



FALKENSTEINER

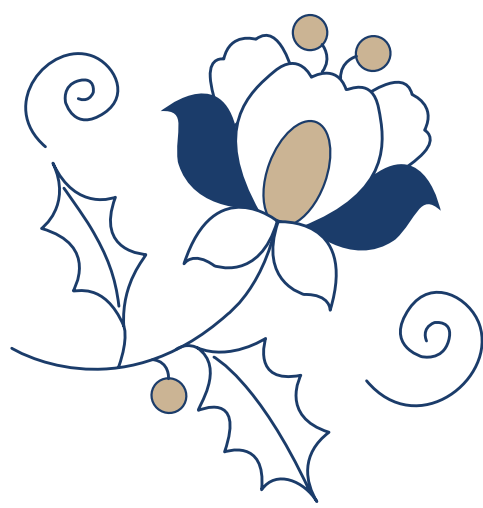
SPA RESORT MARIÁNSKÉ LÁZNĚ



Christmas and New Year's Program

2026/2027



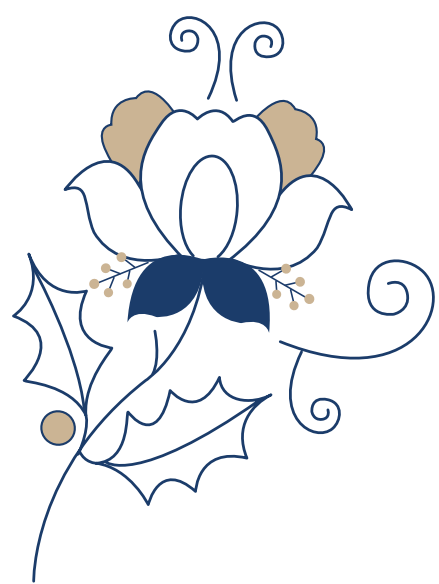


Under the motto “Bohemian Symphony,” the Falkensteiner Spa Resort Mariánské Lázně transforms during the Christmas season into a place where Bohemian culture, music, and tradition blend into one atmospheric symphony.

Inspired by the rich musical and culinary heritage of Bohemia, we invite our guests to experience Christmas and New Year’s Eve in an atmosphere full of sound, warmth, and elegance.

Let yourself be enchanted by soulful live music, savor traditional Bohemian dishes with a modern twist, or unwind with sauna infusions inspired by Bohemian traditions.

Every day holds new moments
to enjoy and savor.



Friday 18.12.

Alexander Čejka

Library Bar, 8.00 pm

Music evening with a piano

Saturday 19.12.

Roman Fictum

Library Bar, 8.00 pm

Guitar & Singing

Sunday, 20.12.

Aqua fit

Spa - Active Pool, 10.00 am, CZ/DE

Exercises for a Healthy Back

Spa – Gymnastics Room, 11.00 am, CZ/DE

Please make a reservation in advance at the Spa reception.

Petra Brabencová

Library Bar, 8.00 pm

Duo with a piano

Monday, 21.12.

Aqua fit

Spa - Active Pool, 10.00 am, CZ/DE

Fascia Training

Spa – Gymnastics Room, 11.00 am, CZ/DE

Using fascia rollers, we promote the elasticity and flexibility of the fascia. This helps improve muscle function, mobility, and supports muscle recovery and growth.

Please make a reservation in advance at the Spa reception.

Peeling in a steam bath

Spa - Sauna, 2.30 pm

Lucie Víšková

Library Bar, 8.00 pm

Duo with a piano

Tuesday, 22.12.



Ai Chi

Spa - Salt Pool, 9.00 am, CZ/DE

Relaxation and breathing exercises in the water.

Please make a reservation in advance at the Spa reception.

Aqua fit

Spa - Active Pool, 10.00 am, CZ/DE

Yoga

Spa – Gymnastics Room, 11.00 am, CZ/DE

Please make a reservation in advance at the Spa reception.

Forest walk of the five senses

Hotel reception, 1.30 pm, CZ/DE

Learn to experience nature with all your senses.

A forest walk inspired by the Japanese practice of Shinrin Yoku.

*For the walk, you will need warm clothing,
ideally sturdy footwear.*

Floating with singing bowls

Spa - Salt Pool, 5.00 pm, CZ/DE

Relaxation in warm salt water accompanied
by the sounds of Tibetan singing bowls.

