

SMALL PLATES

WHITE TIGER SHRIMP CEVICHE | 24

JUMBO SHRIMP, SPANISH ONION, JALAPENO, MANGO, SCALLION, BELL PEPPERS, AVOCADO, CILANTRO, CRISPY WONTON CHIPS & TOGARASHI

LOCAL NEW ENGLAND CHEESES- FOR TWO | 28

SEASONAL FRUIT, ASSORTMENT OF SWEET & SAVORY JAMS, EVERYTHING CRACKERS

WAKAME SALAD | 8

MARINATED SEAWEED SALAD, TOASTED SESAME

CRISPY SMASHED FINGERLING POTATO | 20

TOGARASHI, SCALLION, SPICY AIOLI

CORN ELOTE SALAD | 17

GRILLED CORN "HUSKED", GARLIC LIME AIOLI, COTIJA CHEESE, PICKLED RED ONIONS, CILANTRO, FRISEE

SUNSET GREENS | 15

MIXED BABY KALE, HEIRLOOM CARROT, ASSORTED RADISH, POMEGRANATE SEEDS, CITRUS VINAIGRETTE

SMOKED KOREAN BBQ RIBS | 23

MARINATED BABY BACK RIBS, SCALLION, TOASTED SESAME, ASIAN SLAW, GOCHUJANG BBQ SAUCE

FLUKE CARPACCIO | 21

FRESH FLUKE, HEIRLOOM CHERRY TOMATOES, SCALLION, SPICY MIRIN DRESSING, SHAVED BONITO, TOBIKO

BUILD YOUR OWN SEAFOOD TOWER

PRICED PER PIECE

LOCAL OYSTERS | 4

GRAY WHALE GIN MIGNONETTE, LEMON

POACHED JUMBO SHRIMP | 4.5

CLASSIC COCKTAIL SAUCE, LEMON

SNOW CRAB CLAW | 4.5

KIMCHI VINAIGRETTE

CHATHAM LITTLENECK CLAMS | 3

HOT SAUCE RELISH

POKE BOWLS

PHR VEGETABLE BOWL | 20

SUSHI RICE, PICKLED CARROT, WAKAME SALAD, SHIITAKE MUSHROOM, FURIKAKE

SESAME SEARED TUNA BOWL | 25

SUSHI RICE, FRESH TUNA, SWEET PEPPER, ONION, SCALLION, SNOW PEA, CARROT, SPICY AIOLI, FURIKAKE

TEMPURA SHRIMP BOWL | 25

SUSHI RICE, TEMPURA SHRIMP, SEASONAL VEGETABLE, UNAGI, TOASTED SESAME SEEDS, FURIKAKE

SPECIALTY ROLLS 10 PIECES

PHILADELPHIA ROLL | 19

FRESH SALMON, CREAM CHEESE, CUCUMBER, WAVES MAYO

SPICY HAMACHI ROLL | 23

FRESH YELLOWTAIL HAMACHI, CUCUMBER, SCALLION, PICKLED JALAPENO, HOUSE SAUCE

SPIDER ROLL | 20

CRISPY SOFT-SHELL CRAB, ASPARAGUS, SCALLION, AVOCADO, MASAGO & UNAGI, CRISPY TEMPURA FLAKE

TEMPURA SHRIMP ROLL | 20

ASPARAGUS, MASAGO, SWEET SOY

PHR LOBSTER | MKT

TEMPURA FRIED LOBSTER, AVOCADO, CUCUMBER, TOPPED WITH MASAGO, UNAGI, WAVES MAYO, & CRISPY TEMPURA

GODZILLA ROLL | 27

TEMPURA FRIED SHRIMP, ASPARAGUS, SCALLION, TOPPED WITH SPICY TUNA, AVOCADO, WAVES MAYO, UNAGI

DYNAMITE ROLL | 33

FRESH TUNA, LUMP CRAB, SCALLION, HOUSE SAUCE, PICKLED JALAPENO, TOPPED WITH TUNA TARTAR

RAINBOW ROLL | 30

CALIFORNIA ROLL TOPPED WITH TUNA, SALMON, HAMACHI, FLOUNDER, AVOCADO, IKURA

WAVES ROLL | 29

YELLOW FIN TUNA, SALMON, FLOUNDER, ASPARAGUS, TOPPED WITH MASAGO, SCALLION, KIMCHI VINAIGRETTE

CLASSIC ROLLS 8 PIECES

SALMON ROLL | 19

