

CHECK OUT OUR
CALENDAR
OF EVENTS

BAY GARDENS RESORTS NEWSLETTER

AUGUST 2024



The Key to your Ultimate Caribbean Vacation Getaway

Centrally situated in the heart of Saint Lucia's entertainment capital, Rodney Bay Village, the **Bay Gardens Resorts** family of hotels and luxury private villas offers inviting, island-inspired accommodations. With five properties positioned on the Reduit Beachfront and within Rodney Bay Village and the Rodney Bay Marina, Bay Gardens Resorts is a favourite hotel destination in Saint Lucia for families, couples, and island explorers.

Featuring a total of 241 rooms, seven conference centers, four restaurants, and six bars, our resorts are the perfect choice for a Saint Lucian getaway for families, couples, honeymooners, wedding parties, business travelers, groups, and more. Guests can stay at the property that suits them best and can still enjoy luxurious amenities from each. [Click here](#) to read more about our beautiful properties.



Inside this Issue

- 01 Unlock 5% Cash Back with Bay Gardens Resorts Rewards
- 02 More flights to Saint Lucia mean more reasons to book your next vacation at Bay Gardens Resorts
- 03 Saint Lucia's Sprint Superstar Wins Gold at Olympic Games 2024
- 04 Labor Day Sale
- 05 Spa & Wellness – Traveler Unwind
- 06 Tour Feature – Fun To See Island Ferry
- 07 Featured Employee – Elran Wilson
- 08 Recipe - Grilled Tropical Lobster

Unlock 5% Cash Back with Bay Gardens Resorts Rewards



Did you know that staying at Bay Gardens Resorts can be even more rewarding? Through our rewards program, powered by The Guestbook, 5% cash back is yours when you simply sign up, and you can start enjoying these incredible benefits right away. The best part? The rewards are versatile and can be redeemed in a number of ways, so you can choose which one best suit your lifestyle. Once you've earned your cash back, the options on how you can use it are endless. Treat yourself or someone you love to something special with Amazon gift cards or redeem your rewards via PayPal. Pay it forward by supporting a cause that matters to you, or you can also use your rewards towards your next unforgettable stay at any of Guestbook's partner hotels, worldwide. One of the greatest things is that your membership isn't limited to Bay Gardens Resorts. As a member, you have access to a network of over 700 hotels worldwide, where you can continue to earn and redeem rewards.

Joining is quick, easy, and completely free. Look out for the "Rewards" pop up on our website, which will prompt you to sign up. To learn more about rewards, visit the Guestbook's website by clicking [here](#) today and let us show our appreciation for your loyalty in a way that truly pays off!

More flights to Saint Lucia mean more reasons to book your next vacation at Bay Gardens Resorts



There has never been a better time to plan your dream vacation to Saint Lucia, especially with the recent increase in flights from the United States. American Airlines reaffirms its commitment to Saint Lucia with increased capacity to Hewanorra International Airport (UVF) with an additional flight every Saturday between New York and Saint Lucia, beginning December 7th, 2024. Leaving the John F Kennedy Airport (JFK) at 7:00am and arriving in Saint Lucia at 12:29pm, it is so easy

to have breakfast at home and lunch in paradise. Whether you're seeking a romantic escape, a family adventure, or a solo retreat, Saint Lucia offers something for everyone and getting here is hassle free. In addition to New York, the island currently has direct flights from key cities like Miami, and Atlanta, allowing you to spend less time traveling and more time enjoying our beautiful island. Imagine stepping off the plane, taking a 90-minute scenic drive to the north of the island and immediately starting to enjoy the comfort and Caribbean charm of [Bay Gardens Resorts](#).

While others are bundling up, skip the cold weather this winter beginning December 7th, 2024. You could be lounging on the pristine Reduit Beach sipping cocktails from the Pebbles Bar or exploring the ocean with complimentary non-motorized watersports and the Splash Island Water park. The charm of Saint Lucia's lush rainforests and thrilling waterfalls also awaits. With the added convenience of more direct flights from the U.S., there's no better time to trade the chill for sun-kissed days and unforgettable island experiences. Come warm up in Saint Lucia.

