



Menu

VG=vegan GF=gluten free

Nut Butter Toast – \$4

choice of fresh bread with house made nut butter and raspberry jam VG (GF bread available +.50)

Avocado Toast – \$6

choice of fresh bread with avocado smash VG (GF bread available +.50)

Steel Cut Oatmeal – \$7

with maple, cinnamon, and raisins (VG available)

Challah French Toast – \$7.50

Soup – \$5, \$7

changes daily GF

Veggie Chili – \$7, \$9 GF VG

Turkey Chili – \$7, \$9 GF

Today's Quiche – \$7.50

Beet Salad – \$7

with beets, candied walnuts, and goat cheese GF

Pampams – \$3.50

garlic rosemary roasted red potatoes, GF VG

Sliders: on your choice of cheddar biscuit, GF biscuit + .50, VG soft roll +.50

Cheddar Spinach Eggs – \$6 GF

Add bacon +\$2.00

Add avocado +\$1.50

Pulled Chicken – \$8

with Pear Chutney GF

Black Bean Sweet Potato Patty – \$8

GF VG

Sandwiches: grilled on your choice of bread (GF+.50)

Cheddar/Muenster – \$6

Add avocado +\$1.50, add bacon +\$2.00

Brie and Apple – \$7

with cranberry mustard

Turkey, Caramelized Onion, Cheddar – \$9

Black Forest Ham, Apple Butter, Swiss \$9

Beverages

available with dairy milk or oat milk +.50

Fair Trade Organic Coffee – \$2.00, \$2.50

Brewed

Mighty Leaf Tea – \$2.50

Hot Chocolate – \$4, \$4.50

Espresso – \$3

Cappuccino – \$4, \$4.50

Mochaccino – \$4.75, \$5.25

Mapleccino – \$4.75, \$5.25

Chai Latte – \$4.00, \$4.50

Extra shot – \$1

Flavor Shot: Torani Syrup – \$1

Assorted Soft Drinks – \$2-4.00

The BAKED GOODS

Assorted Breads

Selection changes daily, to include white, seeded whole wheat, oatmeal, rye, challah

Muffins, Scones, Coffee cakes, Biscuits

Cakes, cakes, cakes

Cheesecake pops

Peanut butter chocolate bars

Brownies

Cookies, cookies, cookies

S'mores

Packaged Products

candies, biscotti, crackers, hot fudge