

TOCASIERRA

Spa & Fitness Center



MASSAGE

SWEDISH

50MINUTES \$155
80MINUTES \$195

Classic Swedish massage techniques come together to create the ultimate experience of relaxation. A combination of gentle flowing strokes and tissue release to help you achieve mind & body balance.

DEEP TISSUE

50MINUTES \$170
80MINUTES \$210

This therapeutic massage is ideal for those who suffer from old injuries or chronic pain. Deep tissue massage improves circulation to flush toxins from the muscles, to promote healing and full body wellness.

EXPECTING MOTHER

50MINUTES \$155

Specifically designed for expecting mothers in their second & third trimester. A gentle massage that gives special attention to the Mother's comfort concentrating on back, neck and shoulders, and also targets swollen, tired feet. Light to medium pressure.

REFLEXOLOGY

50MINUTES \$145

Detailed pressure point work on the feet that affect corresponding areas of the body to stimulate the body's natural healing ability. Followed by a soothing leg massage & uplifting orange foot scrub.

BASALT HOT STONE

50MINUTES \$170
80MINUTES \$210

Natural lava stones are heated to a comfortable level and are placed on the energy points of the body to promote deep relaxation. Smaller stones are used to massage the arms and legs, while the heat relieves muscle tension. Light to medium pressure.

COUPLES

A wonderful addition to a romantic getaway. Enjoy the deep relaxation of a swedish or therapeutic massage with your partner. Ending your service with a cold glass of champagne.

SWEDISH 50MINUTES \$290 | 80MINUTES \$365
THERAPEUTIC 50MINUTES \$310 | 80MINUTES \$390

CBD HOT STONE

50MINUTES \$195
80MINUTES \$240

The cooling properties of our CBD cream + the radiant heat from the lava stones create an euphoric massage experience designed to increase circulation, reduce pain and relax overworked muscles.

BODY TREATMENT

TOCASIERRA SIGNATURE

80MINUTES \$215

A Tocasierra signature full-body relaxation massage, using our Agave nectar oil. Fully customizable to your personal preferences and wellness goals. Includes a soothing hot oil scalp massage, a hydrating paraffin hand therapy treatment, concluding with a relaxing foot massage.

LIME IN THE COCONUT

80MINUTES \$200

Revitalize and improve your skin texture with this organic cane sugar body polish infused with uplifting aromas of coconut & lime. The Agave dry brushing helps shed impurities and exfoliates away dead skin. Followed by a 50 minute Swedish massage.



Spa Hours: Monday - Sunday 9:00am to 5:00pm

602-906-3820 | In House EXT: 4544

7677 N 16th St, Phoenix, AZ 85020

www.Tocasierraspa.com



FACIAL

CLASSIC EUROPEAN 50MINUTES \$155
This classic favorite provides a deep thorough cleansing, exfoliation, extraction, ultra-nourishing mask and moisturization. Great for general maintenance, this facial can be tailored to all skin types.

AGE DEFYING 50MINUTES \$175
A combination of antioxidants and vitamins helping to reduce fine lines and wrinkles. Dramatically enhancing the appearance of skin tone and texture. Followed by skin-tightening masks to visually improve the overall look of the skin giving you a healthy glow.

DETOX 50MINUTES \$165
A detox for the mind, soul and skin. This multitasking facial can do it all. Starting with a detoxifying masque to deeply exfoliate and pull impurities from the pores, while purifying and rebuilding skin texture. Leaving you with a youthful glowing complexion.

VITAMIN C BRIGHTENING 50MINUTES \$175
This powerful antioxidant Vitamin C facial effectively repairs and prevents aging and free radical damage resulting from environmental exposure. Designed to even skin tone, reduce fine lines & wrinkles by stimulating collagen in the skin. Dramatically brightens skin and increases luminosity leaving skin glowing.

GENTLEMAN'S FACIAL 50MINUTES \$165
A facial specifically tailored to the male complexion. The customized treatment includes deep cleansing, hot towels, exfoliation, customized mask, and hydrating moisturizer. This treatment helps to repair the balance caused by daily shaving, skin sensitivity, dullness, aging, and environmental impact.

SPA PACKAGE

RESTORATIVE FACE & BODY 110MINUTES \$290
Swedish Massage & Classic European Facial

BABY MOON 110MINUTES \$290
Expecting Mother Massage & Classic Hydration Facial

TRIPLE PLAY 160MINUTES \$385
Seasonal Scrub, Seasonal Massage & Seasonal Facial

MASSAGE ENHANCEMENTS

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|---------------------------------------|------|
| CBD MUSCLE RELIEF | \$30 |
| HOT OIL SCALP TREATMENT | \$30 |
| HYPERVOLT PERCUSSION 10MINUTES | \$30 |
| PARAFFIN HAND OR FOOT | \$30 |
| DRY BRUSHING | \$30 |
| AROMATHERAPY | \$15 |
| HOT STONE ADD-ON | \$30 |
| FOOT REFLEXOLOGY 20 MINUTES | \$50 |

HAIR REMOVAL

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|---------------------------------|------|
| LIP OR CHIN | \$30 |
| BROW SHAPING AND CLEANUP | \$30 |
| BIKINI | \$30 |

ARRIVAL

PLEASE ARRIVE 15 MINUTES PRIOR TO YOUR APPOINTMENT. SERVICE TIME WILL NOT BE EXTENDED FOR LATE ARRIVALS AND THE FULL PRICE OF THE SERVICE WILL BE CHARGED.

CANCELLATION POLICY

A 12 HOUR NOTICE IS REQUIRED FOR CANCELLATION OR CHANGES TO ALL APPOINTMENTS. INSUFFICIENT NOTICE OF CANCELLATIONS MAY BE SUBJECT TO CHARGES UP TO THE FULL PRICE OF THE SERVICE. ALL NO-SHOWS WILL BE CHARGED FULL SERVICE PRICE. AGE REQUIREMENT IS 18 YEARS OR OLDER FOR SPA TREATMENTS.

GRATUITIES

TO MAKE YOUR SPA EXPERIENCE AS SEAMLESS AS POSSIBLE, A 20% GRATUITY WILL BE APPLIED ON ALL SPA TREATMENTS AT TIME OF CHECK-OUT.