

Our treatment rooms are housed within a beautiful historic stone villa, set amongst olive trees

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For further information please contact: spa@amcol.co.il 02 - 627 9783 or #2021 from the hotel









# TREATMENTS MENU

## MASSAGE TREATMENTS

## SWEDISH MASSAGE

 $60 \; \text{MIN} \; \textbf{370} \; \textbf{NIS}$ 

A classic European massage, using hot oil, performed with moderate strength to calm and release tension and muscles.

#### REFLEXOLOGY 60 MIN 380 NIS

Reflexology is a type of massage that involves applying different amounts of pressure to the feet, hands, and ears.

#### DEEP TISSUE 60 MIN 380 NIS

Focused and deep massage techniques, for releasing muscles and tension points in different areas of the body, suitable for those who engage in physical activity.

## CUSTOM MASSAGE

 $60 \; \text{MIN} \; \textbf{360} \; \textbf{NIS}$ 

The therapist combines several techniques in coordination with the guest to achieve optimal results.

#### COUPLE'S MASSAGE

60 MIN 640 NIS

A Swedish massage for two, using hot olive oil.

#### OLIVE TREATMENT

60 MIN 350 NIS

Hot olive oil from the hotel's own olive trees. Recommended for skin tissue renewal and hair strengthening.

## PRESSURE MASSAGE 60 MIN 350 NIS

An ancient healing art, combining stretching and pressure to release blockages and regulate energy flow.

## PEELING MASSAGE

60 MIN 400 NIS

A procedure for the whole body. Using special cleansers from the Dead Sea; the peeling takes approx. 30 minutes, followed by 30 minutes of massage.

## MEDICINAL HERBAL MASSAGE 60 MIN 460 NIS

Massage performed using fabric bags filled with special herbs, which are then steamed together with oil. Recommended for energy renewal and health for the body and mind.

#### POLARITY MASSAGE 60 MIN 350 NIS

The hands, feet and scalp are rich in nerve endings and acupressure points, yet they are often neglected. Begin with a revitalizing scalp massage, followed by hands & feet.

#### HOT STONES 60 MIN 460 NIS

The original Native American treatment using hot basalt stones. The heat of the stones penetrates deep into the tissue and relaxes the muscles, helping to release toxins, returning the body to its natural balance.



- All our oils are natural and free of chemicals, and the entire treatment complex is cleaned and treated with ecological materials.
- All prices are in NIS and include VAT. Foreign guests are exempt from paying VAT.
- We advise you to book an appointment prior to your arrival so that we can best accommodate your needs.
- A 50% cancellation fee will apply for the cancellation of any treatment 6 hours before the time of treatment.
- Notice of change, replacement, or postponement of treatment must be made at least 12 hours before the time of treatment.
- If it is not possible to perform the treatment ordered, due to a medical limitation, a replacement treatment will be arranged.
- Please arrive at least 10 minutes prior to the scheduled appointment time.
- Please sign a health declaration before your massage.
- Treatments may end up to 15 minutes later than scheduled time.
- Late arrivals will result in treatment time being shortened accordingly.
- Personal storage is provided; however, we advise you not to bring or wear valuables whilst using our facilities. The hotel is not responsible for any loss, theft or damage to personal belongings and valuables, whether stored in storage or not. Storing objects in storage is the responsibility of the guest.
- Treatments and/or prices may be subject to change.
- We welcome guests from the age of 16.