaican Spices • Tender Mutton •
Rich Gravy • Potatoes & Carrot Cubes
- Jerked Chicken Florentine \$16
Jerked Chicken Breast • Callaloo &
Aged Cheddar Filling • Creamy Chicken
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(Each dish accompanied by your choice of 2 sides)

ENTRÉES (SEA)

- Jamaican Garlic Shrimp \$30
Shrimps • Jamaican Spices •
Sautéed Bell Peppers and Onions •
Garlic Butter Sauce
- Steamed Snapper \$22
Snapper Fillet • House-made Fish
Bouillon • Okra • Scotch Bonnet Pepper

(Each dish accompanied by your choice of 2 sides)

* Seasonal Item

Fish may contain bones. Please advise your server of any allergies.

Please ask your server for current exchange rate.

All prices quoted attract 10% Taxes & 10% Service Charge



LUNCH À LA CARTE

PASTAS

- Truffle Shrimp Linguini **\$28**
Sautéed Shrimps • Capers • Linguini •
Truffle Cream Sauce • Fresh Basil
- Grilled Chicken Primavera **\$14**
Grilled Chicken • White Wine Veloute •
Penne Pasta • Veggies • Sun Dried Tomatoes •
Olives • Fresh Basil
- Spaghetti in Rich **\$7**
Marinara Sauce
Spaghetti • Slow Cooked Marinara Sauce

SANDWICHES/BURGERS

- Grilled Snapper Sandwich **\$13.50**
Cajun Grilled Snapper • Charred Onions •
Lettuce & Pickled Cucumbers • Tartar
Sauce
- Cheese Beef Burger **\$13**
Char-Grilled Beef Patty • Cheddar
Cheese • Mushrooms & Onions •
Lettuce & Tomatoes
- Jerked Chicken Club **\$11.50**
Toasted White Bread • Bacon •
Cheddar Cheese • Lettuce and Tomatoes •
Jerked Chicken & Mango Chutney Salad

*Each Sandwich/Burger is served with your choice of
Garden Salad or Seasoned Fries*

SIDES

- Truffle Fries (+\$3) **\$6**
- Macaroni and Cheese **\$4**
- Rice and Peas **\$4**
- Seasoned Fries **\$3**
- Jasmine Rice **\$3**
- Fried Plantains **\$3**
- Garden Salad **\$3**

DESSERTS

- Chocolate Mousse **\$7.50**
- Ice Cream du jour **\$7**
- Traditional English Trifle **\$6**
- Cake du jour **\$6**
- Tropical Fruit Salad **\$5**

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