

## Breakfast

Mon-Fri | 7am - 11am  
Sat & Sun | 8am - 12pm

### WINSTON'S FAVORITES

#### Steak & Eggs | 21.99

4 oz Sirloin steak with two eggs any style, hasbrowns and toast

#### Northern Breakfast | 19.99

3 free range eggs, 2 buttermilk pancakes, choice of bacon or back bacon or sausage, served with hashbrowns

#### Coast Signature | 18.99 / 14.99

2 free range eggs, choice of bacon or sausage or back bacon, hashbrowns served with choice of toast

#### Coast Omelet | 14.99

3 egg cheese omelet, hashbrowns and choice of toast

Customize Your Omelet as any 3 for \$2.25 each

Bacon	Green Onion
Ham	Peppers
Tomato	Mushrooms

#### Scrambled Egg Wrap | 15.99

Two scrambled eggs, shredded cheese, lettuce, sliced tomatoes, and salsa. Served with hashbrowns.

Choice of 1 (one) Protein - Chicken or Bacon or Veggie Patty

#### Denver Sandwich | 14.99

2 scrambled egg topped with Swiss or cheddar cheese, roasted peppers, ham, chipotle mayo on a brioche bun and hashbrowns

### EGGS BENEDICT

#### Smoked Salmon | 18.99 / 13.99

Poached eggs on sliced smoked salmon, sliced avocado and finished with choice of hollandaise or cilantro creme fraiche

#### Nechako | 17.99 / 13.99

2 poached eggs, double smoked bacon, tomato, hollandaise sauce, served with hashbrowns

#### Traditional | 17.99 / 13.99

Back bacon, English muffin, hollandaise sauce, and hashbrowns

#### Avocado | 16.99 / 12.99

Poached eggs topped with sliced avocado and finished with hollandaise

### FRENCH TOAST & PANCAKES

#### French Toast | 15.99 / 10.99

Served with whipped cream and berry compote

#### Buttermilk Pancakes | 15.99 / 10.99

Four buttermilk pancakes stacked, served with berry compote

#### Blueberry Pancakes | 15.99

Two pancakes with whipped cream, berry compote

#### Banana Chocolate Chip Pancakes | 15.99

Banana chocolate chip pancakes with whipped cream, berry compote

### LIGHTER FARE

#### The Jogger | 14.99

2 poached free-range eggs, fresh fruit and toast

#### Oatmeal | 7.99

Served with brown sugar and milk

#### Granola, Fruit, Yogurt Bowl | 7.99

Greek yogurt, layered with fresh fruit and honey granola

#### Oatmeal and Yogurt Bowl | 7.99

Peanut butter, pumpkin seeds, chia seeds, hemp hearts

### CONTINENTAL BREAKFAST ON THE GO | 12.99

Available for Coast Platinum members

#### OPTION #1

Toast (whole wheat or white), fresh fruit, yogurt, Starbucks coffee, Teavana tea or juice

#### OPTION #2

Muffin, fresh fruit, yogurt, Starbucks coffee, Teavana tea or juice

#### OPTION #3

Cheese omelet with toast (whole wheat or white)

#### OPTION #4

Two pancakes, 2 slices of bacon served with strawberry compote

#### OPTION #5

Cereal bowl with milk, granola bar and muffin

Please note substitutions are not available for these options.


## Lunch

Available from  
11:00 am - 1:30 pm

All Handhelds, Sandwiches, Daily Specials & Plates are served with your choice of fries or house salad or soup

### DAILY SPECIALS


#### MON - Quesadilla | 16.00

Chicken or shrimp or Vegetable Patty  onion, pepper, nacho cheese blend, salsa, and sour cream

#### TUES - Chicken Fingers with Fries | 16.00

4 pieces of succulent chicken fingers served with fries and your choice of sauce

#### WED - Classic Burger | 16.00

7 oz Grilled Canadian beef or Chicken breast or Battered Salmon fillet or Vegetable Patty  with cheese lettuce, tomato, pickle white BBQ sauce on a toasted brioche bun  
GF Bun +2.00

#### THURS - Beef Dip | 16.00

Shaved slow roasted beef, caramelized onions, served on a toasted hoagie bun with roasted garlic au jus

#### FRI - Fish and Chips | 16.00

2 pieces cod, crisp coleslaw, tartar sauce and fries

### SOUP & STARTERS

#### Winston's French Onion Soup | 11.00

Sourdough croutons and Swiss cheese

#### Soup of the Day | 9.00

Please ask your server

### SALADS

#### Greek Salad | 14.99

A traditional Greek salad consists of sliced cucumbers, tomatoes, bell pepper, red onion, olives, and feta cheese.

