

Sotto l'Ulivo

SPA





WARMTH OF THE GROVE

Dry heat settles deep into the body,
like sun on Tuscan earth.
Muscles release,
breath deepens,
everything unnecessary fades.



STEAM RITUAL

Warm vapor wraps the skin,
opening, cleansing, renewing.
A ritual rooted in Mediterranean tradition,
simple, essential, complete.



MOVEMENT

Strength, balance, breath.

A space to reconnect with the body,
not to push beyond it,
but to move with clarity and control.



Rituals of Care

for face and body



FACIAL RITUALS

ESSENTIAL OLIVE FACIAL

A nourishing facial that hydrates and restores the skin using olive-based formulations.

60 minutes | 130 Euro

TUSCAN ANTI-AGING RITUAL

A regenerating treatment rich in antioxidants to improve tone, elasticity, and radiance.

75 minutes | 140 Euro

PURIFYING OLIVE FACIAL

A balancing facial that clarifies the skin while maintaining hydration and comfort.

60 min | 130 Euro

BODY MASSAGES

OLIVE OIL RELAXING MASSAGE

Slow, flowing movements with warm organic olive oil restore balance, softness, and deep relaxation.

60/90 min | 120/180 Euro

DEEP RELEASE MASSAGE

Firm, targeted techniques designed to relieve muscular tension and restore ease of movement.

60 min | 120 Euro

BACK & SHOULDERS RELIEF

A focused massage concentrating on the back, neck, and shoulders. Targeted techniques ease muscular tension and restore mobility and comfort.

30 min | 75 Euro

JUNIOR GENTLE MASSAGE

A light, reassuring massage designed for younger guests, encouraging relaxation and wellbeing.

30 min | 60 Euro

BODY TREATMENTS

OLIVE EXFOLIATING RITUAL

A natural exfoliation combined with nourishing olive oil to renew the skin, leaving it smooth and luminous.

45 min | 100 Euro

NOURISHING OLIVE WRAP

A deeply hydrating body wrap rich in antioxidants, restoring elasticity and comfort to the skin.

60 min | 140 Euro

TUSCAN GLOW RITUAL

Exfoliation followed by a full-body olive oil massage for radiant, revitalized skin.

90 min | 200 Euro

TARGETED THERAPIES

SCALP & HEAD RELEASE

A calming treatment that relieves tension and quiets the mind through slow, grounding movements.

30 min | 65 Euro

FOOT RECOVERY RITUAL

Revives tired feet and restores lightness through exfoliation and focused massage.

30 min | 60 Euro

LEG LIGHTNESS THERAPY

Stimulates circulation and reduces heaviness, restoring a sense of ease and vitality.

30 min | 60 Euro

OPENING HOURS

WELLNESS APPOINTMENTS

10 a.m. to 5 p.m.

SAUNA OPERATION

The sauna will be operated daily from 10 a.m. to 6 p.m.

Upon demand, we are happy to take your appointment requests.

RESERVATIONS

We invite you to reserve your treatments in advance, allowing us to prepare each experience with care and intention.

We recommend arriving 10 minutes prior to your appointment, to ease into the rhythm of the spa.

Should your plans change, we kindly ask for at least 24 hours' notice. Later adjustments may incur a partial charge as each treatment is thoughtfully arranged for you.





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