

CHECK OUT OUR
CALENDAR
OF EVENTS

BAY GARDENS RESORTS NEWSLETTER

OCTOBER 2023



The Key to your Ultimate Caribbean Vacation Getaway

Centrally situated in the heart of Saint Lucia's entertainment capital, Rodney Bay Village, the **Bay Gardens Resorts** family of hotels and luxury private villas offers inviting, island-inspired accommodations. With five properties positioned on the Reduit Beachfront and within Rodney Bay Village and the Rodney Bay Marina, Bay Gardens Resorts is a favourite hotel destination in Saint Lucia for families, couples, and island explorers.

Featuring a total of 241 rooms, seven conference centers, four restaurants, and six bars, our resorts are the perfect choice for a Saint Lucian getaway for families, couples, honeymooners, wedding parties, business travelers, groups, and more. Guests can stay at the property that suits them best and can still enjoy luxurious amenities from each. [Click here](#) to read more about our beautiful properties.



Inside this Issue

- 01 World Food Day with Monchy Primary School
- 02 Say Yes to Saint Lucia – Global Romance Summit 2023!
- 03 Jounen Kweyol at Bay Gardens Resorts
- 04 Spa Feature – Fall Deals at La Mer Spa
- 05 Supporting Sports! - Bill Fishing & Saint Lucia Premier League
- 06 UK Cocktail Competition with Dave Marsland
- 07 Tour Feature – Waterfall Chasing Father Nature Adventures
- 08 Featured Employee – Lindsay St. Cyr

World Food Day with Monchy Primary School



In recognition of the critical role that a healthy breakfast plays in the life of a student, Bay Gardens Resorts saw it fit to commemorate World Food Day with the Monchy Primary School. Our culinary team prepared and served a nutritious breakfast to the bright-eyed students on October 16th, 2023.

“Every child deserves a healthy start to their day. By providing the students of the Monchy RC School with breakfast, we aim to nurture not just their minds but their bodies” said Ms. Waltrude Patrick, General Manager of the Bay Gardens Beach Resort & Spa. The principal of the school, Mr. Troy Nestor, thanked the staff of the resort chain for their unwavering commitment to the development of the students. Over the last 10 years, Bay Gardens Resorts has been providing grocery items to the school to prepare breakfast for the students daily. We recognize that many parents of students at this school, work in the hospitality industry and work a shift system so providing breakfast may be a challenge. For others, the inability may stem from financial difficulties.

The day began with a short assembly at the Monchy Roman Catholic Church, where students and teachers were engaged in prayers and songs of worship, before heading to the school’s canteen for breakfast. The Bay Gardens Resorts thanks the students and teachers of the Monchy RC Primary School for giving us such a warm welcome and we look forward to more collaborative efforts that benefit the nation’s future! For highlights of the day, check out our video [here](#).

Say Yes to Saint Lucia – Global Romance Summit 2023!



This past month, the Saint Lucia Tourism Authority (SLTA) successfully completed the second 'Say Yes to Saint Lucia' Global Romance Summit for travel agents and operators from October 5 through 9, 2023. Some 30 travel agents from Saint Lucia's three top source markets including the UK, U.S. and Canada were hosted. Participants explored Saint Lucia's romance offerings on a familiarization trip with visits to resorts geared for romance. Bay Gardens Resorts

was excited to be part of such an amazing initiative that promotes the island as the quintessential wedding and honeymoon destination. We participated in the Celebration Expo, which took place at the Harbor Club. This event featured mock wedding set-ups, décor ideas and cuisine from over 45 of the island's best wedding suppliers.

We also had the opportunity to host twelve of the travel agents at the Bay Gardens Beach Resort & Spa for two nights. During their stay, they were able to experience to splendor and charm of the property and its amenities as well as visit the other Bay Gardens Resorts properties, which provided them with more insight into our many options for couples looking to get married in beautiful Saint Lucia.

Jounen Kweyol at Bay Gardens Resorts

Last Sunday, the curtains came down on Creole Heritage Month in Saint Lucia. Across the island, the festivities encompassed a wide array of events that showcased traditional music, dance, art, and cuisine of Saint Lucia. Bay Gardens Resorts honored our culture in a big way this year with the hosting of three events, beginning October 8th as the Bay Gardens Beach Resort & Spa hosted its Pre Jounen Kweyol event. Held on Reduit Beach, the location offered the perfect



scenic and tranquil ambiance to enjoy local entertainment and delectable food. Throughout the month there were many fringe events which included the hosting of a creole cooking show with a local television station and offering authentic dishes on our daily menus. We culminated the month with two grand activities at the Bay Gardens Hotel & Inn and the Bay Gardens Marina Haven.

At the center of every Creole event, delectable local cuisine is always the focal point and ours were no different. The menus offered a wide range of exotic meats, seafood, and local confectionery which entices the tastebuds of patrons. Overall we had an amazing Creole month and Jounen Kweyol weekend. We thank everyone who celebrated with us and look forward to more fun, food, and festivities next year.

