

CHECK OUT OUR  
CALENDAR  
OF EVENTS

# BAY GARDENS RESORTS NEWSLETTER

JULY 2023



## *The Key to your Ultimate Caribbean Vacation Getaway*

Centrally situated in the heart of Saint Lucia's entertainment capital, Rodney Bay Village, the **Bay Gardens Resorts** family of hotels and luxury private villas offers inviting, island-inspired accommodations. With five properties positioned on the Reduit Beachfront and within Rodney Bay Village and the Rodney Bay Marina, Bay Gardens Resorts is a favourite hotel destination in Saint Lucia for families, couples, and island explorers.

Featuring a total of 241 rooms, seven conference centers, four restaurants, and six bars, our resorts are the perfect choice for a Saint Lucian getaway for families, couples, honeymooners, wedding parties, business travelers, groups, and more. Guests can stay at the property that suits them best and can still enjoy luxurious amenities from each. [Click here](#) to read more about our beautiful properties.



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## The Curtains Come Down On Lucian Carnival



St. Lucia Carnival, known for its festive spirit, vibrant colors, pulsating rhythms, and its endless flow of creativity, culminated on July 18th, 2023.

This year, Bay Gardens Resorts pledged its support to the art form and worked closely with Shemmy J and Umpa as well as Sedale through his event production entity, Deeper than Soca, XUVO Carnival Band, and the Ricky T & Friends Concert. We pledged a combined total sponsorship value of over \$60,000.00, which was the resort chain's largest contribution to the festival to date. Our cadre of partners proved to be a dynamic and captivating team of carnival makers and showcased unbridled excellence in their respective fields.

Overall, the 2023 St. Lucia Carnival season was one like no other. With a mix of private and public events, giving locals and visitors a variety of options to participate in and enjoy. These included festivities like calypso and soca music competitions, extravagant breakfast and cooler parties, J'ouvert, and boat rides. The grand two-day parade, held in the capital city of Castries on July 17th and 18th, saw over ten bands with their own unique theme, displaying vibrant costumes that were elaborate works of art, reflecting the island's creative spirit. Participants basked in an unmatched camaraderie and revelry for two days with energy from pulsating soca music that was palpable for both spectators and participants, making it almost impossible not to dance along.

Bay Gardens Resorts was on the ground at some of the key events for the season, giving our social media audience an insider's perspective, showing everything authentically Saint Lucian. No matter how you chose to enjoy the season, Saint Lucia Carnival was an unforgettable experience filled with rhythm, color, and Saint Lucian charm.

As the festival continues to grow, the Bay Gardens Resorts is happy to have been a part of this year's activities and pledges support to the future development of Saint Lucia Carnival.

## The Bay Gardens Marina Haven Turns 5!



This month we were thrilled to celebrate the fifth anniversary of the Bay Gardens Marina Haven. The former Palm Haven Hotel has been a sanctuary of luxury, comfort, and breathtaking views since 2018.

Dedicated to creating a magical atmosphere of relaxation that encapsulates the true spirit of Saint Lucia, this quaint property is nestled between the Rodney Bay Marina and the sparkling turquoise waters of the Caribbean Sea. Our guests' smiling

faces and heartwarming stories have been the true barometer of our success. Whether you're a first-time visitor or a returning guest, your joy, relaxation, and satisfaction have always been our greatest rewards. Each review, comment, and story that you share motivates us to keep striving for excellence.

This anniversary is not just about celebrating our achievement, but it's also a time to express our sincere gratitude to our dedicated staff. Our team's hard work, passion, and commitment to providing an exceptional guest experience have been the pillars of Marina Haven's success.

As we move forward, our promise remains the same: to continue offering you an exceptional Saint Lucian experience that caters to your every need. Whether it's indulging in our local cuisine at our on-site restaurant, enjoying a relaxing spa treatment, or exploring the island's majestic landscapes, Bay Gardens Marina Haven will continue to be your haven of serenity and joy.

Check out our anniversary video [here](#).

## Saint Lucia Hosts The 8th Annual North America Showcase

Highlighting Saint Lucia's commitment to strengthening the tourism sector for both sellers and buyers, the 2023 edition of the North America Showcase conference was held from July 6-10, 2023. Organized by the Saint Lucia Tourism Authority, this event brought together the destination's key travel industry organizations along with wholesale and tour operator partners from the U.S. and Canada, such as WestJet Vacations, Air Canada Vacations, Delta Vacations and Expedia. Bay Gardens Resorts participated in this year's showcase, giving attendees an immersive experience of our locally owned and



operated properties, as well as our world-class Caribbean dining, and our commitment to preserving and celebrating Saint Lucian heritage.

