

ACQUAPURA SPA

Heal. Restore. Relax.



ACQUAPURA Natur Spa

Immerse yourself in the seemingly endless hilly landscape as if to the rhythm of gentle waves - breathe in the season-marked breezes of the Mühlviertel.

Deep forests, mystical moor landscapes and seemingly endless expanses offer space to reach inner balance and new life energy. Away from doing and wanting into the pureness of being.

At ACQUAPURA Natur Spa, everyday life has no access. Reconnect here with the power of nature from the Mühlviertel region, liberating like the soothing wind, grounded like the wonderful treasures in the earth.

Enjoy the lightness - room for your thoughts to grow, be authentic, real and free. Whether activating and invigorating, relaxing and balancing. Feeling & enjoying mean more than just a pampering moment, rather it is a holistic lifestyle. Arriving deep within oneself, knowing one's needs and discovering oneself a new time and time again - a wonderful journey inspired by the Hawaiian "Aloha Spirit" and the lightness of nature from the endlessly open landscape in the Mühlviertel.

"Indulgence for me."



FALKENSTEINER
HOTEL BAD LEONFELDEN
XXXXX



ACQUAPURA SPA

The holistic and balancing effect of water on the body and mind

“Acqua pura” means “pure water” and, as such, represents the essence of the Spa worlds in the Falkensteiner Hotels & Residences. Here, the healing effects and the versatile benefits of this elixir of life are the focus.

Water has a hydrating, purifying, balancing, and toning effect. On the one hand, no other element than water is so felt in our Spas, when one considers the different forms it takes. It serves as a comfortably warm invitation to swim and let oneself drift, in the form of ice for infusions and subsequent cooling, as well as a deeply effective experience in the steam bath. On the other hand, water is perceived as a multi-sensory experience.

Hearing, seeing, feeling, tasting: the sound of gentle waves, weightless floating, a gentle embrace enveloping the body, and the enjoyment of cold, clear water as a thirst quencher – water revitalizes, relaxes, and enhances the well-being and resilience of the body and mind in a holistic and natural way.

Inspired by a life in harmonious balance, the concept of “Flow” describes the ideal state of inner equilibrium. This is achieved when the four phases of harmony, clarity, release and energy are in a balanced relationship with each other.

Water has the power to bring us precisely there: the natural rhythm of the waves aligns with our emotional state and has the ability to gently influence it. Calm, steady waves, for example, have a soothing effect, while strong waves possess an energizing and revitalizing essence.

Depending on the emotional state you wish to attain or which (wave) phase you lack, in order to reach your personal flow, we select tailored treatments to let you achieve this ideal state.

The Acquapura SPA is your source of well-being. A place where you can unwind, discover your individual balance, and let your thoughts flow. What matters here is rediscovering your inner center.



ENERGY
renewed vitality &
strength



HARMONY
balance &
stability



CLARITY
serenity of the mind &
clarity in the body



RELEASE
relax &
unwind



WELL-BEING RITUALS

~

INDULGENCE FOR ME

Lomi Lomi Nui | Hot Stone |
Warm oil | Rhythmic massaging
movements | Relaxing journey

ENERGY HARMONY RELEASE

POWER OF THE EARTH

Warm mudpack for the back |
Relaxing | Wood aroma oil |
Release and switch off

ENERGY HARMONY RELEASE

LIMITLESS BY PHARMOS NATUR

Tailored to your personal skin
needs | Refreshing, moisturizing
and regenerating facial treatment |
Aloe Vera back ritual | Promotes
good mood and gives new energy

HARMONY RELEASE CLARITY

NATUR SPA SIGNATURES

LOMI LOMI “MÜHLOHA”

Follow your heart. Find your impulses and strength, your dreams, your vision in the flow of life from the calm and strength of the Mühlviertel region with the infinite love within you.

Balancing | Harmonizing |
Energy flows where attention
goes | Wonderful relaxation
journey

ENERGY HARMONY RELEASE

ENERGY OF FORESTS

Shoulder, neck & foot massage |
Grounding | Sustainable well-
being | Wood aroma oil

ENERGY HARMONY RELEASE

MÜHLVIERTEL

Stone massage | For cold-warm
irritation | Strengthening of
tissue | Loosening of blockages |
Deeply relaxing | Releasing

ENERGY HARMONY RELEASE

HERBAL ENJOYMENT

Warm oiling | Herbal stamp
massage | Stress reduction |
Prevention | Fragrances
according to our 4 elements
to choose from

ENERGY HARMONY RELEASE CLARITY

FELSENSTEIG ADVENTURE

Sports massage | Celtic stamps
& stone combs | Relieves
tension | Rehabilitation |
Arnica massage oil

ENERGY

MASSAGES



TAILORMADE

Tailored to your well-being |
Also suitable for athletes |
- *Full-body massage*
- *Partial-body massage*



PAUSE FOR THOUGHT

Back-neck massage |
Loosening and relaxing |
The 50-minute treatment includes a head & face massage with a warm neck pack



