



MYSTICAL RETREAT WITH A VIEW

NATURE. RITUALS. NEW ENERGY.

MYSTICAL RETREAT IN THE MÜHLVIERTEL HIGHLANDS FOR ACTIVE & RELAXED
CONNOISSEURS

POWER-PLACE HIKE, INCENSE WORKSHOP, WYDA, SUNRISE RITUAL AND
MEDITATION – EXPERIENCE NATURE, RECHARGE YOUR ENERGY

Sunday, 22 November 2026	Monday, 23 November 2026	Tuesday, 24 November 2026
4.00–5.00 pm Incense Workshop Traditional Mühlviertel Incense – Healing Power for the Dark Season	7.15–approx. 7.40 am Sunrise Ritual At the stone circle with Wyda Exercises	9.30–approx. 9.50 am Farewell Ritual Natural Energy Circle – Harmony and Protection
	9.30 am–approx. 12.30 pm Power-Place Hike with Wyda Exercises	
	4.30–approx. 5.00 pm Guided Meditation “Connecting with Your Heart”	