Spa Feature – Fall Deals at La Mer Spa



La Mer SPA

Fall Deals

LA MER SPA IS CATERING TO TREAT YOU TO THE ULTIMATE SPA EXPERIENCE WITH OUR AMAZING SPECIALS

DELUXE TRANQUILITY MASSAGE FULL BODY MASSAGE	WAS USD\$110	NOW USD\$88
LA MER RELIEF BACK MASSAGE	WAS USD\$77	NOW USD\$55
LA MER FALL RITUAL MASSAGE AND SCRUB	WAS USD\$220	NOW USD\$110
AUTUMN GLOW EXPRESS FACIAL	WAS USD\$99	NOW USD\$66
LA MER FALL RENEWAL MANICURE AND PEDICURE	WAS USD\$73.50	NOW USD\$55
AUTUMN ESCAPE ANTI AGING FACIAL AND FOOT MASSAGE	WAS USD\$220	NOW USD\$154

STARTING FROM: NOVEMBER 1ST - NOVEMBER 30TH

PACKAGES ARE SUBJECT TO 10% SERVICE CHARGE

ALL INCLUSIVE COUPONS AND VOUCHERS ARE NOT TO BE USED FOR THIS SPECIAL

For more information or to book a treatment, call **1.758.457.8553**
Or email lammerspa@baygardensresorts.com

Supporting Sports! - Bill Fishing & Saint Lucia Premier League



At Bay Gardens Resorts, we've been known for taking a vested interest in the development of our community. One excellent way to do this is through sports. We had the pleasure of supporting the Republic Bank Billfishing Tournament, which was held from October 16th to October 20th, 2023, at the Rodney Bay Marina and the ongoing Saint Lucia Premier League.

Saint Lucia's pristine waters offered an unparalleled environment for bill fishing because of its rich marine biodiversity, especially the abundance of large game fish like marlins, sailfish, and swordfish, making it a hotspot for anglers. This tournament was more than just a corporate gesture, but a testament to our commitment to the local community and the promotion of Saint Lucia as a premier tourist and sporting destination.

We also lent our support to the Saint Lucia Premier League - an exciting tournament that brings together various communities in a spirited competition, showcasing the island's passion for cricket. The Bay Gardens Resorts is proud to support the SAIL Gros Islet Knights Cricket Team as part of this year's SPL T20. The team has so far won both of their qualifying matches and will be heading to the semi-finals.

Not only do sports like bill fishing and cricket foster community engagement, teamwork, and discipline, particularly amongst youth, but they play a key role in the holistic development of the participants. As we pledge our continued support to a variety of sporting disciplines, we wish to congratulate all the winners thus far and look forward to more success in their respective activities!

UK Cocktail Competition with Dave Marsland

Often referred to as the flagship St. Lucian rum, Chairman's Reserve is known for its harmonious well-rounded finesse and style with tremendous character for cocktails and sipping experiences. This October we hosted Mr. Dave Marsland, Rum Ambassador for Chairman's Reserve in the United Kingdom, as well as Kaliegh and Connor, two young bartenders who won a bartending competition and were awarded with a trip to Saint Lucia!

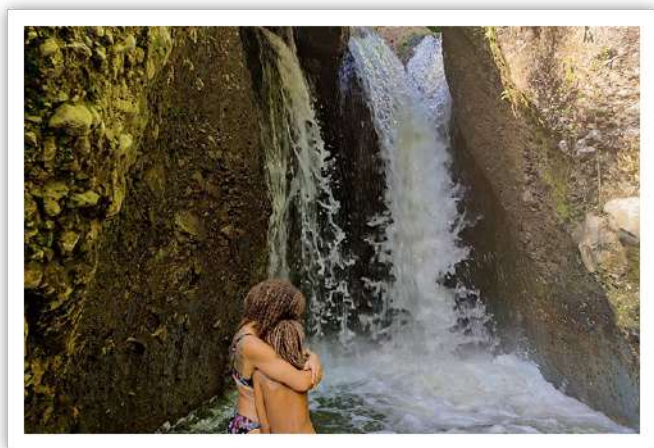


During their time on the island, the three got the opportunity to explore the island. They also gave the bartenders of the Bay Gardens Resorts a fantastic showcase of their approach to St. Lucia Distillers rums

and key UK bartending trends. After sharing knowledge, Mr. Marsland challenged our bartenders to a cocktail-making competition, using local fruits and rums.

The sessions were fun, interactive and of course, filled with rum! In the end, Delan Feverier was victorious, as his Creole Passion cocktail was a hit. All the bartenders were awarded certificates of participation and were treated to an afternoon of relaxation and cocktails by Mr. Marsland. Be sure to check the recipe section below as Delan shares his star-studded recipe for his Creole Passion cocktail.