FRESH SALMON, SCALLION, HOUSE SAUCE

SPICY TUNA | 20

FRESH TUNA, SPICY AIOLI, PICKLED JALAPENO, TOBIKO

CALIFORNIA ROLL | 23

JUMBO LUMP CRAB, CUCUMBER, AVOCADO, TOBIKO

PICKLED VEGETABLE ROLL | 13

CARROT, ASPARAGUS, DAIKON RADISH, SOY PEARLS

OMAKASE PLATTER 95

SASHIMI (12 PC)

NIGIRI (12 PC)

CALIFORNIA ROLL (1)

SPICY TUNA ROLL (1)

SERVED WITH UNAGI SAUCE, WAVES MAYO, & HOUSE SAUCE

RICE-LESS ROLLS

NARUTO ROLL (V) | 13

CARROT, PICKLED DAIKON RADISH, SPINACH, ROLLED IN CUCUMBER, KIMCHI VINAIGRETTE

FIRECRACKER ROLL | 20

TUNA, AVOCADO, ASPARAGUS, ROLLED IN CUCUMBER, SWEET SOY SAUCE

FLATBREAD PIZZAS

SERVED CRISPY FROM OUR 900°

MARRA FORNI BRICK OVEN

10" GF CRUST AVAILABLE | +2

SHRIMP SCAMPI | 25

FRESH JALAPENO, GARLIC SHRIMPS, WHITE SAUCE, SAUTEED ONION, PARMESAN

FIG & PROSCIUTTO | 21

FIGS, FIG JAM, PROSCIUTTO HAM, RICOTTA CHEESE, ARUGULA, BALSAMIC GLAZE

TRADITIONAL | 15

HOUSE MARINARA, SHREDDED MOZZARELLA

N'DUJA & BURRATA | 25

SPICY PORK SPREAD, MAPLE BROOK FARMS BURRATA, HEIRLOOM CHERRY TOMATO, BASIL

SHORT RIB | 23

12 HOUR BRAISED SHORT RIB, BLUE CHEESE CRUMBLE, HERB PARMESAN, CARAMELIZED ONION, HOUSE BBQ

SEASONAL VEGETABLE | 18

SAUTEED ONION, CARROT, SWEET PEPPER, BROCCOLI RABE, RICOTTA, ITALIAN CHEESE BLEND, WHITE SAUCE, PARMESAN

Before placing your order, please inform your server if a person in your party has a food allergy. Consuming raw or undercooked potentially hazardous foods may increase risk of food borne illness.

WAVES

SUSHI • RAW BAR • BRICK OVEN FLATBREAD

COCKTAILS

YUZU BLOSSOM SPRITZ | 18

Four Corners Gin, Yuzu, Elderflower, Bubbles, & Soda

CUCUMBER COOLER | 17

Ketel One Cucumber & Mint Vodka, Simple, Lemon, Cucumber, Mint & Soda

MANGO-CHILE MAI TAI | 17

Bacardi Mango Chilé Rum, Orgeat, Bauchant, & A Splash Of Orange Juice

PARADISE PAPER PLANE | 19

Taffer's Browned Butter Bourbon, Aperol, Passionfruit, & Lemon

HIBISCUS BLISS MARGARITA | 18

Patrón Silver Additive Free Tequila, Hibiscus Simple, Bauchant, & Lime

HOTTER-MELON MARGARITA | 18

Los Sundays Jalapeño Tequila, Watermelon Purée, Agave, & Lime

MARTINIS

SAKE-TINI | 21

Grey Goose Vodka, Lychee Liqueur, Rosé Sake, Lemon, & Simple

LAND OF LAVENDER & HONEY MARTINI | 21

Bombay Sapphire Gin Infused With Peaflower, Honey & Lavender Simple, & Lemon

GREEN TEA MARTINI | 21

Jameson Irish Whiskey, Choya Green Tea, Peach Purée, & Lemon, Topped With Bubbles & Orange Blossom Spritz