Another significant part of this year's showcase was an interactive workshop. Our executive director, Mr. Sanovnik Destang was amongst a panel of keynote speakers who discussed compelling trends and data affecting the travel industry such as artificial intelligence, sustainability, and social media.

The event culminated with a gala awards evening where the Saint Lucia Tourism Authority recognized leading wholesalers and milestones from the past year. . We believe the connections we established and strengthened at this event will undoubtedly lead to exciting new collaborations in the future.

## Let Bay Gardens Resorts Cater Your Next Event!



There's something truly magical about enjoying a beautifully prepared meal in the company of loved ones, and at Bay Gardens Resorts, we're bringing this magic directly to you with our top-tier catering services. We're thrilled to extend the essence of our catering services beyond the borders of our properties, making every event and gathering a gastronomic delight. From intimate soirees to grand weddings, birthday or anniversary celebrations, to corporate functions

and conferences or sporting activities, our catering services are designed to meet your specific needs. Our catering team is ready to provide bespoke solutions that will elevate your event and treat your guests to an unforgettable dining experience.

We're committed to upholding the strictest health and safety protocols in our services so you can enjoy your event with the peace of mind that everything has been handled with the utmost care.

To learn more or to book our services, contact our dedicated team at [events@baygardensresorts.com](mailto:events@baygardensresorts.com).

We can't wait to help make your next event a resounding success!

## The biggest party in sport is back: CPL T-20

The Caribbean Premier League (CPL) is a high-energy, adrenaline-fueled extravaganza of world-class cricket played amidst the stunning backdrops of the Caribbean. This year, the cricket tournament features six exceptional teams, battling it out for glory. The matches are set to commence in St. Lucia on August 16th, 2023.

The league boasts a combination of home-grown talent and international cricketers that

bring a unique mix of explosive batting, lightning-fast bowling, and agile fielding. The captivating mix of fierce competition and infectious Caribbean spirit makes CPL not just a sports event, but a pulsating celebration of cricket that transcends borders and stirs hearts globally.

Bay Gardens Resorts is thrilled to announce our upcoming role in the heart-stirring Caribbean Premier League! We'll be hosting some of the teams, providing them with our signature hospitality and comfort as they gear up for the riveting matches. Additionally, we are proud to facilitate a live broadcast to our cricket-enthusiast audience in Trinidad. With expert commentary, we aim to bring the spirit and intensity of the games straight to your homes, ensuring you don't miss a single exhilarating moment of the tournament. Join us in celebrating this cricket carnival and let Bay Gardens Resorts be your gateway to the Caribbean Premier League!



## Weeks Of Wellness



Save up to 40% on Accommodation plus A Wellness Package! Bay Gardens Resorts is offering guests major savings at the Bay Gardens Beach Resort & Spa, Bay Gardens Hotel, Bay Gardens Inn and Bay Gardens Marina Haven.

**Inclusive of:** Breakfast, Lunch and Dinner daily, All house-brand alcoholic and non-alcoholic drinks, Welcome cocktail on arrival, Chef's Cooking Class, Free Yoga Sessions, Free Aqua

Aerobics, Free access to Fitness Center, Free Nutrition Session, Free Daily Ayurvedic Treatments, Free Spa Treatment. For more information, please [click here](#).

## La Mer Spa Summer Specials



La Mer SPA

# Summer Specials

LA MER SPA IS CATERING TO TREAT YOU TO THE  
ULTIMATE SPA EXPERIENCE WITH OUR AMAZING SPECIALS

### SUMMER BREEZE

FULL BODY MASSAGE

USD\$80

### SUMMER BLISS

MASSAGE AND SCRUB

USD\$120

### RAY OF SUNLIGHT

EXPRESS FACIAL

USD\$60

### RADIANT BEAUTY

DETOX COCONUT WRAP

USD\$100

### SUMMER GLOW

MANICURE AND PEDICURE

USD\$70

**STARTING FROM: JULY 24TH - SEPTEMBER 3RD**

PACKAGES ARE SUBJECT TO 10% SERVICE CHARGE

**\*ALL INCLUSIVE COUPONS AND VOUCHERS ARE NOT TO BE USED FOR THIS SPECIAL\***

For more information or to book a treatment, call **1.758.457.8553**

Or email [lammerspa@baygardensresorts.com](mailto:lammerspa@baygardensresorts.com)

## Featured Employee – Oneyka Charles



Meet Oneyka Charles, front office agent at the Bay Gardens Marina Haven and our featured staff member for July. Having served in this role for nearly two years, Oneyka's warm and welcoming personality instantly puts guests at ease, creating an inviting atmosphere for their stay.