Saint Lucia's Sprint Superstar Wins Gold at Olympic Games 2024

On Saturday August 3rd, 2024, Julien Alfred made history with her incredible victory, bringing immense pride to Saint Lucia, winning the island's first Olympic medals, clinching the gold in the women's 100m, making her the fastest woman in the world and silver in the 200m. Her journey from the local tracks of Saint Lucia to the Olympic podium in Paris, is a testament to her dedication, hard work, and resilience. This achievement not only marks a personal triumph

for Julien but also serves as a source of national pride, showcasing the potential of Saint Lucian athletes on the global stage.

For a nation of just over 180,000 people, Julien's success is monumental, inspiring future generations to pursue their dreams in sports. Her victory is a unifying moment for Saint Lucia, reminding us of the power of determination and the pride that comes with representing our country at the highest level. Julien Alfred's Olympic win will be celebrated for years to come, a shining example of what can be achieved with perseverance and belief.

[Bay Gardens Resorts](#) extends our heartfelt congratulations to Julien Alfred on her incredible achievements at the 2024 Olympics! Your remarkable talent, hard work, and perseverance have made Saint Lucia proud, and we celebrate your success as a true inspiration to us all. Saint Lucia stands proud with you!



Sale – This Labor Day, Save up to 40% off Accommodation & Get Double Cash Back Rewards PLUS US\$100 Resort Credit*



Summer may be winding down, but the savings are just heating up at Bay Gardens Resorts! This Labor Day, we're offering 40% off your stay, plus double cash-back rewards through our rewards program. For stays 5 nights or longer, enjoy US\$100 resort credit to spend on food & beverage or spa treatments

The Offer Includes:

- 40% Off Accommodation at the Bay Gardens Hotel, Bay Gardens Inn, Bay Gardens Beach Resort & Spa and the Bay Gardens Marina Haven
- 10% Cash back rewards*
- US\$100 Resort Credit to spend on food & beverage and spa treatments (applicable for stays longer than 5 nights)
- Two Kids Eat & Stay FREE*
- Complimentary Wi-Fi
- Complimentary shuttle between the Bay Gardens Resorts properties ONLY
- Complimentary unlimited passes to Splash Island Water Park

Terms and conditions apply. For more information on this amazing sale and to book your next island getaway, visit our [website here](#).

Spa & Wellness – Traveler Unwind

A perfect remedy to diminish the effects of jet lag both before and after your travels. This treatment begins with a warm classic pedicure with a foot massage combo, followed by a firm back, neck and shoulder massage, which will relax tense and knotted tissues as well as improving the circulation. Continue with a refreshing facial to recondition and moisturize the skin. The following treatments are included:



- Classic Pedicure and Warm Foot Bath

- Food Massage Combo
- Soothing Back Massage
- Express Facial

To book your Teen Rejuvenation Package, contact the [La Mer Spa at the Bay Gardens Beach Resort & Spa](#) at 758-457-8553 or via email at lammerspa@baygardensresorts.com.

Tour Feature – Fun To See Island Ferry



enjoy a breathtaking view of the amazing turquoise waters of the Caribbean Sea and the exotic coast of Saint Lucia.

To learn more about this tour and to book [click here](#).

