

HEALING MASSAGE THERAPY

Aromatherapy Massage (75 minutes) **RM245**
Aromatherapy massage is the alternative therapeutic technique which combines the natural therapeutic effects of the essential oils and the healing power of massage therapy to reduce stress.

Lex Spa Signature Massage (60 minutes) **RM220**
Perfect combination of East meets West massage techniques to relax muscles, improve vitality, restore muscle tone and detoxify the body.

Balinese Massage (60 minutes) **RM220**
Balinese ancient massage technique designed to work on almost every muscle in the body. This massage is gentle and focuses on overall experience and relaxation.

Traditional Malaysian Urut (45 minutes) **RM200**
Traditional Malaysian massage (Urut) has proven effective in the treatment of muscle aches, pains, headaches and migraines.

Back and Shoulder Massage (30 minutes) **RM120**
Relaxing massage therapy concentrating on the back, neck and shoulder muscles. The treatment is designed to relax and ease tension in the areas of the body where muscle problems most often occur. Suitable to anyone who wants to relieve stress in the back, neck and shoulder in particular. It helps to alleviate the stress of everyday life.



DETOXIFYING BODY WRAP

Milk and Yogurt Body Wrap (60 minutes) **RM150**
A deep nourishing treatment involves full body application of milk and yogurt, cocooned within a dry sheet. Your skin is drenched with moisture resulting in immediate softness, suppleness and radiance.

Green Tea Body Wrap (60 minutes) **RM150**
A purifying Green Tea wrap helps to cleanse and detoxifies the body while restoring skin's tone and vitality. This treatment draws out toxin and delivers essential minerals to the skin.

Balinese Boreh Spice Wrap (60 minutes) **RM150**
(Not recommended for people with high blood pressure and pregnant women)
Balinese Boreh is a traditional herbal treatment used at the end of a hard working day to relax your muscles. Highly recommended to relieve muscle aches and pains.

PURIFYING BODY SCRUB

Tongkat Ali Body Scrub for Men (45 minutes) **RM150**
Tongkat Ali is a traditional Asian root used to increase male vitality. This unique blend of body scrub is very stimulating and invigorating.

Javanese Lulur (45 minutes) **RM150**
Mandi Lulur is an ancient beauty treatment, which originated centuries ago in the palaces of central Java as a "purifying" ritual to remove dead skin cells, soften and rejuvenate your skin.

Sea Salt Body Scrub (45 minutes) **RM150**
Sea salt is widely used in bath and body products due to its healing properties. A gentle exfoliating substance to unclog pores and improve circulation, as well as to get rid of dry and dead skin cells.



PURIFYING BODY SCRUB

Sumatran Coffee Scrub (45 minutes) **RM150**
Black Coffee Body Scrub instantly makes skin soft, smooth, healthy, glowing and vibrant. Highly concentrated with skin nourishing ingredients and powerful anti-aging ingredients.

Yogurt and Oat Body Scrub (45 minutes) **RM150**
A gentle scrub to help remove dead skin cells, smooth out fine lines, tighten pores, hydrate dry patches and give a much required shine and glow for the skin.

Green Tea Body Polish (45 minutes) **RM150**
Green tea contains powerful antioxidant and natural anti-aging defense while reducing skin irritations and giving your skin a radiance glow from inside out.



REJUVENATING FACIAL TREATMENT

Traditional Malaysian Facial (60 minutes) **RM180**

A delightful facial experience includes cleansing, exfoliating, and usage of aromatic massage and pure organic mask. This treatment is suitable for all skin type, at the same time can improve hydration and soothes the skin.

All Natural Combination (90 minutes) **RM240**

This gentle facial aims to calm and relax at the same time gives your skin instant radiance. Treatment includes back and shoulder massage.



PAMPERING HAND & FEET CARE

Spa Manicure (60 minutes) **RM130**

An indulgence for your hand and nails, this package includes exfoliation, filing and shaping of nails, cuticle treatment and relaxing hand massage.

Spa Pedicure (60 minutes) **RM130**

This is a treat for you feet. Treatment includes filing and shaping of nails, cuticle grooming and buffing. Treat your feet with a relaxing warm foot bath and stimulating exfoliation with our sea salt scrub.

Foot Massage (60 minutes) **RM130**

A must for your feet after a long day of walking, plus package includes a relaxing foot bath. Based on therapeutic pricipal massage technique applied entirely on the feet to restore the body's natural equilibrium and improves circulation.



LEX SPA EXCLUSIVE PROGRAM

Lex Spa Healing Program (90 minutes) **RM320 1 pax**

Choice of Balinese Massage or Signature Massage
Select one treatment from Purifying Body Scrub **RM590 2 paxs**

Lex Traditional Retreat Program (100 minutes) **RM340 1 pax**

Malaysian Traditional Urut
Malaysian Traditional Facial **RM620 2 paxs**

Lex Bidadari Beauty Ritual (120 minutes) **RM430 1 pax**

Choice of Balinese or Signature Massage
Select one treatment from Purifying Body Scrub
Select one treatment from Detoxifying Body Wrap **RM810 2 paxs**