

NATURAL JUICES

7 Hibiscus/ Mango (season)/ Passion fruit/ Pineapple/ Watermelon/ Mixed

COLD PRESSED JUICES (15 MIN)

- 10 **Immune system boost**, fresh orange juice, turmeric, ginger, lemon, cayenne pepper, camu-camu
- Sunshine longevity, pineapple, passionfruit, turmeric, chia (helps the digestive system)
- 10 **Heart moon**, carrot, beetroot, lemon, ginger
- 10 **Detox**, cucumber, pineapple, parsley, celery, lemon, ginger

COFFEE MENU

- 4 Americano or espresso
- 4 Coffee or espresso macchiato
- 4 Café Latte or espresso flat white
- 4 Cappuccino
- 5 Belgian cappuccino (whipped cream)
- 5 Močha (Belgian chocolate syrup)
- 5 Hot chocolate

ICED COFFEE

- 5 Americano or espresso
- S Caramel foam
- 5 Mocha
- 7 Caramel or Mocha frappe
- 5 Coffee soda

All prices in USD and include VAT and service tax

KOMBUCHA

8 Turmeric-passionfruit-orange/ Lemon verbena -cardamom/ Ginger-allspice/ Red berries

SMOOTHIES (15 MIN)

- 10 **Detox jungle delight**, celery, pineapple, spinach, kale, ginger, water or orange juice, coconut oil, matcha, spirulina
- 10 **Cacao energy bliss**, unsweetened cocoa powder, almond milk, banana, coconut oil, hemp seeds
- 10 **Tropical energy**, mango, pineapple, cinnamon, ginger, mint, coconut oil, water or orange juice, maca

SPECIALTY

- 11 Irish coffee
- 9 Salted caramel affogato; vanilla ice cream, espresso, salted caramel sauce
- 11 Coffee with licor (Baileys, Frangelico, Coffee rum, Costa Rican Café Rica)
- 9 Exo-Tica, iced espresso, passion fruit, artisanal coffee ice cream, chocolate
- 1 Switch from regular milk to almond, coconut or oatmeal milk

ARTISANAL BEER

- 8 Guana Honey Blonde.
- 8 Guana Brown Ale IPA

8

8 FRUIT AND HERBAL INFUSIONS

Refrescante, fresh mint leaves, lemongrass, gingIr, tapa dulce, mandarin lime juice

Tropical, wild anisillo leaf, tarragon, dried pineapple, mango and papaya cubes

Healing, turmeric, black pepper, dried all spice leaf, raw honey, pineapple, mandarin lime juice

Agua de Jamaica, hibiscus, candied orange peel, raw honey, lemongrass

LA SENDA HERB INFUSIONS FROM OUR MEDICINAL GARDEN

The Tea Ritual

Pour the prepared infusion in a cup. Together with your intention, inhale the aroma of the brew, and let the plants whisper a wisdom or two. Enjoy the tea with the presence of candlelight and connect to your heart and the herbs through all senses (sight, smell, touch, hearing, intuition) and bodies (physical, mental, emotional, energetical, spiritual). Refill the tea pot once again if you want to prolong your tea ritual and its special experience. Each ceramic tea set is created and handmade by indigenous families from the Quitirrisi Territory of Huetar Nation in Costa Rica and is a millenary old tradition of their ancestors.

Refreshing Power, spearmint, lemongrass (cooling and uplifting, antibacterial, brings inspiration). Feel revitalizing and fortifying energy with refreshing and sweet flavors of local mint and world-famous lemongrass. Helps digestion, calm the nervous system, fight bacteria and cold.

Divine Feminine, seasonal flowers, wild virgin sage (nourishing tonic, nervine heart opening, assists women's moon cycle). Celebrate and feel the divinity of life with this exceptional blend that is prepared to connect us with Nature's ever-loving and ever-caring harmony and flow of life.

Sweet Like Licorice, wild anisillo leaf, tarragon, thai basil (soothing digestive, calming, brings clarity and focus). Enjoy this native and intercontinental sweet and spicy herb combination to inspire, bring protection and strength, support digestive system, liver, emotional and mental bodies.

Sacred Alignment, Krishna tulsi (adaptogen, restorative, rejuvenating). This holy sweet basil with cinnamon and clove touch holds powerful and sacred energy to connect us to the gratitude and celebration of life. Its properties offer a potent healing ability to adapt and harmonize any conditions of our physical, mental and emotional bodies giving us potential for our best wellbeing.

Path to Sweet Dreams, sleepy head, lemon verbena, ginger bush (sedative and calming, antibacterial, brings harmony and balance). Prepare your body and senses for the notable time of rest, calm and rejuvenation with this special native herbal blend with unique aromas of sweet, mint, bitter and citrus characteristics, fight bacteria and cold.

COCKTAILS		WINE MENU		
		GLASS	BOTTLE	
15	Vibra Mezcal, ginger, honey, hibiscus	10 10	39 42	Sparkling wines Idilicum, Cava Brut Rose, <i>Valencia Spain</i> CA'Marian, Prosecco DOC Extra dry, <i>Italy</i>
15	Espresso rum Coffee rum de Costa Rica, espresso, all spice leaf	11	44	White Wines Montfrin la Tour, Grenache Blanc, Rhone,
12	Mai Tico Rum, fresh pineapple juice, amaretto,	12	49	France Matetic Coralillo, Sauvignon Blanc, San Antonio, Chile
12	passion fruit, cane sugar Piña Luna	12	53 47	Matetic Coralillo, Chardonnay, San Antonio, Chile La Louviere Le Libertin, Sauvignon Blanc,
	Coconut rum, special pineapple, coconut cream, vanilla	11 10	41 39	Pays, France Cuatro Rayas, Verdejo, Spain Pipa, Moscatello, Spain
12	Paraiso Tonic Strawberry flavored gin, house dried fruits, tonic water, spices	11	44	Rose Wines Montfrin la Tour, Syrah et Grenache,
12	Sand-Gria Red, bourbon, cinnamon White, Frangelic, passion fruit	11	44	Rhone, France Xaneta, Rosado, Spain Red Wines
12	Basil Mojito	11	44	Cuvee des Galets, Cotes du Rhone, Natural Wine, <i>France</i>
	Rum, tonic water, organic basil, lime, cinnamon	12 12 11	49 49 44	Padrillos, Malbec, Mendoza, Argentinia Padrillos, Pinot Noir, Mendoza, Argentinia Xaneta, Bobal, Spain
12	Marga-Rica Tequila spice, Triple sec, passion fruit, lime	12 10	53 39	Valdemonjas El Primer Beso, Ribero del Duero, <i>Spain</i> Pipa, Tempranillo, <i>Spain</i>
12	Cacao fashioned Cacao rum de Costa Rica, orange, cinnamon	10	39 41 44	Pipa, Temprammo, Spain Pipa, Cabernet Sauvignon, Spain Cuatro Rayas, Tempranillo, Spain Montfrin la Tour, Syrah et Grenache, Rhone, France
12	Luna lced coffee Espresso, Café Rica, Frangelic, milk		53 53	Animal, Malbec, <i>Mendoza, Argentinia</i> Animal, Cabernet Sauvignon, <i>Mendoza</i> , <i>Argentinia</i>
	All prince in UCD and include MAT and coming to		41	Cuatro Rayas, Tempranillo, Spain

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