

## Early Booking

- **10% discount** for accommodation and meals when booking any package provided full payment at least 30 days before arrival at the hotel;
- **20% discount** for accommodation and meals when booking any package provided full payment at least 90 days before arrival at the hotel (calculated by discount to the Eb10%);
- Early booking payments are non-refundable;
- No matter the EB offer, there will be an advance payment of 20% from the value of the stay in 5 days from the confirmed booking.

In case of cancellation due to the Covid-19 pandemic, the advance paid will be valid until 30.06.2023. The reservation could be rescheduled until this date with the price from new chosen period.

## WELLNESS PACKAGES 2023

Packages include: treatment, accommodation in double room for one person, breakfast, half-board or all inclusive and VAT. Tarrifs are in EURO.

### LOW SEASON

01 Jan - 31 May

### INTERMEDIARY SEASON 1

1 - 29 Jun  
3 - 16 Sep

### INTERMEDIARY SEASON 2

30 Jun - 13 Jul  
27 Aug - 2 Sep

### HIGH SEASON

14 Jul - 26 Aug



**ANA HEALTH SPA**

[www.anahotels.ro](http://www.anahotels.ro)

at **HOTEL EUROPA**  
in EFORIE NORD

Reservation at: 0241 702 818



## RELAX and REGENERATION

### Content:

- Health questionnaire;
- Blood pressure examination;
- 2 therapies/day from below, upon availability.

### Package 6 days

- 3 herbal baths with salt water 20'
- 3 mud massages 20'
- 3 mud baths 20'
- 1 "Serenity" head and cervical massages 25'
- 2 Stress relief massages 50'

### Package 12 days

- 6 herbal baths with salt water 20'
- 6 mud massages 20'
- 6 mud baths 20'
- 2 Stress relief massages 25'
- 2 "Serenity" head and cervical massages 25'
- 2 Ayurveda face lifts 25'

	LOW SEASON	INTERMEDIARY SEASON 1	INTERMEDIARY SEASON 2	HIGH SEASON
7 nights	552 Euro	601 Euro	650 Euro	755 Euro
13 nights	1005 Euro	1096 Euro	1187 Euro	1382 Euro

\*NOTE : The procedures in the package are predefined, therefore, the therapies included in the package cannot be replaced with other therapies in the spa.



## DETOX PRO HEALTH

### Content:

- Medical examination, body analysis, EKG;
- Customized detox diet;
- 3 therapies / day, personalized program, the following: mud therapy (baths 20', massages 20'), therapeutic massages with essential oils 25', herbal baths with salt water 20', paraffin wraps 20'), kinetotherapy, hydro-kinetotherapy in the inside in salt water pool, electrotherapy etc.
- 3/6 manual lymphatic drainage 50', 3/6 plantar reflexology 25';
- Medical analyse (common);
- Recommendations and medical report;

**Medical recommendations:** program designed to purify the body, eliminate toxins, improve nutrient absorption in the digestive tract, improve blood quality, regulate metabolism, strengthen the immune system.

Available only with full board

	LOW SEASON	INTERMEDIARY SEASON 1	INTERMEDIARY SEASON 2	HIGH SEASON
7 nights	1154 Euro	1217 Euro	1266 Euro	1407 Euro
13 nights	2122 Euro	2239 Euro	2330 Euro	2590 Euro

Reservation at: 0241 702 818



## SLIMMING PRO VITALITY

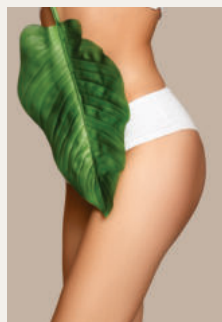
### Content:

- Medical examination, body analysis, EKG;
- 4 therapies / day, personalized program, the following: mud therapy (baths 20', massages 20'), therapeutic massages with essential oils 20', herbal baths with salt water 20', paraffin wraps 20'), kinetotherapy, hydro-kinetotherapy, in the inside salt water pool, electrotherapy;
- 3/6/9 manual lymphatic drainage 50', 3/6/9 TECAR therapies 20';
- Customized diet;
- Medical analyzes (common);
- Recommendations and medical report.

**Medical recommendations:** Recommended program for guests who want to reach the desired weight. It harmoniously combines personalized water and exercise gymnastics programs, mud therapy, massages, hydrotherapy, detoxification sessions, specific hypoallergenic diets. The program regulates metabolism and is intended to be the beginning of a healthy and balanced lifestyle.

\* Available only with full board

	LOW SEASON	INTERMEDIARY SEASON 1	INTERMEDIARY SEASON 2	HIGH SEASON
7 nights	1269 Euro	1332 Euro	1381 Euro	1521 Euro
13 nights	2292 Euro	2409 Euro	2500 Euro	2760 Euro



## BOOST IMMUNITY

### Content:

- Medical examination;
- Healthy living decalog - advices and guidelines for a healthy life;
- Diet - principles of a proper nutrition, 1 smoothie/day;
- 3 therapies/day:
  - 6 mud applications or 6 mud baths;
  - 3 mud massages 20', 1 Balance Honey Ritual for ladies 50', or 1 Deep Tissue for gentlemen 50';
  - 3 plantar reflexology 25', 3 manual lymphatic segmentation drainage 25';
  - 1 intuitive massage 50'
  - 1 stress relief massage 50'

	LOW SEASON	INTERMEDIARY SEASON 1	INTERMEDIARY SEASON 2	HIGH SEASON
7 nights	712 Euro	761 Euro	810 Euro	915 Euro

Reservation at: 0241 702 818



## Eternal Youth

recommended for people aged between 40 and 55 years old

### Content:

- Medical examination, EKG,
- 2 physiotherapy procedures/ day, customized program based on medical diagnosis, from: mud therapies (baths 20', massages 20"), therapeutic massages with essential oils 20', herbal baths with salt water 20', paraffin wraps 20', kinetotherapy, hydrokinetotherapy in the inside salt water pool, electrotherapy, laser, Bioptron;
- 2 tests and injections with Gerovital H3 (if there are no contraindications)\*
- recommendations and medical report.
- The program aims at prophylaxis of aging and is especially targeted at people aged between 40 and 55 years old. Delays and improves the first signs of aging, treats memory disorders, concentration and sleep disorders, blood pressure oscillations, metabolic and endocrine disorders, moderate depressive moods, stress syndrome.

	LOW SEASON	INTERMEDIARY SEASON 1	INTERMEDIARY SEASON 2	HIGH SEASON
7 nights	647 Euro	696 Euro	745 Euro	850 Euro
13 nights	1110 Euro	1201 Euro	1292 Euro	1487 Euro

Reservation at: 0241 702 818

All packages can be offered also on halfboard or fullboard basis. For more information please contact the Reservations Department.

## Single supplement/ stay

	LOW SEASON	INTERMEDIARY SEASON 1	INTERMEDIARY SEASON 2	HIGH SEASON
7 nights	182 Euro	210 Euro	238 Euro	350 Euro
13 nights	286 Euro	377 Euro	416 Euro	637 Euro

*Payment for accommodation, meals and spa can be made in RON at the internal exchange rate of the hotel\* available at the time of issuing the proforma invoice for the total payments in advance and at the internal exchange rate of the hotel\* available at check-in date for partially or not paid in advance bookings.*

*\* the exchange rate of the hotel is the same as the exchange rate communicated by BNR.*



Pay us a visit online and please leave a review!

# SPECIAL OFFER

**10% DISCOUNT**  
for the second spa package  
purchased by the same person

**10 % DISCOUNT**  
on the purchase of Facial and  
Body Aesthetic treatments



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