

# SPA ETIQUETTE

- All guests will be required to complete a health questionnaire prior to using the facilities.
- We advise arriving 1 hr prior to your treatment to take advantage of the thermal suite.
- Please keep voice levels to a minimum to preserve the sense of tranquillity.
- The therapist reserves the right to stop the treatment at any time if she / he feels that the guest's behaviour is inappropriate.
- Guests are required to wear robes and footwear in all public areas. A robe will be provided on arrival, please bring your own flip-flops.
- Please advise your therapist if you think you may be pregnant.
- Please advise your therapist of any medical information that may be relevant i.e. cancer/ cancer treatment.
- Bathing costumes are to be worn at all times in all areas. Disposable underwear will be provided during treatments.
- Guests are advised not to consume alcohol prior to using the facilities.
- Guests are advised to drink plenty of fluids whilst using the thermal suite.
- Please do not use cameras, mobile phones or tablets during your visit.
- Please dry off before entering the Relaxation suite and refrain from placing wet bathing costumes directly onto the furniture.
- Please ensure that you are dry and robed before entering the reception area.
- If you feel unwell whilst using the facility, please inform a staff member. In an emergency, please use the nearest emergency alarm.
- Orsett Hall Spa is an adult [16+] facility.
- Treatments are unavailable to clients under 18 years old.
- Orsett Hall Spa is not liable for any personal possessions lost in the spa.
- Please be a considerate guest. You play an important part in creating and maintaining the tranquillity you will find here. Share public spaces respectfully and consider other guests with a private, safe and healthy approach. Non-compliance with the Orsett Hall Spa etiquette may result in your access to the facilities being withdrawn.
- Enjoy!