



loto spa

## TRADITIONAL TREATMENTS

<b>Loto Essence Massage</b> Swedish massage combining smooth, flowing movements to promote deep relaxation and overall well-being	60 min   \$145 90 min   \$175
<b>Deep Balance Massage</b> Focused on releasing deep muscular tension and restoring mobility through firm, therapeutic techniques	60 min   \$165 90 min   \$195
<b>Aromatic Harmony Massage</b> Sensory massage enhanced with essential oils to promote relaxation, emotional calm, and a sense of inner harmony	75 min   \$180
<b>Vital Release Massage</b> Targeted treatment for back, neck, and shoulders to help relieve accumulated tension	35 min   \$80
<b>Serene Fire Massage</b> Massage using volcanic stones to relax muscles, stimulate circulation, and promote lasting calm	75 min   \$180



BIOSFERA  
honestly natural



## FACIALS

<b>Vita Radiance - Antioxidant with Vitamin C</b> Revitalizing treatment that helps improve skin tone and reduce signs of fatigue	60 min \$145
<b>Balancing Facial with Niacinamide</b> Help even skin tone, improve texture, and restore natural luminosity	60 min \$145

## BODY TREATMENTS

<b>Scrubs</b> Renewing treatment that stimulates circulation, leaving the skin clean, smooth, and revitalized <b>Choose:</b> • Coffee • Coconut & sea salt • Volcanic Lava & Lemongrass	60 min \$145
<b>Wraps</b> Purifying treatment that helps remineralize the skin, improve texture, and promote body balance <b>Choose:</b> • Aloe • Coconut Milk • Red Berries	60 min \$165



## COUPLES EXPERIENCES

### Coconut Serenity

120 min | \$575

#### Includes:

- Coconut & sea salt body scrub - Feet wrap • Relaxing massage • Dessert & special beverage

Inspired body ritual that renews the skin, deeply hydrates, and relaxes the body, leaving a feeling of softness, calm, and shared well-being

### Restorative Flow

90 min | \$480

#### Includes:

- Deep Tissue Massage • Hot Stone • Facial Lymphatic Drainage

A soothing couples experience that releases tension through warmth and therapeutic touch, leaving a sense of lightness and renewal



## RITUALS

### Forest Mist

110 min | \$305

- #### Includes:
- Body wrap • Mini Facial • Relaxing Massage

Inspired by the energy of the tropical forest, this ritual nourishes the skin, relaxes the body, and calms the nervous system, offering deep rest and renewal

### Path of Gaia

90 min | \$195

- #### Includes:
- Feet exfoliation and reflexology • Back & neck massage

A grounding experience that relieves tension and promotes balance and overall well-being

### Inner Flow

50 min | \$150

- #### Includes:
- Shirodhara • Sound Healing bath • Energy balancing

A deeply calming ritual designed to quiet the mind and support energetic balance. Using the Shirodhara technique, it promotes relaxation, mental clarity, and a gentle sense of inner alignment

### Me Time

10% discount

Enjoy a personalized experience by choosing your favorite treatments

## ADD-ONS

### Mini Facial

30 min | \$70

### Foot Reflexology

30 min | \$60

### Hot Stones

30 min | \$60

### Scalp Massage

20 min | \$40

Cancellations or changes must be made at least 4 hours in advance. Otherwise, 100% of the treatment will be charged. 13% sales tax will be added to your bill.