

CHECK OUT  
OUR  
SPECIAL  
OFFERS!

# WHAT'S HAPPENING AT BAY GARDENS RESORTS!

## MAY 2026



Centrally situated in the heart of Saint Lucia's entertainment capital, Rodney Bay Village, the **Bay Gardens Resorts** family of hotels and luxury private villas offers inviting, island-inspired accommodations. With five properties positioned on the Reduit Beachfront and within Rodney Bay Village and the Rodney Bay Marina, Bay Gardens Resorts is a favourite hotel destination in Saint Lucia for families, couples, and island explorers.

Featuring a total of 241 rooms, seven conference centers, four restaurants, and six bars, our resorts are the perfect choice for a Saint Lucian getaway for families, couples, honeymooners, wedding parties, business travelers, groups, and more. Guests can stay at the property that suits them best and can still enjoy luxurious amenities from each. [Click here](#) to read more about our beautiful properties.

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## Catch the CPL Excitement with the Ultimate Saint Lucian Getaway

Come for Cricket, Stay for Saint Lucia this CPL season with Bay Gardens Resorts, where every moment brings the game, the energy, and the island vibes together in one unforgettable experience.

As anticipation builds for the highly awaited matches at the Daren Sammy Cricket Ground from August 12–21, turn your trip into the ultimate Caribbean escape. Perfectly positioned in the heart of Rodney Bay, Bay Gardens Resorts keeps you close to everything that makes Saint Lucia special, from sun-soaked beaches and buzzing nightlife to shopping, dining, and endless island adventures.

Whether you are travelling with friends, family, or your cricket-loving crew, your stay goes far beyond a place to sleep. Picture slow beach days on Reduit Beach, complimentary access to Splash Island Water Park, exciting non-motorized water sports, and the vibrant rhythm of island life all around you, with exclusive food and beverage savings at select partner restaurants when you stay 7 nights or more adding even more value to your stay.

With rates starting from as low as US\$120, your CPL getaway also includes a welcome drink on arrival and optional extras such as hassle-free shuttle service to matches, curated island tours and excursions, relaxing spa treatments at La Mer Spa, and special perks designed for group bookings.

This is your invitation to feel the thrill of world-class cricket and the magic of Saint Lucia in one extraordinary journey. [Book your CPL stay at Bay Gardens Resorts](#) and make this season one to remember.

## From Viral Moments to Regional Leaders: Bay Gardens Resorts Welcomed IShowSpeed, Certified Sampson, and Prime Minister Gaston Browne

Bay Gardens Resorts recently found itself at the center of several standout moments that captured attention across Saint Lucia and beyond.

Global streaming personality IShowSpeed visited the island during his Caribbean Tour and spent time at Splash Island Water Park at Bay Gardens Beach Resort & Spa, where he took part in a fun obstacle course experience at Splash Island Waterpark alongside Chloe Bailey. The moment quickly went viral online, showcasing the excitement, energy, and natural beauty of Saint Lucia to a global audience.

At the same time, Caribbean content creator Certified Sampson returned to Saint Lucia and chose Bay Gardens Resorts during a meaningful visit that included family time and his Mother's Day and Saint Lucia Jazz experience. His stay highlighted the resort's role in creating space for personal, memorable, and culturally rich moments.

Adding to these notable visits, Antigua's Prime Minister Gaston Browne also selected Bay Gardens Resorts for a private family stay while visiting Saint Lucia, further reinforcing the resort's appeal among regional leaders.

Together, these visits reflect Bay Gardens Resorts' position as a welcoming home for diverse guests from global influencers to Caribbean creatives and regional leaders each experiencing Saint Lucia through authentic island hospitality.



## Bay Gardens Resorts Strengthens Regional Presence at CHTA Marketplace 2026 in Antigua

Bay Gardens Resorts proudly participated in the Caribbean Hotel and Tourism Association (CHTA) Marketplace held in Antigua from May 11–15, 2026, reinforcing its commitment to regional collaboration, sustainability, and innovation within the tourism industry.

The delegation included Executive Director, Mr. Sanovnik Destang; Commercial Director, Ms. Anice O’Neil; Marketing Manager, Ms. Pauline Francis; General Manager of Bay Gardens Marina Haven, Ms. Yatsuri Marshall; and Marketing Coordinator, Ms. Sharine Joseph, who also attended the Direct Booking Summit on May 15.

Throughout the week, the team engaged in a series of strategic meetings, forums, and industry events designed to strengthen partnerships and explore new opportunities for growth. On May 12, Ms. Anice O’Neil and Ms. Pauline Francis participated in Responsible Tourism Day activities at Good Humans 268 in Antigua, a recycling facility dedicated to sustainable waste management. The visit provided valuable insight into environmental practices and reinforced the importance of sustainability across the tourism sector.



Also on May 12, the Caribbean Travel Forum at Sandals Grande Antigua brought together regional stakeholders to discuss key industry developments, including post-pandemic recovery, digital marketing trends, and experiential tourism, while recognizing excellence within the sector.

