Mediterranean Lifestyle

Our signature programme is inspired by the healing benefits of the Mediterranean lifestyle and natural elements, leaving you looking and feeling more revitalised and radiant. A combination of facials, body treatments and personalised massages will exfoliate and calm, allowing for a more well-rounded escape that can only be found at the Marbella Club.

	TREATMENT	DISCOVER 2 nights	ESCAPE 4 nights	IMMERSION 7 nights
90'	Lifestyle and Nutrition Consultation with Quest	✓	✓	/
90'	Marbella Club Personalised Massage or Heated Lava-Stone Massage	1	1	1
60'	Marbella Club Personalised Massage		1	1
60'	Personalised Facial	1	1	1
45'	Thalasso Vichy Salt and Oil Exfoliation	1	1	1
60'	Marine Magnesium or Calcium Wrap		1	1
120'	Personalised Ritual from the Collection			1
20'	Jet Blitz Massage			1
45'	Bath with Underwater Massage			1
15'	Progress Consultation			1
30'	Departure Lifestyle and Nutrition Consultation		✓	✓
		€ 1,395 _{p/p}	€ 2,085	€ 3,165

To optimise results, all of our programmes can be individually tailored to reduce or increase the number of activities, treatments and menu options. Includes all meals taken from our Mediterranean-inspired Wellness Menus.