

THE MAY FAIR

LONDON

CONTACT

Mason Williams T: 0845 0941 007

mayfair@mason-williams.com

INTRODUCING A NEW CHRISTMAS RITUAL AT THE MAY FAIR SPA



To celebrate the festive season the May Fair Spa; a hidden retreat for relaxation and wellbeing at the luxury [May Fair hotel](#), has launched a series of Christmas Ritual Treatments. Designed to escape the hustle and bustle of the city and indulge and rejuvenate the mind body and soul, the Christmas Ritual Treatments provide head to toe pampering with a series of massages, wraps and facials using natural, seasonal ingredients and the very latest innovations.

Christmas Ritual At The May Fair Spa

Winter Warmer

Melt away the winter blues with a Frankincense, Myrrh and Sandalwood Hot Stone Massage, £110 (1 hour). This intricate back treatment involves deep muscle movements to single out individual muscles, combined with hot stone relaxation techniques and an array of added aromatic benefits derived from the warmed sandalwood, myrrh and frankincense massage oil. This style of massage uses heated black basalt stones, to literally melt tension. Up to 6 times deeper than a traditional massage, this is the ultimate treatment for those seeking an intensive massage. Pressure can be varied to suit your individual taste. Relax your body and unchain your mind from everyday stress with this aromatic fusion of divine essential oils for the bath.

Christmas Wrapping

Reveal firm and velvety soft skin with the luxurious Milk & Honey Body Wrap, £99, (1 hour) ☐. A full body salt scrub, followed by our Milk and Honey wrap insures your

skin's metabolism is activated and skin that is normally dry and dehydrated is reborn. Elasticity is improved and body contours are firmed. A cocktail of active ingredients will restore balance and hydrate.

Christmas Spa-kle Facial

The perfect facial booster the **Crystal Clear Oxygen Facial £65, (30mins)** rejuvenates dull, tired and ageing skin. This treatment replenishes lost oxygen in the skin, while active ingredients in the serum restructure the skin to visibly hydrate and plump out lines and wrinkles.

Retail Therapy

An intricate and thorough treatment the **Power Pinks Massage, £135 (1hr 30mins)** gives your entire body a boost. Start your treatment with a foot ritual where your feet are cleansed, exfoliated and soothed. Your therapist will then perform a massage that combines Eastern and Western techniques. This powerful massage will not only soothe aching and tired muscles, it will cleanse your body and soul and balance your being. Another unique experience delicately combined with the healing power of lemongrass, Indonesian or Himalayan organic oils. Treatment includes:- foot ritual; fully body massage

To finish guests can enjoy a warming herbal tea, served with dried fruits in the spa's soothing candle lit relaxation room.

For bookings and further details on the **May Fair Spa and Health Club**, please contact 020 7915 2826 or log onto www.mayfairspa.com

The May Fair Spa
The May Fair Hotel, □
Stratton Street, □
London, □
W1J 8LT, □
United Kingdom
www.themayfairhotel.co.uk

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Notes to Editors:

About The May Fair:

Situated in the heart of the Mayfair village, the May Fair Hotel has been a by-word for elegance and style since the twenties.

The May Fair (www.themayfairhotel.co.uk), first opened by King George V in 1927 and once owned by the filmmaking Danziger Brothers, is the official hotel for London Fashion Week and the BFI London

Film Festival, in partnership with American Express. It has also been recognised for having “The Best Hotel Bar in London,” by *The Evening Standard* and has been awarded Cool Brand status in 2010, 2011 and 2012.

The 404-room, West End hotel has hosted countless celebrities, heads of state, world leaders and cultural icons throughout its storied history. The hotel features The May Fair Bar; Silvena Rowe’s Quince restaurant; The Cigar Room, 13 signature suites; a private VIP entrance; extraordinary banquet facilities, including the largest private theatre in London and the largest Baccarat chandelier in Europe; the world-class May Fair Spa; rooftop penthouse with 180° views of London; and a superlative staff attuned to the needs of the most discerning guest.