EVERYTHING IN FLOW

Activation of the lymphflow |
Decongestion | Relief |
Promotion of deep relaxation |
Reduction of swelling | Tailored to your needs



GROUNDED

Stimulation of the feet area |
Increased sleep quality and relaxation | Relieves discomfort |
Stimulates the immune system



ACQUAPURA SIGNATURE FLOW

Fascia massage | Mobility check | Tension relief |
Increased flexibility



RELAX & MOVE

BY PHARMOS NATUR

Relieves tension | Revitalizes muscles and joints | Promotes blood circulation | Therapeutic after sports activities and for muscle and joint problems



FACE



NATURE OF MEN

BY PHARMOS NATUR

Perfect care for men's skin |
Cell renewal and regeneration |
Revitalization | Soothes irritation



DETOX - FACE

BY PHARMOS NATUR

Cleansing | Activates lymph
flow | Strengthens the
connective tissue | For all
skin types – particularly
adapt for stressed skin
and for couperose



LOVE YOUR AGE - FACE

BY PHARMOS NATUR

Intensive regeneration for the
face including a pampering back
ritual | Wrinkle smoothing |
Rejuvenation for mature skin
in need of regeneration



BIOLIFTING - FACE

BY PHARMOS NATUR

Stimulate collagen production |
Treatment with nutrients |
Natural lifting for tired and
loose skin | Deeply hydrating



BOOKABLE WITH EVERY FACE TREATMENT

Upon request and charge:

- Eyebrow grooming
- Eyelash dye
- Eyebrow dye

STRESS RELEASE - FACE

BY PHARMOS NATUR

Relaxation for skin and soul |
Soothes irritations and restless,
irritated skin | Restores radiance
and firmness | Signs of stress and
tension fade away



QUICKSTEP - FACE

BY PHARMOS NATUR

For every skin type, even the
most sensitive skin | Essential
care with cleansing and peeling |
Facial massage





BODY



STRESS AWAY - BODY

BY PHARMOS NATUR

Deep relaxation | Recharge your batteries | Stress management and relaxation | Let go of stress through head, arms and legs

 HARMONY  RELEASE

DETOX BODY

BY PHARMOS NATUR

Cleansing | Activates lymph flow | Strengthens the connective tissue for general tissue cleansing | For congestion and heavy legs | For cellulite | For abdomen, legs and arms

 RELEASE  CLARITY

LOVE YOUR AGE - BODY

BY PHARMOS NATUR

Intensively nourishing and rejuvenating body treatment | Pure plant power | Skin-firming | Activates skin renewal

 HARMONY  ENERGY

LOVE YOUR AGE - BODY SCRUB

BY PHARMOS NATUR

Herbal scrub with precious regenerating herbs | Stimulates metabolism | Firms and revitalizes skin and tissue

 HARMONY  ENERGY  CLARITY

SKIN ENHANCER

Full body scrub | Base salt from Upper Austria | Flushes out acids | Increases well-being | Velvety skin feeling

 ENERGY  HARMONY  CLARITY



BEAUTY



BOOKABLE
FOR EVERY
HAND & FOOT
TREATMENT

ALESSANDRO
- coloured varnish

MANICURE CLASSIC

Nail shaping | Treatment
of cuticles | Manicure
with massage

VELVETY LIKE SILK

Manicure | Hand exfoliation |
Hand wrap | Hand massage |
Hands as soft as velvet

PEDICURE CLASSIC

Foot bath | Heals bruises |
Nail shaping | Gentle
foot massage

LIKE ON CLOUDS

Pedicure | Foot exfoliation |
Foot wrap | Foot massage |
Soft and well-groomed feet



Pharmos Natur Power of Sacred Plants

Green Luxury cosmetics for health, beauty and joie de vivre, inspired by the unique potential of mother nature. Pharmos Natur uses highly valued plants with medicinal and rejuvenating properties from all over the world and combines the complex active ingredients in a sophisticated way. All active ingredients are adaptogenic, which means they know where and how to work best.

The SACRED PLANTS are processed carefully and holistically. Their rich active ingredients, intense light energy and strong vibrations are contained in the valuable care products. What's special about them is the use of ingredient- rich Aloe Vera instead of water, without the addition of alcohol and without classic preservatives.

SPA ETIQUETTE



Guarantee your desired treatment before arrival.



To avoid fees, please cancel treatments by 4 p.m. the day before.



Allow yourself time and arrive 10 minutes before your treatment.



Please wear swimwear in the pool area and abstain from clothes in the sauna area.



Please come to your treatment dressed in a bathrobe.



Be considerate of guests looking for peace and calm and respect the mobile phone ban.



Do not reserve loungers.



Treatment time is the total time from your pickup from the SPA desk to the time the therapist says goodbye. Before your treatment we will ask you about your wishes and will be happy to advise you.



Please tell us about any health concerns, illnesses or allergies in advance. If pregnant, please consult with your doctor.



It is best to store jewellery and valuables in your room safe.



Give the gift of time to your loved ones with vouchers for our SPA.