#### Classic Caesar Salad | 12.99

Crisp chopped romaine hearts, croutons, parmesan cheese, bacon bits, and creamy Caesar dressing

Add chicken or shrimp to any salad +4.99

#### Winston's Market Salad | 11.99

Avocado, cherry tomatoes, cucumber, red onion, and a creamy herb dressing

Add chicken or shrimp to any salad +4.99

### PLATES

#### Fish and Chips | 19.00

2 pieces cod, crisp coleslaw, tartar sauce and fries

#### Chicken Fingers with Fries | 16.99

4 pieces with choice of sauce and side

### HANDHELDS

#### Beef Dip | 20.99

Shaved slow roasted beef, caramelized onions served on a toasted hoagie bun with roasted garlic au jus

#### Reuben Sandwich | 18.99

Shaved pastrami, sauerkraut, Swiss cheese with dijon mustard on a grilled rye bread

#### Grilled Chicken Club

#### House Sandwich | 17.99

With lettuce tomato and bacon, on your choice of bread (white, multi, rye & sourdough)

#### BLT Sandwich | 16.99

On your choice of bread (white, multi, rye & sourdough)

#### Steak Sandwich | 25.00


5 oz. Top sirloin steak served on steak bun topped with peppercorn sauce, onion rings served with fries

Add blue cheese option +2.50


#### Lumberjack Burger | 25.00

Juicy beef burger with cheese, mushrooms, bacon, BBQ sauce, lettuce, tomato and pickle served with fries

#### Classic Burger | 19.99

7 oz Grilled Canadian beef or Chicken breast or Grilled Salmon fillet or Vegetable Patty  with cheese lettuce, tomato, pickle white BBQ sauce on a toasted brioche bun  
GF Bun +2.00

#### Quesadilla | 18.99

Chicken or shrimp or Vegetable Patty  onion, pepper, nacho cheese blend, salsa, and sour cream

#### Chicken Caesar Wrap | 17.99

Grilled or crispy chicken with Romaine lettuce, tomato, bacon, and cheese.

Choice of Sauce - Ranch, Mayo, Sracha, Caesar

### PASTAS

#### Prawn Fettuccine | 21.99

Seared and tossed with mushroom and spinach in a fresh herb cream sauce

### BEVERAGES

#### Coffee | 4.25

#### Tea | 3.95

#### Milk | 3.95

#### Juice | 3.95

#### Hot Chocolate | 3.75

#### Pop | 3.75

# Dinner Menu

Available from 5:00 pm - 9:30 pm

## SIDES

Poutine - 9.99 | Onion Rings - 7.99 | Yam Fries - 7.99 | Fries - 4.99

## PUB GRUB

### Scallop Saltimbocca | 22

Sea scallops with lemon sage cream & prosciutto strips

### Steamed Mussels | 22

Poached in white wine, tomato, scallion, garlic & parsley, served with a breadstick

### Pub Style Chicken Wings | 19.99

1 lb wings with choice of Jack Daniels BBQ, Korean, Honey Garlic, Hot, or Salt & Pepper. Served with celery, carrots & blue cheese ranch dip

### Calamari | 17.99

Crispy squid with tzatziki sauce

### Dry Lemon Pork Ribs | 16.99

Seasoned fried ribs with Thai sweet chili or plum sauce

### Baked Artichoke | 15

With capocollo & roasted garlic cream

### Fried Edamame | 12.99

Tossed with sea salt, sesame oil, chili flakes & crispy shallots

### Red Pepper & Spinach Cheese Dip | 12.99

Served with pita chips, crackers & fresh fruit

### Yam Fries | 12

With chipotle mayo

### Crispy Onion Rings | 10

Choice of mayo or hot sauce

### Veggie Spring Rolls | 9.99

4 rolls with Thai sweet chili sauce

### Garlic Parmesan Fries | 9.99

Tossed with garlic & parmesan, served with spicy honey aioli

### Garlic Breadsticks | \$5/basket with Roasted Butter

## SOUP & SALAD

All Handhelds Are Served with Fries or House Salad

### Caesar Salad | Full 15.99 | Half 11.99

Croutons, bacon & parmesan  
Add chicken or shrimp +4.99

### Roasted Beet & Goat Cheese Salad | 14.99

Mixed greens with raspberry vinaigrette

### Greek Salad | 14.99

Cucumber, tomato, bell pepper, red onion, olives & feta

### Winston's Market Salad | 12.99

Avocado, cherry tomatoes, cucumber, red onion & herb dressing

### Winston's French Onion Soup | 11

Sourdough croutons & Swiss cheese

### Soup of the Day | 9

Please ask your server

## HANDHELDS

Served with fries or house salad

### Steak Sandwich | 25

5 oz top sirloin on a steak bun with peppercorn sauce & onion rings  
Add blue cheese +2.50

