





BARM SOURDOUGH BREAD & OLIVES (V) (VE) (DF)

Oil, balsamic

£5

KOREAN MISO CAULIFLOWER (V) (VE) (DF)

Deep-fried Korean cauliflower, miso, sesame dressing, ponzu dip

£7

HAM HOCK CROQUETTES (DF)

Slow-braised ham hock, Wensleydale cheese,

£7

yellow pickle sauce

SPINACH & RICOTTA TORTELLINI (V)

Spring greens, spring onion, watercress, light coconut dressing £16

GNOCCHI GRATIN

Crumbled pork sausage meat, spinach, bechamel sauce, tenderstem broccoli, panko breadcrumbs, parmesan £16

CRISPY CHILLI SQUID (DF) (P)

Deep-fried salt & pepper squid, black garlic ketchup, chilli flakes, spring onion

SEEKH LAMB FLATBREAD

Lightly-marinated Seekh lamb kofta, crisp salad, spiced yoghurt dressing

CRISPY PORK BELLY (DF)

Glazed with soy & anise, whiskey & honey, spring onions

£8

BEETROOT STREAM TROUT (P)

Chalk stream trout cured in beetroot, crème fraiche, pickled caper berries, radish, dill, sourdough £9

FREE-RANGE SCOTCH EGG

Large free-range hen's egg, sausage meat, crispy panko breadcrumbs, gherkin, brown sauce

WENSLEYDALE WHIP (V)

Softly-whipped Wensleydale cheese, warm flatbread, radish £6

GRILLED SALMON

Creamy potato gratin, sautéed greens, black sesame, seaweed beurre blanc £17

CHICKEN FREEKEH SALAD*

Grilled marinated chicken breast, fragrant roast wheat grains, charred courgette, peas, broad beans, basil yoghurt, muscatel vinaigrette £16

*Vegetarian option available with grilled halloumi

THE MET STEAK & ONION PIE

Rich homemade steak & onion pie, puff pastry, creamy mash, jus, seasonal vegetables £17

CATCH OF THE DAY (P) (DF)

Lightly-battered catch of the day, chunky hand-cut chips, mushy peas, curry sauce £16.50

Our steaks are sourced from R&J, Yorkshire's prized signature livestock at Waterford Farm All served with skin-on-fries, watercress, and a choice of sauce

8 OZ RUMP STEAK (DF) £25

THE MET BURGER

Double patty beef burger in a brioche bun, cheese,

sliced tomato, pickles, onion, bacon jam, aioli, coleslaw

£19

PASTRAMI CUBAN

Toasted sub, pastrami, gherkins, tomato,

shredded white cabbage

£11

SKIN-ON-FRIES (V) (VE) (GF)

£5

CREAMY MASH (V) (GF)

£5

CHILLI BUTTER BROCCOLI

LAMB RUMP (DF) £22

BONELESS HALF CHICKEN (DF) £19.50

SAUCES

Bearnaise, Peppercorn, Black Garlic Ketchup or Jus

Sandwiches

All served with skin on fries

ONION BHAJI FLATBREAD (VG) (DF)

Crushed onion bhaji, warm vegan cheddar flatbread, vegan cheese, lime pickle mayonnaise £9.50

ADD EXTRAS

Cheddar, Blue cheese, Bacon £2.50

CHUNKY CHIPS (V) (VE) (GF)

£5

SEASONAL VEG £5

SIDE SALAD (V) (VE) (GF)

HAM & EGG SUB (DF)

Slow-cooked ham hock, chopped egg mayonnaise, piccalilli, crunchy chip sticks

ONION BHAJIS (V) (VE) (GF)

GRILLED HALLOUMI (V) (GF) £5

£5

INDIVIDUAL LEMON MERINGUE PIE (V)

Lemon curd, toasted meringue £8.50

APPLE CRUMBLE (V) Crème anglaise **£8**

DAKES BRIE BASQUE CHEESECAKE (V)

Raspberry coulis, fresh raspberry

THE MET OPERA CAKE (V) Chocolate layered sponge, chocolate sauce

(V) VEGETARIAN (VE) VEGAN (DF) DAIRY FREE (GF) GLUTEN FREE (P) PESCATARIAN