Tour Feature – Waterfall Chasing Father Nature Adventures



Father Nature Adventures is renowned for their unique outdoor experiences. The Waterfall Chasing experience stands as a testament to their commitment to adventure and nature exploration. Embark on a journey through lush landscapes and pristine wilderness as expert guides lead you to some of the most breathtaking and untapped waterfalls in Saint Lucia. This tour is perfect for nature enthusiasts, photographers, and anyone looking to escape the hustle and

bustle of daily life. You'll have the opportunity to witness the majestic beauty of cascading waters, learn about the local flora and fauna, and enjoy a day filled with awe-inspiring views and tranquil moments. [Click here](#) for a sneak peak of the experience.

To book your Waterfall Chasing experience, contact our tours desk via email at tdesk@coxcoltd.com

Featured Employee – Lindsay St. Cyr



Our featured team member for October 2023 is Ms. Lindsay St. Cyr, who currently works within the Bay Gardens Resorts' Reservations Department as a Reservation Agent. During her time here, she has held several roles in various departments, beginning with Splash Island Water Park as an Administrative Assistant. Lindsay later moved on to the Food & Beverage Department as a cashier for the Hi-Tide Restaurant before being assigned to Reservations – a department where attention to

detail is key, and Lindsay excels in this area. Whether it's accommodating special requests, finding the best rates, or ensuring a smooth booking process, she handles it all with precision and care. When she's not busy making reservation magic happen, however, she enjoys spending time at home with family. Having won the award for most outstanding team member in 2022, she explained that this was one of

her most memorable moments at Bay Gardens Resorts, as she felt like her efforts were not unnoticed. She also mentioned that one thing she enjoyed about working with the resort chain would be the endless opportunities for cross-training and upward mobility. In fact, Ms. St. Cyr will be starting a new role as an Income Auditor at the Bay Gardens Beach Resort & Spa's Accounts Department in the coming days! Thank you, Lindsay, for your dedication, and congratulations on your new role!

Recipe - Creole Passion

INGREDIENTS:

- 1.5 oz Chairman's Reserve Spiced Rum
- 1 oz Bounty Coconut Rum Liqueur
- 0.5 oz Passionfruit Syrup
- 0.25 oz Lime Juice
- Top with Sprite

Our bartender from the Bay Gardens Beach Resort & Spa, Delan Feverier recently won a bartending

competition which was hosted by Mr. Dave Marsland from the United Kingdom. Dave's winning cocktail was the Creole Passion. We've shared the recipe so you can indulge in this awesome drink.



INSTRUCTIONS

1. Take a tall glass and fill it with ice cubes to chill the glass.
2. In a cocktail shaker, combine the Chairman's Reserve Spiced Rum, Bounty Coconut Rum Liqueur, passionfruit syrup, and fresh lime juice.
3. Secure the lid on the shaker and give it a good shake for about 10-15 seconds, or until the mixture is well-combined and chilled.
4. Remove the ice from the tall glass and strain the cocktail mixture into the glass over fresh ice.
5. Gently top the drink with Sprite, according to your preference. Be careful not to overfill.
6. Slice a thin wheel from a fresh lime, make a small cut from the center to the edge, and place it on the rim of the glass as a garnish.
7. Serve immediately with a straw and enjoy your refreshing Creole Passion Cocktail!

For an extra touch of Creole flair, you could add a small sprinkle of grated nutmeg on top of the drink before serving.

Enjoy your homemade Creole Passion Cocktail, a perfect blend of spiced and coconut rums with the tropical flavors of passionfruit and lime, topped with the refreshing fizz of Sprite! Cheers!

Our Guest Experience

Have you seen what our guests are saying about us on TripAdvisor?

BAY GARDENS BEACH RESORT & SPA

Reviewed by: Alla – Canada

“Would definitely book again!”

“Everyone on the resort is so friendly. The resort has such a peaceful vibe. The rooms are nice, so I got a comfortable sleep. The restaurant in the resort is good and you’re also able to take a shuttle to the Bay Gardens Hotel or Inn to try their restaurants too. The beach is literally a 30-second walk from your room. It was a great day, and I will be booking at the Bay Gardens Beach Resort again.”



BAY GARDENS HOTEL & INN

Reviewed by: Crystal - Antigua & Barbuda

“Exceptional”

“Mostly everything was within walking distance and that’s the best part of the property. Our security/night shift host Orandi was the best!!! Ask for him, he made sure that we were comfortable from the first night to our checking out! The stay was 10 stars in our group’s books”

BAY GARDENS MARINA HAVEN

Reviewed by: Compton

“My stay at Bay Gardens Marina Haven”

“It was a lovely getaway for my wife and I as it was quiet and relaxing. The staff were all very friendly and helpful. I would definitely recommend my friends and family to stay here. very satisfied!”