

TANJUNG RHU RESORT LANGKAWI

COMPLIMENTARY YOGA SESSION

Join us for the wind-down practice session on the finest beach on the island.

Yoga Master, Wong Shanny, will lead you through a series of poses that are geared toward stretching and lengthening your body. It will be a vigorous workout, but with a calm and focused mindset. It's the perfect combination to end your day.

SUNRISE YOGA
EVERY SATURDAY
8.00AM - 9.00AM
AT THE RHU DECK

SUNSET YOGA
EVERY TUESDAY
6.00PM - 7.00PM
AT THE RHU DECK

A private yoga class is available for a maximum of five (5) yogis:-
RM 250.00 for 60 minutes.

Reservations must be made at least 24 hours in advance. Package inclusive of yoga mat, drinking water and face towel.

Reservations & Inquiries:

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Email: resort@tanjungrhu.com.my

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