

## *Body Care Treatments*

### *Healing From The Ocean*

A detoxifying and re-mineralizing seaweed exfoliation, seaweed glacial clay firming masque followed by a full body application of Pacific Seaweed Body Butter.

*90 min \$210*

### *Healing From The Forest*

A hydrating and replenishing body polish, heated mud masque followed by a full body application of Canadian Wilderness Lotion.

*90min \$210*



Please arrive at least 15 minutes before your appointment to allow time to fill out a brief health history form and get changed into a spa robe and slippers. Your appointment includes a private locker and complimentary use of our eucalyptus steam cave and ocean view hot tub.

We require 24 hours advance notice to re-schedule or cancel your appointment or 100 percent of the treatment price will be charged.

### *Healing Spa at Poets Cove*

9801 Spalding Road  
Pender Island, British Columbia V0N 2M3

[poetscove.janeapp.com](http://poetscove.janeapp.com)

250.629.2113 or 250.629.2100

## *Healing Spa*



*Restore your  
health and vitality  
with the healing  
power of the ocean  
and the forest.*

*Pender Island  
British Columbia*



# Massage Treatments

*Ease your muscles, relax your mind, breathe...*



## *Packages*

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### *Glow*

Enjoy a relaxing body massage followed by a thorough foot massage and a luxurious mini facial. This package will leave you illuminated from head to toe.

*90 min \$210*

### *Rejoice*

Unwind with a melt-your-muscles hot stone massage followed by a thorough foot massage and a luxurious mini facial. Your body will deeply relax at a healing level. Rejoice in this indulgent experience.

*120 min \$300*

### *Custom massage*

A full body massage tailored to your unique needs. Request light, moderate or deep pressure according to your preference.

*60 min. \$175, 90 min. \$240*



### *Maternity massage*

The use of maternity pillows will assure a comfortable massage experience for the mother-to-be.

*60min \$175, 90min \$240*



### *Hot Stone massage*

Warm basalt stones are placed on the body and used to melt and soothe your tight muscles.

*90 min. \$255*