Please make a reservation in advance at the Spa reception.

Vladimír Smutný

Library Bar, 8.00 pm

Music evening with a piano

Wednesday, 23.12.



Aqua fit

Spa - Active Pool, 10.00 am, CZ/DE

Pilates

Spa – Gymnastics Room, 11.00 am, CZ/DE

Please make a reservation in advance at the Spa reception.

Peeling in a steam bath

Spa - Sauna, 2.30 pm

Tea & Piano

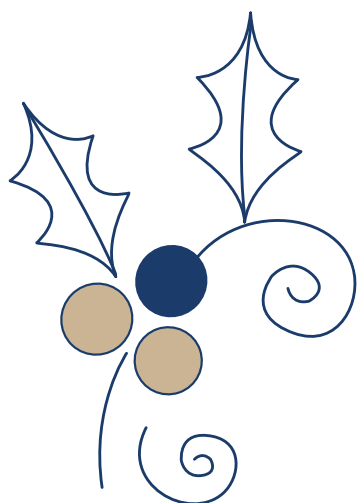
Library Bar, 3.00 pm

Alexander Čejka

Library Bar, 8.00 pm

Music evening with a piano





Thursday, 24.12.

Aqua fit

Spa - Active Pool, 10.00 am, CZ/DE

Qi Gong

Spa – Gymnastics Room, 11.00 am, CZ/DE

A traditional Chinese exercise that cultivates the vital life energy Qi and brings body, mind, and spirit into harmony.

Please make a reservation in advance at the Spa reception.

Walk to the Bear Spring

Hotel reception, 1.30 pm, CZ/DE

*For the walk, you will need warm clothing,
ideally sturdy footwear.*

Christmas Eve Dinner “Bohemian Symphony”

Restaurant, 6.00 pm

Banquet-style menu with a shared start at 6:00 pm,
accompanied by David Beznoska on piano.

David Beznoska

Library Bar, 8.30 pm

Christmas piano

Friday, 25.12.

Aqua fit

Spa - Active Pool, 10.00 am, CZ/DE

Coordination & Stability

Spa – Gymnastics Room, 11.00 am, CZ/DE

Please make a reservation in advance at the Spa reception.

Peeling in a steam bath

Spa - Sauna, 2.30 pm

Alexander Čejka

Library Bar, 8.00 pm

Music evening with a piano

Saturday, 26.12.



Aqua fit

Spa - Active Pool, 10.00 am, CZ/DE

Stretching

Spa – Gymnastics Room, 11.00 am, CZ/DE

Please make a reservation in advance at the Spa reception.

Mindfulness with singing bowls

Spa – Gymnastics Room, 2.00 pm, DE

Spa – Gymnastics Room, 3.00 pm, CZ

Please make a reservation in advance at the Spa reception.

Christmas Gathering with the Hotel Team

Library Bar, 4.30 pm, CZ/DE

Milan Krajíc

Library Bar, 8.00 pm

Jazz Duo

Sunday, 27.12.



Aqua fit

Spa - Active Pool, 10.00 am, CZ/DE

Circle Training

Spa – Gymnastics Room, 11.00 am, CZ/DE

Please make a reservation in advance at the Spa reception.

Peeling in a steam bath

Spa - Sauna, 2.30 pm

Torchlight Walk

Hotel reception, 5.00 pm, CZ/DE

*For the walk, you will need warm clothing,
ideally sturdy footwear.*

Mulled Wine with the Hotel Team

Library Bar Foyer, 6.00 pm, CZ/DE

Roman Fictum

Library Bar Foyer, 8.00 pm

Guitar & Singing





Monday, 28.12.

Aqua fit

Spa - Active Pool, 10.00 am, CZ/DE

Fascia Training

Spa – Gymnastics Room, 11.00 am, CZ/DE

Using fascia rollers, we promote the elasticity and flexibility of the fascia. This helps improve muscle function, mobility, and supports muscle recovery and growth.

Please make a reservation in advance at the Spa reception.

Nordic Walking

Hotel reception, 1.30 pm, CZ/DE

Please make a reservation in advance at the Spa reception.

Floating with singing bowls

Spa - Salt Pool, 5.00 pm

Relaxation in warm salt water accompanied by the sounds of Tibetan singing bowls.

Please make a reservation in advance at the Spa reception.

Jazz Cakes

Library Bar, 8.00 pm

Jazz, Swing, Soul

Tuesday, 29.12.