MOCKTAILS

WATERMELON DELIGHT | 12

Watermelon Purée, Mint, Simple, Lime & Soda

TROPICAL KICK | 12

Orgeat, Mango Purée, Lime & Gingerbeer

CRIMSON CITRUS KISS | 12

Hibiscus Simple, Lemon, & Lemonade

WHITES

RIFF, PINOT GRIGIO, DELLE VENEZIE, VENETO, ITALY 14 | 52

FOURNIER PERE & FILS, SAUVIGNON BLANC, LOIRE VALLEY, FRANCE 15 | 56

INFAMOUS GOOSE, SAUVIGNON BLANC, MARLBOROUGH, NEW ZEALAND 17 | 64

DOMAINE DE VILLARGEAU, LES ABEILLES, "BABY SANCERRE", LOIRE VALLEY, FRANCE 22 | 84

MACROSTIE, CHARDONNAY, SONOMA COAST, CALIFORNIA 15 | 56

EROICA, RIESLING, COLUMBIA VALLEY, WASHINGTON 17 | 64

REDS

PAVETTE, PINOT NOIR, CALIFORNIA 15 | 56

HOLLORAN VINEYARDS, PINOT NOIR, WILLAMETTE VALLEY, OREGON 18 | 68

PAVETTE, CABERNET SAUVIGNON, CALIFORNIA 15 | 56

BONANZA BY CAYMUS, CABERNET SAUVIGNON, CALIFORNIA 18 | 68

TERRAZAS, MALBEC, ARGENTINA 16 | 60

ZOE, RED BLEND, PELOPONNESE, GREECE 16 | 60

BUBBLES

PERLAGE, "CANAH" PROSECCO, DOCG, VENETO, ITALY 14 | 52

VEUVE CLICQUOT, BRUT, CHAMPAGNE, FRANCE 21 | 80

VEUVE CLICQUOT, BRUT ROSÉ, CHAMPAGNE, FRANCE 21 | 80

ROSÉ

CHATEAU D'ESCLANS WHISPERING ANGEL, ROSÉ, CÔTE DE PROVENCE, FRANCE 18 | 68

SAKE

SAKURA FUBUKI, ROSÉ JUNMAI DAIGINJO SAKE, KANTO, JAPAN | 14

ON DRAFT

HANDLINE KÖLSCH | DEVIL'S PURSE, DENNIS, MA 5% | 8

PULP DADDY | GREATER GOOD BREWING, WORCESTER, MA 8% | 13

CLOUD CANDY NE IPA | MIGHTY SQUIRREL, WALTHAM, MA 6.5% | 11

OUTERMOST IPA | HOG ISLAND, ORLEANS, MA 6.2% | 9

GRIPAH | CISCO BREWERS, NANTUCKET, MA 5.5% | 11

TRILLIUM | ROTATING SELECTION, BOSTON, MA | 13

SAM'S SUMMER | SAM ADAMS BREWING, BOSTON, MA 5.3% | 10

BLUE MOON BELGIAN WHITE | DENVER, CO 5.4% | 9

BEACH BLONDE ALE | CAPE COD BEER, HYANNIS, MA 4.9% | 8

GUINNESS | GUINNESS BREWING, DUBLIN, IE 4.2% | 10

SELTZERS & CIDERS

SURFSIDE GREEN TEA VODKA | 9

SUNCRUISER PEACH TEA VODKA | 9

HIGH NOON VODKA SELTZERS | 11

PINEAPPLE OR PEACH

DOWNEAST CIDER | 9

NON ALCOHOLIC

ATHLETIC BREWING N/A | 7

UPSIDE DAWN, RUN WILD IPA

HEINEKEN ZERO N/A | 7