Fun To See Island is St. Lucia's first and only Water Ferry providing exquisite service between Rodney Bay Marina and Hewanorra Airport. Your vacation in Saint Lucia begins five minutes away from Hewanorra Airport via an air-conditioned vehicle that brings you right to our luxurious boat. Here you are greeted and seated either in the air-conditioned comfortable cabin or on the open-air upper deck. The trip lasts between 90 minutes (about 1 and a half hours) to 2 hours while you

Featured Employee – Elran Wilson

Meet Elran Wilson, our featured team member for August 2024. Elran began his journey at Bay Gardens Resorts in 2009, joining the team as a bartender. Over the last 15 years, his growth is exemplified through position advancements from bartender to Bar Supervisor; Acting Food & Beverage Service Manager and now the Bar Manager at the Bay Gardens Beach Resort & Spa. When asked what he liked about working at Bay



Gardens Resorts, he explains that he is very passionate about what he does. He loves experimenting with new drinks and mixes and sharing them with guests. Elron further explained that being able to positively contribute to guests' Saint Lucian experience brings him joy, and getting to do it with a locally owned resort chain is even more rewarding. He regards his love for his family as his primary source of inspiration. "I want to make them proud and provide for them and ultimately make myself proud" he

remarked. One of his most memorable moments here would have been during a hurricane when the country was shut down and he and his team were unable to go home. In an effort to make this worrying ordeal a little better, Elran remembers engaging with guests throughout the hurricane and catering to their needs to which they were very grateful. From this experience Elran mentioned that he has made meaningful friendships with guests, who keep in touch to date.

When Elran is not at Bay Gardens Resorts, he enjoys hitting the gym and playing sports, particularly football. Currently, he is the coach for the Bay Gardens Resorts' futsal team.

In the future, Mr. Wilson hopes to own his own business and explore opportunities for continued personal development. We thank Elran for his commitment to Bay Gardens Resorts and we look forward to more great things from him.

Recipe - Grilled Tropical Lobster



As Saint Lucia ushered in the much-anticipated lobster season earlier this month, there's no better way to celebrate than by indulging in this delicious Tropical Grilled Lobster, prepared by our talented culinary team at Bay Gardens Resorts.

INGREDIENTS:

- 1 large lobster, split lengthwise
- 3 tbsp olive oil
- 3 cloves garlic, minced
- 1 tbsp lime juice + 1 tsp lime zest
- 1 tbsp fresh thyme, chopped
- 1 tbsp fresh parsley, chopped
- 1 tbsp fresh cilantro, chopped
- 1 tsp smoked paprika
- 1 tsp ground cumin
- 1/2 tsp cayenne pepper
- 1/2 tsp black pepper
- 1 tsp sea salt
- 1 tbsp unsalted butter, melted
- Lime wedges and fresh herbs for garnish

INSTRUCTIONS:

- 1.) Mix olive oil, garlic, lime juice, zest, herbs, and spices.
- 2.) Brush the marinade over lobster halves and let sit for 15-20 minutes.
- 3.) Grill lobster flesh side down for 4-5 minutes, then flip and brush with melted butter.
- 4.) Grill another 4-5 minutes until cooked through.
- 5.) Garnish with fresh herbs and lime wedges. Serve immediately.

This quick and flavorful preparation brings out the best in fresh lobster with a zesty herb and spice blend.

Our Guest Experience

Have you seen what our guests are saying about us on TripAdvisor?

BAY GARDENS BEACH RESORT & SPA

Reviewed by: trinija2024

“Great Place to relax.”

“Excellent place to stay with a bit of something for all age groups. Staff were courteous, knowledgeable and responded in an efficient manner to my needs. The beach was very close to the hotel and the water is one of the best I have experienced in the Caribbean.”



BAY GARDENS HOTEL & INN

Reviewed by: Keith Y

“My home away from home!”

“The staff went beyond the call of duty to ensure that my stay was comfortable. I had a few specific requests and every one was met. This was my ninth stay at Bay Gardens. Why would I consider anywhere else? From the delightful buffet breakfast to the family-friendly atmosphere... When I'm in St. Lucia, Bay Gardens is my home away from home!”

BAY GARDENS MARINA HAVEN

Reviewed by: Hassan J

“Great Experience”

“We had a great stay here. The location was great, breakfast was good, and the rum punch was really good. We also utilized the Bay Gardens Beach Resort during our stay, which was great. Overall, I would recommend this hotel if you are looking for a nice place to stay.”