RELAXOLOGY

649-333-5600 drift@windsongresortspa.com 9am-7pm daily



MASSAGE

Drift Away	y
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Billeriting		
The most relaxing type of massage, Swedish massage uses light to medium pressure delivered with long, gentle strokes. Incredibly restorative, it works with the muscles and soft tissues to achieve calm and balance.	60-minute 90-minute	\$150 \$195
Scent-sational!		
A select blend of essential oils are incorporated into your classic Swedish massage to soothe mind, body, and spirit.	60-minute 90-minute	\$155 \$200
Rolling in the Deep		
Perfect for releasing those stubborn knots in over-used muscles. This deep tissue massage targets specific areas of tension, relieving chronic aches and pains. (Not recommended for a first-time massage)	60-minute 90-minute	\$160 \$205
Hot off the Stresses		
Melt away stress with this wonderfully warming treatment combing hot stone therapy with Swedish massage. Smooth river rocks radiate heat deep into the muscles to encourage a slow release of tension.	60-minute 90-minute	\$160 \$205
Belly Rub		
Tailored specifically for mothers-to-be in their 2nd or 3rd trimester, our prenatal massage is designed to alleviate many of the normal discomforts experienced during pregnancy If you know, you know.	60-minute 90-minute	\$165 \$215
Live and Let Thai		
Our Thai massage blends a series of assisted yoga postures, guided stretching, and acupressure to relieve joint and muscle tension. This treatment is performed on the comfort of a traditional Asian mat. Please wear yoga gear or loose-fitting clothing.	60-minute 90-minute	\$165 \$215

Coupled up?

Customize your couples massage with your choice of Swedish, deep tissue, aromatherapy or hot stone massage.

FACE

Float Away

Let your troubles float away. Using only sulfate and alcohol-free ingredients,	50 minutes	\$140
our European deep-cleansing facial includes all the essentials:		
steaming, extractions, and a purifying customized mask. A vacation must.		

Chillax

A European deep-cleansing facial with a Caribbean twist! This wonderfully hydrating	50 minutes	\$150
exfoliation vacation for your face is a tropical blend of aloe, papaya, and citrus.		
Created by our lead therapist Elaine, this facial is great for all skin types.		

To Beard or Not to Beard

Our gent's facial is loaded with "manly" ingredients to ease overworked skin.	50 minutes	\$160
A brawny blend of calendula, chamomile, bentonite clay and exfoliating jojoba		
beads, this facial is designed to address skin concerns specific to men.		

Cool, Calm and Collected

Sun lovers, this one's for you. Crushed water lily, famous for its cooling attributes,	50 minutes	\$160
combines with a calming green tea and chamomile elixir. Your sun-kissed skin will be		
cool, calm, and collected and ready to get back to the sun, sea, and sand.		

Glow with the Flow

Mother nature shows off her best assets in this radiance-restoring facial.
Let the powerful fusion of healing propolis and anti-inflammatory marine algae
soothe your stressed-out skin. This mineral-rich cocktail of potassium, magnesium
and zinc helps balance the skin's pH to reduce redness and irritation.
You glow girl! (Or guy!)

Hello Sunshine

You'll be walking on sunshine with this brightening and free-radical fighting facial.	70 minutes
A potent source of antioxidants, the dynamic duo of vitamin C and spirulina extract	
work together to increase elasticity, promote collagen production and	
reduce hyperpigmentation for skin tone and a more luminous you. Shine on!	

(Sk)infinity

Growing old is mandatory but growing up is optional. Lavish your skin with
pure collagen, caviar, and hibiscus extract to combat the visible signs of aging.
Deeply nourishing, this luxurious antiaging facial increases elasticity,
smooths wrinkles and provides an immediate glow. Absolutely spa-velous!

80 minutes **\$190**

70 minutes

\$170

\$170

All full facials include steaming and extractions for a deep, pore-refreshing clean.

BODY

Caribbean	Col	lada!	Sugar	Scrub
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Made with 100% cold-pressed coconut oil, organic sugar and rose extract, this highly-moisturizing and gentle exfoliating sugar scrub is a Caribbean cocktail for your skin. Cheers!

30 minutes

\$115

Tutti-frutti Salt Scrub

Papaya + pineapple + antioxidants = a sweet treat for your skin. French sea salt and organic fruit extracts are enriched in pro-vitamin A and carrot seed oil to leave your skin ultra-hydrated and velvety-smooth. 30 minutes

\$115

Under the Sea

Catch the wave in this sea salt, vitamin B, and seaweed wrap. Let this mineral-rich medley of ocean gems eliminate toxins, stimulate metabolism, smooth cellulite, and revitalize your skin.

60 minutes

\$140

Caicos Cocoon

Cocoon yourself in a tropical paradise. This blissfully hydrating mangopassionfruit yogurt body wrap is high in vitamin C and wrinkle-smoothing collagen. Emerge feeling energized, restored, and smelling delicious. 60 minutes

\$150

Hydration Station

Next stop, ultimate hydration! This powerful moisture-boosting body wrap is a delectable blend of marine collagen, hyaluronic acid, beta-carotene and blue agave. Intensely hydrating and nourishing, it's the perfect remedy for sea and sun. See you later alligator.

60 minutes

\$160

Ultimate Wrapsody

Too much fun in the sun? This refreshing body wrap combines the all-natural cooling properties of crushed waterlilies, calming green tea and chamomile to rehydrate, recharge and renew sun-stressed skin. You'll leave feeling wrap-turous.

60 minutes

\$170

FINGERS & TOES

Ready, Set, Soak!

The ultimate indulgence for hard-working hands. This deluxe spa manicure includes an aromatic soak, exfoliating scrub, hydrating mask and a relaxing hand massage. Hands down the best thing you can do for your digits.

45 minutes

\$50

Foot-cation

A deluxe spa pedicure for tired feet. Includes a soothing soak, exfoliating sugar scrub, a moisturizing mask, a luxurious foot massage and of course polish to add, well... polish! Your feet will thank you.

60 minutes

\$80

We're Not Done Yet*

Head Strong	\$25
An additional 10 minutes of scalp soothing bliss.	
Footprints on the Beach	\$25
Relieve tired feet with a 10-minute massage 'solely' for your fatigued footsies.	
Eye Spy	\$25
An instant tonic for tired eyes. Treat dark circles and puffiness with this gingko biloba and chamomile eye treatment.	
Facial Express	\$75
Short and sweet. This 30-minute 'express mini' facial revitalizes your skin with the essential steps of our full-length signature facials: cleansing, gentle exfoliation, mask, and moisturizing. A quick pick-me-up or a great way to maintain skin between your regular facial sessions. Please note, steaming and extractions are not performed during this treatment.	
Coco-liscious	\$75
Are you using coconut oil to care for your locks? Well, you should be!	

*Add-on services are to enhance any full-length treatment and cannot be booked independently.

100% cold-pressed coconut oil, naturally rich in vitamin E, is an excellent all-natural deep conditioner that softens hair, stimulates hair growth, and boosts your natural shine.

Protects your hair from salt, sun & chlorine. Just keep swimming!

Drift into the Ultimate Calm

3-hour package \$525

Available exclusively at Windsong Resort To customize your Caribbean calm, select any:

60-minute massage

+
fabulous facial
+
blissful body scrub
+
decadent body wrap

gratuities not included • 12% government tax not included • prices subject to change without notice 24-hour notice is required for cancellation or rescheduling so as not to be charged in full