Over the last six months, Oneyka's duties have diversified, as she now assists in the Accounts Department with the issuance and receiving of goods. When asked what she likes about working at Bay Gardens Resorts her response was "Everything" She explained that she particularly enjoys the family-oriented work culture and going above and beyond to ensure every guest feels cared for and valued.

When not at Marina Haven, Oneyka enjoys spending time with her children, whom she describes as her driving force. She is an avid reader and enjoys indulging in a good romance novel.

Her genuine love for helping people and creating memorable experiences makes her an unforgettable part of the Bay Gardens Marina Haven experience. As she continues to gain valuable hospitality experience, Oneyka hopes to one day spearhead a department at Bay Gardens Resorts. We applaud her for her unmatched service, and we look forward to greater things from her in the future !

## Tour Feature - Choiseul Waterfall Tour

This Waterfall Tour is hosted in the beautiful community of Choiseul. We hike downhill for about 25 minutes until we get to the river. From there we walk upstream for about 5-8 minutes until we get to the waterfall. Along the way, we encourage our guests to take advantage of the lush scenery and the never-ending supply of Sulphur clay that can be found along the riverbanks which can be used as a face mask and to help soothe the skin as a full body mask.



For more information and to book your Choiseul Waterfall Tour, visit our website [here](#).

## Recipe - Lobster Mac and Cheese



### INGREDIENTS:

- Kosher salt
- Vegetable oil
- 1-pound cavatappi or elbow macaroni
- 1-quart milk
- 8 tablespoons (1 stick) unsalted butter, divided
- 1/2 cup all-purpose flour
- 12 ounces Gruyere cheese, grated (4 cups)
- 8 ounces extra-sharp Cheddar, grated (2 cups)
- 1/2 teaspoon freshly ground black pepper
- 1/2 teaspoon nutmeg
- 1 1/2 pounds cooked lobster meat
- 1 1/2 cups fresh white breadcrumbs

### INSTRUCTIONS

- 1.) Preheat the oven to 375 degrees F.
- 2.) Drizzle oil into a large pot of boiling salted water. Add the pasta and cook according to the directions on the package, 6 to 8 minutes. Drain well.
- 3.) Meanwhile, heat the milk in a small saucepan, but do not boil it. In a large pot, melt 6 tablespoons of butter and add the flour. Cook over low heat for 2 minutes, stirring with a whisk. Still whisking, add the hot milk and cook for a minute or two more, until thickened and smooth. Off the heat, add the Gruyere, Cheddar, 1 tablespoon salt, pepper, and nutmeg. Add the cooked macaroni and lobster and stir well. Place the mixture in 6 to 8 individual gratin dishes.
- 4.) Melt the remaining 2 tablespoons of butter, combine them with the fresh breadcrumbs, and sprinkle on the top. Bake for 30 to 35 minutes, or until the sauce is bubbly and the macaroni is browned on top. Chocolate Coconut Balls can be stored in an airtight container for up to a week.

**Lobster season officially opens August 02, 2023 and closes on February 28, 2024.**



## Our Guest Experience

Have you seen what our guests are saying about us on TripAdvisor?

### **BAY GARDENS BEACH RESORT & SPA**

#### **"WONDERFUL EXPERIENCE."**

Reviewed by: Abby J, Kyle, Texas (7/16/23)

The staff is very kind and accommodating. The food is excellent, fun entertainment, excellent shuttle service and spa. The beach was always clean and not overcrowded and the hotel provided towels. They go above and beyond to pamper their guests!



### **BAY GARDENS HOTEL & INN**

#### **"BAY GARDEN WILL BE MY FIRST CHOICE"**

Reviewed by: Traveler (7/19/23)

Our stay was great. I would like Thanks the Front Desk and the two ladies who did my room. My dinner lady Helen, and another at breakfast looked out for us a lot. Everyone I spoke to was so polite

#### **"BEST HOTEL UP NORTH"**

Reviewed by: Jenelle, Canada (7/20/23)

The staff are so friendly, I felt like family and the breakfast was to die for every time! I definitely loved this place and will be back again.

### **BAY GARDENS MARINA HAVEN**

#### **"BEST BIRTHDAY"**

Reviewed by: Countryboysl, London, United Kingdom (6/17/23)

Our stay at Marina Haven was first-class, the management was fantastic, and the staff was brilliant. We had a very pleasant stay. My partner was celebrating her birthday and the management and staff were brilliant.