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THE SPA PROFESSIONAL'S CHOICE

american spa

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SOUTHWESTERN SERENITY

THE SPA AT ENCANTADO (SANTA FE, NM)



BLACKBERRY HONEY MANICURE

Spa-goers looking for a summery sweet solution to unsightly hands and nails will love the Blackberry Honey Manicure (\$55, 50 minutes) at **Kelly's Spa** at the Mission Inn Hotel & Spa (Riverside, CA). A treatment for those with overworked PDA fingers and a natural way to enjoy fresh ingredients, the session begins with a cup of organic tea. After the treatment area is spritzed with Cuccio Naturalé's Milk & Honey Scentual Spa Elixir, hands are soaked in a bowl filled with warm water and a Honey Effervescent Ball. Old polish is removed, and nails and cuticles are trimmed and shaped as needed. Hands and arms are then exfoliated with a freshly made blend of dried blackberries, Kelly's Spa Italian honey, and raw brown sugar. The scrub is wiped away with a warm towel, and Cuccio's Milk & Honey Butter Blend and PerfectSense's Paraffin are applied to both hands and allowed to penetrate the skin. The paraffin is removed, a blackberry-scented lotion is applied, and nails are polished, leaving guests with berry fragrant and fabulous fingers. For Cuccio Naturalé products: (800) 762-6245; www.cuccio.com. For PerfectSense products: (888) 827-4683; www.sparevolutions.com.—J.K.