Over May 13–14, the team completed one-on-one business appointments with technology providers, tour operators, and ancillary partners. These meetings strengthened existing relationships and explored new avenues for collaboration, with Ms. Pauline Francis and Ms. Anice O’Neil leading the majority of engagements.

The week concluded on May 15 with participation in the Direct Booking Summit, which focused on AI-driven solutions, evolving digital marketing strategies, and tools to enhance direct online bookings and improve regional competitiveness.

Bay Gardens Resorts continues to actively engage in key regional platforms that support innovation, sustainability, and growth within Caribbean tourism.

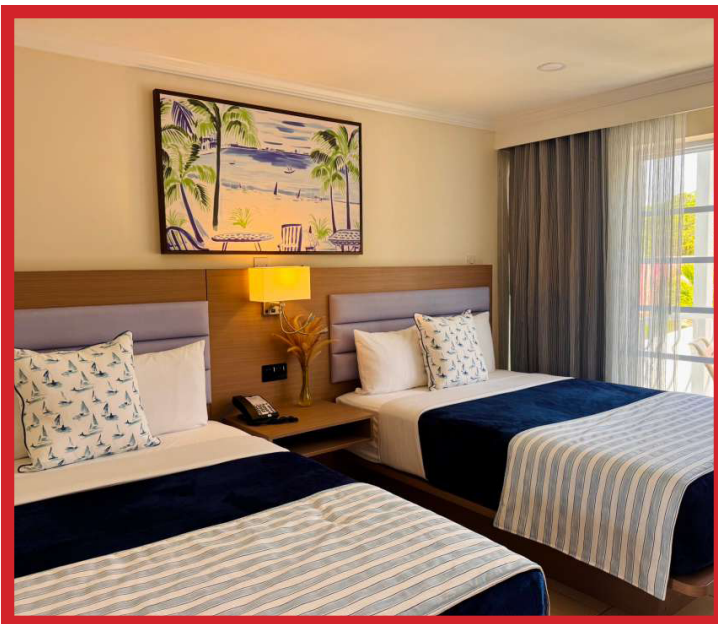
## Bay Gardens Marina Haven Unveils New Look as Room Renovations Begin

Bay Gardens Marina Haven has officially begun the renewal of its guest rooms as part of an ongoing enhancement project aimed at elevating the guest experience and refreshing the property's overall look and feel.

The upgraded rooms will feature a modern, comfortable design that reflects the relaxed charm of the marina while incorporating updated furnishings and improved in-room amenities. These enhancements are designed to provide guests with a more inviting and refreshed stay experience, while maintaining the warm hospitality Bay Gardens Resorts is known for.

This exciting development forms part of Bay Gardens Resorts' continued commitment to investing in its properties and ensuring consistently high standards across its collection.

Here are a few images showcasing the updated design.



## Bay Gardens Resorts Celebrates a Heartfelt and Memorable Mother's Day 2026 Experience

Mother's Day 2026 was truly one to remember at Bay Gardens Resorts as families, friends, and loved ones came together to celebrate the incredible women who continue to inspire and uplift us every day.

This year's celebrations perfectly captured the warmth, elegance, and vibrant spirit that define the Bay Gardens experience. From our specially curated Mother's Day dining experiences to quality family time across our properties, the occasion was filled with love, laughter, and unforgettable memories.

Throughout the weekend, families gathered to honor mothers, grandmothers, and mother figures while enjoying the signature hospitality that Bay Gardens Resorts is known for. The celebrations reflected not only our appreciation for the women at the heart of our families, but also our ongoing commitment to creating meaningful experiences that bring people together.

As we look back on another successful Mother's Day celebration, we extend heartfelt thanks to all our guests, team members, and partners who helped make the occasion so special. We were honored to celebrate with you and look forward to creating even more memorable moments together in the future.



## Spa Feature

### - Sun Recovery

After all the sun-soaked fun, give your skin the care it deserves with our Sun Recovery treatment. In just 30 minutes, unwind as a soothing full-body aloe mask works its magic to calm, cool, and restore skin after sun exposure. It's the perfect way to bounce back, re-hydrate, and feel refreshed again for only US\$100.00.

[Book here.](#)



## Tour Feature

### - AdrenaLINE Canopy Tour

Get ready for an unforgettable rainforest adventure with the AdrenaLINE Canopy Tour — not for the faint of heart. What begins with a peaceful walk through lush tropical forest quickly transforms into a high-flying thrill as you clip into a series of cables and zip from platform to platform high above the canopy. Between zips, a brisk jungle hike keeps the energy pumping before each exhilarating glide brings you safely back to base camp. Pure adrenaline from start to finish!

[Book now.](#)

# Employee Feature: Arnold Flood

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Arnold is a valued member of the Bay Gardens Resorts team who has been with the organization for four years. Throughout his time with Bay Gardens Resorts, he has gained experience working as a waiter, bartender, and restaurant shift leader, building a strong foundation in customer service, leadership, teamwork, and hospitality.

Known for his quiet and intentional approach, Arnold consistently demonstrates professionalism and dedication in every guest interaction. He pays close attention to detail, ensuring that each guest's experience is handled with care and thoughtfulness. His calm and composed nature brings a sense of warmth and reassurance that positively influences both guests and team members.