### Beef Dip | 21.99

Shaved slow-roasted beef, caramelized onions on a hoagie with roasted garlic au jus

### Classic Burger | 19.99

Choice of beef, chicken, salmon, or Vegetable patty  
with cheese, lettuce, tomato, pickle & white BBQ sauce on a brioche bun  
GF Bun +2 | Add any pop +1

### Quesadilla | 19.99

Choice of chicken, shrimp, or Beyond Meat patty with onion, pepper, nacho cheese blend, salsa & sour cream

## BOWLS

### Crab & Lobster Ravioli | 33

With caramelized onion & roasted garlic cream

### Fettuccine | 23 | With Chicken or Prawns 27

Mushroom & spinach in a chardonnay cream sauce with parmesan

### Baked Ricotta & Spinach Manicotti | 23.99

Tomato basil cream sauce, topped with mozzarella

### Wild Mushroom Ravioli & Asparagus | 26

White wine & tarragon cream sauce

### Thai Green Curry | 24

Choice of chicken, shrimp, or tofu with steamed jasmine rice

### Poke Bowl | 17

Spicy marinated ahi tuna over sushi rice with avocado, cucumber, carrots & sriracha mayo  
Add garlic toast to any pasta +1.99

## DESSERTS

### Death by Chocolate | 14

### Apple crumble & vanilla ice cream | 14

### Crème Brûlée | 12.95

Madagascar bourbon & vanilla bean

### White Chocolate Bread Pudding | 11.95

With vanilla ice cream & Jack Daniels caramel drizzle

### Baked New York Cheesecake | 10.95

With fruit compote

### Mixed Berry Cobbler | 9.99

With vanilla ice cream

### Cheesecake Ice Cream Tower | 9.95

With fruit compote

## MAINS & GRILLED

Dinner for TWO (Conditions Apply)

### Seafood Mixed Grill Platter | 150

Lobster tail, salmon, prawns, cod, scallops & mussels with warm garlic butter & Béarnaise sauce

### Beef Wellington | 50

Seared beef tenderloin wrapped in puff pastry with spinach, prosciutto & mushroom duxelles. Served with red wine demi, mashed potatoes & vegetables

### Greek Platter | 2 skewers 28 | 3 skewers 33

Choice of chicken, beef, or shrimp with Greek salad, rice pilaf, roasted potato, pita, hummus & tzatziki

### Slow Roasted Winston's Prime Rib

Spice-rubbed prime rib with roasted garlic au jus, Yorkshire pudding & choice of potatoes  
6oz 33 | 8oz 37 | 10oz 41 | 12oz 45 | 14oz 49 | 16oz 53

### Wild Steak Diane | 40.99

Tenderloin medallions with wild mushrooms, mustard, red wine & tarragon. Served with mashed potatoes & vegetables

### Steak Oscar | 37.99

6oz sirloin topped with shrimp, crab & Béarnaise sauce. Served with vegetables & potatoes

### Grilled Lamb Chops | 35.99

With chimichurri, roast potatoes & mixed vegetables

### Braised Short Ribs | 32.99

Served with mashed potatoes & seasonal vegetables

### Salmon Fillet | 30.99

With rosemary potatoes & choice of maple glaze or lemon butter caper sauce

### Chicken Roulade | 27.99

Stuffed chicken breast with cream cheese & spinach, served with mashed potatoes & vegetables

### Smothered Pork Chop | 27.99

With creamy garlic mushroom sauce, mashed potatoes & vegetables

### Fish & Chips | 21.99

2 pieces of cod with coleslaw, tartar sauce & fries

### Chicken Fingers & Fries | 18.99

4 pieces with choice of sauce and side

## BEVERAGES

Coffee | 4.25

Juice | 3.95

Tea | 3.95

Hot Chocolate | 3.75

Milk | 3.95

Pop | 3.75

## HAPPY HOUR

Mon-Sun | 12pm - 1pm & 5pm - 6pm

### APPETIZER SPECIALS

Dry Lemon Pork Ribs | 14

Pub Style Chicken Wings | 14

Fried Edamame | 10

Yam Fries | 7.99

Onion Rings | 7.99

### DRINK SPECIALS

6oz House Red or White | 7.00

Northern BC Ale Trail Beer (Any) | 6.75

Import Bottled Beer | 6.75

Domestic Bottled Beer | 5.50

Single Highball | 5.50

Vegan Gluten Free Vegetarian 30-minute prep time refreshingly local™

Please inform your server of any allergies or dietary concerns.

\* Prices do not include applicable taxes



Available for delivery on

