

ACQUAPURA SPA-RESET PROGRAMM

PRISTABHYANGA - AYURVEDIC BACK MASSAGE

ENERGY RELEASE HARMONY

During the Ayurvedic back massage, the back is treated intensively and soothingly with warm oil. Gentle, flowing yet deep massage movements have a relaxing effect and can sustainably release tension as well as stress-related blockages in the back, shoulder, and neck area.

from € 95* 45 MIN

MUKABHYANGA - AYURVEDIC FACE AND HEAD MASSAGE

ENERGY RELEASE HARMONY

This particularly gentle Ayurvedic face and head massage pampers you with warm oil and harmonious massage techniques that bring body and mind into a state of deep calm.

Tension in the face as well as in the shoulder and neck area can be released, while the head is freed from stress and inner restlessness.

from € 95* 45 MIN

ABHYANGA - AYURVEDIC FULL-BODY MASSAGE

ENERGY RELEASE HARMONY

This full-body massage uses pleasantly warm oils. It is one of the most effective treatments in Ayurveda and, through gentle touches, has a relaxing effect on body and mind, supports the elimination of toxins, and promotes the harmonization of the nervous system.

from € 149* 70 MIN

*For treatments before 2 pm, a 10% discount applies.