Arnold enjoys the dynamic team environment at Bay Gardens Resorts, as well as the opportunity to interact with different guests each day. He takes pride in creating memorable experiences and contributing to a fast-paced, service-driven atmosphere.

One of his most rewarding experiences has been seeing satisfied guests return and personally commend the service he provided moments that reinforce his passion for hospitality and guest satisfaction.

Guided by his personal motto, "Always give your best, because the energy you put out is what comes back to you," Arnold remains focused on continuous growth, hard work, and making every guest feel welcomed and appreciated.

In his free time, he enjoys spending time with friends and family, listening to music, exploring new ideas, and developing his personal and professional skills. Looking ahead, Arnold aspires to take on greater responsibilities, strengthen his leadership abilities, and continue contributing meaningfully to the success of Bay Gardens Resorts.

## Community Corner –

### Bay Gardens Resorts Sponsors Soufriere Jazz 2026

We were proud to serve as a Bronze Sponsor of Soufrière Jazz, the driving force behind Saint Lucia's premier community jazz event. For yet another year, we had the privilege of supporting an event that continues to celebrate the richness of our culture, the talent within our communities, and the spirit that brings people together through music and entertainment.

Soufrière Jazz once again delivered an unforgettable experience, highlighting the importance of community-driven initiatives that create opportunities for cultural expression and connection. As a proudly Saint Lucian brand, supporting events like these remains an important part of who we are and what we value. We are grateful and honored to continue supporting this outstanding community product and commend the organizers for their dedication and passion in keeping this vibrant event alive year after year.

At Bay Gardens Resorts, we remain committed to investing in experiences that celebrate our people, our culture, and the unique spirit of Saint Lucia.



## Bay Gardens Resorts Supports “Be the Change” Program at Babonneau Secondary School

Bay Gardens Resorts has once again demonstrated its commitment to youth development and community empowerment by presenting a cheque valued at EC\$5,000 to the Babonneau Secondary School in support of its “Be the Change” after-school program.

The initiative targets secondary school students exhibiting behavioral challenges and aims to provide mentorship, guidance, and positive opportunities for personal growth. Since partnering with the school in 2024, Bay Gardens Resorts has played an active role in the program’s success.

Beyond financial support, Bay Gardens Resorts has contributed to the program through summer employment opportunities at its hotels, funding for sporting equipment, mentorship sessions, and studio time for aspiring young musicians.



# Recipe - Breadfruit & Smoked Herring Pie

## INSTRUCTIONS

### Ingredients

- 1 medium breadfruit, peeled, cored, and boiled until tender
- ½ lb smoked herring (blanched and flaked)
- 1 tbsp butter or coconut oil
- 1 small onion, finely chopped
- 2 cloves garlic, minced
- 1 sprig thyme
- 1 tbsp parsley, chopped
- Black pepper to taste

### For the Tomato Curry Sauce:

- 2 tbsp butter or coconut oil
- 2 tbsp flour
- 1 ½ cups coconut milk (warm)
- ¼ tsp grated nutmeg
- Salt and white pepper to taste

Optional (for richness): ½ cup grated cheddar cheese or mozzarella.



## Instructions :

### Instructions

- Instructions
- Boil breadfruit in salted water until soft. Drain and mash with a little butter or coconut oil until smooth. Set aside.
- Soak or lightly boil smoked herring to remove excess salt.
- In a skillet, sauté onion, garlic and thyme in butter or oil. Add flaked herring and parsley. Cook for 2–3 minutes until fragrant.
- In a saucepan, melt butter over medium heat. Add flour and whisk for 1–2 minutes to make a roux.
- Gradually whisk in warm coconut milk until smooth and thickened.
- Season with nutmeg, salt, and white pepper.
- In a greased baking dish, spread half the mashed breadfruit.
- Layer with the herring mixture, then pour half of the coconut béchamel over it.
- Add the remaining breadfruit and top with the rest of the béchamel. Sprinkle with cheese if desired.
- Bake at 180°C (350°F) for 25–30 minutes or until golden brown.



## Have you seen what our guests are saying about us on TripAdvisor?

### **BAY GARDENS BEACH RESORT & SPA**

*“Great place to vacation”*

Reviewed by kfhawk49 (May 2026)

*Great place to vacation. Beautiful beach, good food, and the friendliest staff you will ever find in a resort. The resort is very clean, modern, and well kept. This is just a peaceful, relaxing, and enjoyable place to be!*

### **BAY GARDENS HOTEL AND INN**

*“Great Hotel”*

Reviewed by Alice B (May 2026)

*Great hotel. Very friendly staff. We had a lovely room opposite the pool. The shuttle service to the other resort by the beach was great. Would definitely stay here again.*

### **BAY GARDENS MARINA HAVEN**

*“Happy Holiday”*

Reviewed by Tereena S (May 2026)

*Staff were absolutely fantastic especially Arnold, Shem and Kersten. But the star of the show was Ginger the cat, a real sweetie. Rooms were clean and they were starting to upgrade them as we left comfy bed. Shuttle bus every hour to the beach. St Lucia is a beautiful island, and the people are so friendly.*