



SMALL PLATES

CALAMARI

SPICY, RED ONION, CHIVE, TZATIKI

18

STICKY CRISPY PORK RIBS

*1LB CRISPY BABY BACK PORK RIBS, SWEET & SPICY SAUCE,
SESAME SEEDS, CHIVES, PICKLED VEG*

17

TEMPURA PRAWNS

CITRUS PONZU DIPPIN SAUCE

15

CHICKEN WINGS GF

*1LB WINGS, PICKLED VEG, SIDE OF RANCH DRESSING
CHOOSE YOUR FLAVOUR; SALT & PEPPER, BLUE MOON, BOURBON BBQ, HOT,
HONEY GARLIC, KOREAN CHILI*

20

POETS CHOWDER GF

*COD, PRAWNS, CLAMS, BACON, CANDIED SALMON, GRILLED FOCACCIA
SM14/LG20*

CAESAR SALAD

*ROMAINE LETTUCE, BACON, CROUTONS, GRANA PADANO, GARLIC DRESSING
SM9/LG17*

PENDER SALAD VG/V/GF

*ORGANIC LIVING GREENS, CHERRY TOMATOES, CUCUMBER, RADISH,
CRISPY GARBANZO, LEMON VINAIGRETTE*

SM8/LG16

ENHANCEMENTS: | CRISPY TOFU +7 | GRILLED CHICKEN BREAST +10 | 5 SAUTEED PRAWNS +12
| GRILLED SALMON +15 | GRILLED STEAK +22 | BLUE CHEESE +4 | DUCK CONFIT +4

NACHOS VG/GF

*TRI COLOURED CORN TORTILLA CHIPS, NACHO CHEESE,
PICKLED JALAPENOS, OLIVES, TOMATOES, CHIVES
SOUR CREAM & SALSA*

25

Add: GUACAMOLE +5 | NACHO BEEF +7 | NACHO PULLED CHICKEN +10

VG- Vegetarian V-Vegan GF-Gluten Free

Reservations for 8 or more are subject to an 18% gratuity.



BURGERS & SANDWICHES – SERVED WITH FRIES OR SALAD

UPGRADE TO: | YAM FRIES +3 | COLESLAW +3 | CAESAR SALAD +5 | CHOWDER +7

GLUTEN FREE BUN +2 | LETTUCE WRAP +3 | PRIME RIB GRAVY +2

THE BEDWELL BEEF BURGER GF Option

6OZ CHUCK PATTY, BACON, CHEDDAR CHEESE, GARLIC AIOLI,
BUTTER LETTUCE, ONION, PICKLE, POTATO BUN

25

THE GRILLED GARDEN CLUB VG/V/GF Option

EGGPLANT, ZUCHINNI, PORTOBELLO, MAPLE ROASTED SQUASH,
GREEN GODDESS, BUTTER LETTUCE, HERBED FOCACCIA BUN

23

LARGE PLATES

NEW YORK STEAK GF

10oz STRIPLOIN, DUCK FAT FINGERLINGS, RED WINE DEMI GLACE
BROCCOLINI, BABY CARROT, BRAISED GREENS

48

LEMONGRASS STEELHEAD SALMON GF

7oz SEARED SALMON, COCONUT GREEN CURRY RISOTTO, BROCCOLINI, BRAISED GREENS

36

WESTCOAST LINGUINE

PARMESAN GARLIC CREAM, MUSSELS, PRAWNS, SCALLOPS, SALMON, GRILLED FOCACCIA

34

PUTTANESCA LINGUINE VG Option

ANCHOVY, SAN MARZANO, KALAMATA, CRISPY SHALLOT, PECORINO ROMANO, GRILLED FOCACCIA

22

ANCIENT GRAINS VG/V

CRISPY TOFU, MARINATED ANCIENT GRAINS, MAPLE ROASTED SQUASH, GRILLED EGGPLANT,
CHERRY TOMATO, WATERMELON RADISH, PEA SHOOTS, GREEN GODDESS

24

FISH & CHIPS

ONE OR TWO PIECE

ROCK COD, FRIES, COLESLAW, TARTAR

22/28

ENHANCEMENTS | CRISPY TOFU +7 | GRILLED CHICKEN BREAST +10 | 5 SAUTEED PRAWNS +12
| GRILLED SALMON +15 | GRILLED STEAK +22 | BLUE CHEESE +4

VG- Vegetarian V-Vegan GF-Gluten Free

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