Aqua fit

Spa - Active Pool, 10.00 am, CZ/DE

Yoga

Spa – Gymnastics Room, 11.00 am, CZ/DE

Please make a reservation in advance at the Spa reception.

Walk to the Healing Springs

Hotel reception, 1.30 pm, CZ/DE

For the walk, you will need warm clothing, ideally sturdy footwear.

Peeling in a steam bath

Spa - Sauna, 2.30 pm

Behind the Cocktail

Library Bar, 5.00 pm, CZ/DE

Take a look behind the scenes of the art of bartending, discover the stories behind iconic drinks, and learn the secrets of their preparation.

*Please make a reservation in advance at the hotel reception.
The maximum number of participants is 10.*

Katarína Ševčíková

Library Bar, 8.30 pm

Harp

Wednesday, 30.12.

Aqua fit

Spa - Active Pool, 10.00 am, CZ/DE

Pilates

Spa – Gymnastics Room, 11.00 am, CZ/DE

Please make a reservation in advance at the Spa reception.

Forest walk of the five senses

Hotel reception, 1.30 pm, CZ/DE

Learn to experience nature with all your senses.
A forest walk inspired by the Japanese practice of Shinrin Yoku.

*For the walk, you will need warm clothing,
ideally sturdy footwear.*

Longevity Workshop

Spa - reception, 2.00 pm, DE

Spa - reception, 3.00 pm, CZ

Discover what you can do to live a long and healthy life.

DJ AT WORK

Library Bar, 8.00 pm

Electronic Music & World Hits at the Pre-New Year's Eve Party.



Thursday, 31.12.



Ai Chi

Spa - Salt Pool, 9.00 am, CZ/DE

Relaxation and breathing exercises in the water.

Please make a reservation in advance at the Spa reception.

Aqua fit

Spa - Active Pool, 10.00 am, CZ/DE

Exercises for a Healthy Back

Spa – Gymnastics Room, 11.00 am, CZ/DE

Please make a reservation in advance at the Spa reception.

Peeling in a steam bath

Spa - Sauna, 2.30 pm

New Year's Eve Dinner “Bohemian Symphony”

Restaurant, 6.00 pm

Banquet-style menu with a shared start at 6:00 pm,
accompanied by David Beznoska on piano.

Blackjack and Roulette

Hotel reception, 8.00 pm - 10.00 pm

Play for fun and try your luck.

New Year's Eve Party with the Band “The Stream”

Library Bar, 9.00 pm - 1.00 am

Music & dance

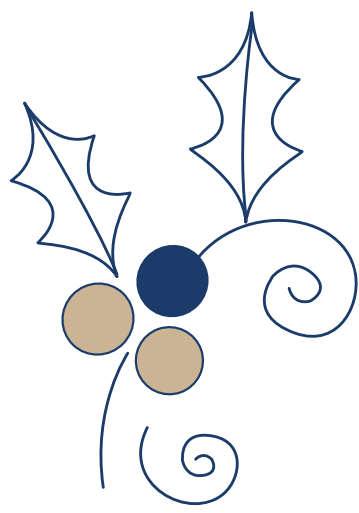
Midnight Fire on the Terrace

Library Bar terrace, 00.00 am

Midnight Buffet

Hotel reception, 00.00 am





Friday, 01.01.2027



Aqua fit

Spa - Active Pool, 10.00 am, CZ/DE

Circle Training

Spa – Gymnastics Room, 11.00 am, CZ/DE

Please make a reservation in advance at the Spa reception.

New Year's Torchlight Walk

Hotel reception, 4.00 pm, CZ/DE

For the walk, you will need warm clothing and ideally sturdy footwear.

Mulled Wine with the Hotel Team

Library Bar Foyer, 5.00 pm

Alexander Čejka

Library Bar Foyer, 8.00 pm, CZ/DE

New Year's piano

Saturday, 02.01.2027



Aqua fit

Spa - Active Pool, 10.00 am, CZ/DE

Coordination & Stability

Spa – Gymnastics Room, 11.00 am, CZ/DE

Please make a reservation in advance at the Spa reception.

Walk to Café Luna Park

Hotel reception, 1.30 pm, CZ/DE

For the walk, you will need warm clothing and ideally sturdy footwear.

Petra Brabencová

Library Bar, 8.00 pm

Duo with a piano