www.picapau.co.za 071 3600 761

PICAPAU CELEBRATE LIFE AND GOOD FOOD









100% PURE BEER, 100% PURE BEEF THE PERFECT COMBO

T-BONE 350G

served with your choice of veg or rice or chips + Windhoek Draught 500ml

DRINK RESPONSIBLY. NOT FOR PERSONS UNDER THE AGE OF 18.



R130 rice or chips



MAURITUS Reason on earth

With its volcanic origin, the island of Mauritius is the perfect getaway for the adventurous soul!

Vibrant Mauritius, a volcanic island surrounded by the warm waters of the Indian Ocean is a paradise for sun, beach, water sport and cultural enthusiasts. Mauritius is known as the 'Pearl of the Indian Ocean'. Even more than the natural beauty of Mauritius, it is the people of Mauritius, that really make this one of the most wonderful places in the world. So who exactly are the Mauritians? There is no single answer as there are many different ethnic and cultural backgrounds.

Q & A with Pica Pau owners, George and Franci Arraiol who love to spend time on this wonderful island.

What is your favourite region in Mauritius?

Franci: Definitely the region of Grande Baie. It's the perfect spot if you want to enjoy the beach, sun and some of the best local cuisine!

Which restaurant would you recommend for any future Mauritius travellers?

George: The Beach House in Grande Baie, Cameron Rouge in Mont Choisy and Lagolosona in Trou Aux Biches.

How do you like to spend your time when you're there?

Franci: Exploring all the local spots and taking in the breathtaking views.

When will you be visiting Mauritius again? George:

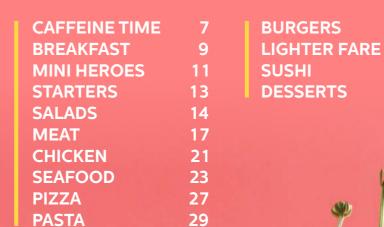
We love to go whenever our busy schedule allows us to travel.

What makes Mauritius such a special place? George: The people are really friendly.

Franci: The fact that Mauritius has volcanic origin, means that the beach views are mesmerizing! You see volcanic black rocks on the pristine, white, sandy beaches contrasting against the crystal clear, sparkling blue ocean. What a sight!

CONTENTS

ty walk you through our menu





31 ARE 33 35 37

WHITE WINE 41 ROSÉ 42 43 VINHOS 45 **RED WINE** 48 **SHOOTERS** MOCKTAILS 48 49 GIN 51 COCKTAILS COGNAC 52 **BUBBLES** 53

TASTE COMES

🖒 +27 (0)10 140 4200 📔 😨 106 Richards Drive, Midrand



Bring your beverage dreams to life

FORZ

POWERFUL

the designer drink CO.

Tel: +27 (0)11 608 0607 | www.slo-jo.co.za f SloJo | @ @slojo_designerdrinks

SLOJO



BREAKEAST Shakshuka

SHAKSHUKA

R99

three eggs poached in a perfectly-spiced vegetarian stew of tomatoes, diced onions, turmeric, smoked paprika, cumin, garlic, peppers and served with brown bread fingers.



ALLGEMEINE

R69

two eggs, three rashers of bacon, grilled tomato, chips and toast

BANANA OATS -NEW-R45 hot oats and banana with a light drizzle of honey

BEBÊ BREAKFAST R39 one egg, two rashers of bacon, grilled tomato and toast

CHEESE GRILLER BREAKFAST **R89** two eggs, three rashers of bacon, grilled tomato, cheese griller, chips and toast

FRANCO BREAKFAST R85 two eggs, three rashers of bacon, grilled tomato, frankfurter, chips and toast

GEZONDHEID BREAKFAST R69 muesli, yogurt and fresh fruit

HAKKE PÅ TOAST R49 mince, scrambled eggs and cheese on toast

HAMBURGUESA PICA PAU **R99** beef patty topped with an egg, served with three rashers of bacon, grilled tomato, chips and toast

SAY IT: "um-bor-gésa!"

BREAKFAST PIZZA

TOCINO BREAKFAST PIZZA REGULAR R79 / LARGE R99

scrambled eggs, cubed bacon, cherry tomato, mushrooms, basil, napoletana base topped with mozzarella cheese

NEW SALMON BENEDICT

R119

SALMON BENEDICT

salmon, two poached eggs, avo (seasonal), hollandaise sauce, cream cheese and toast

onion, tomato	
PAIN PERDU french toast served with bacon and syrup	R66
PAIN PERDU BANANA -NEW-	R69
french toast served with banana, bacon, syrup and a sprinkle of cinnamon	
SMASHED AVOCADO TOAST smashed avo (seasonal), feta, lemon, cherry tomato and egg on toast	R59
THE BENEDICT two poached eggs, hollandaise sauce, three rashers of bacon and toast	R89
THE WHOLE GROOVY HOG two eggs, three rashers of bacon, grilled toma	R89 ato,

pork sausage and toast

HOW DO YOU LIKE YOUR EGGS?

- * SCRAMBLED
- * BOILED
- * **FRIED:** sunny-side up, over-easy, medium, hard
- * **POACHED:** soft, medium, hard



OMELETTE DE VOTRE CHOIX

three-egg omelette served with grilled tomato and toast

OMELETTE FILLINGS EACH

cheese chicken ham mince mushroom

R65

Kiddies meals HEROES

013

0

R59 EACH

YUMMY MEALS

BACON, MAC & CHEESE creamy bacon & cheese pasta

BEEF MINI HERO BURGER served with chips & tomato sauce

CHICKEN STRIPS crumbed chicken strips served with chips

FISH FINGERS served with chips

PICA NINI KIP pizza with chicken & mushroom

PICA NINI PIÑA pizza with ham & pineapple

SPAGHETTI BOLOGNESE minced beef with napoletana sauce

STICKY RIBS served with chips



CHILDREN UP TO TWELVE YEARS ONLY.



SWEET TREATS

BABYCCINO

R13 warm milk frothed up with steam and a sprinkle of cocoa powder

DESSERT PIZZA -NEW- bambino pizza with nutella and marshmallows	R55
FRED FREAKY SHAKE bubblegum milkshake topped with jelly tots, peppermint crisp, marshmallows and oreo biscuits	R35
ICE CREAM & CHOCOLATE SAUCE ice cream drizzled with chocolate sauce	R39
	5

EISCED SIARED

Mussel

MUSSEL POT slow cooked mussels in a creamy white wine and garlic sauce served with ciabatta bread

R99

Good food, good times!

CAMARÃO R98 avocado (seasonal), prawns on a bed of lettuce, topped with a drizzling of our unique cocktail sauce

ESCARGOTS creamy garlic snails served with ciabatta bread

ESCARGOTS DE PÂTISSERIE -NEW- R

snails in phyllo pastry cups, served with creamy garlic sauce and ciabatta bread

ESPÁRRAGOS crumbed deep-fried asparagus drizzled with cheese sauce

FOCACCIA AGLIO garlic based pizza fresh from the pizza oven

FOCACCIA ERBE herb based pizza fresh from the pizza oven

FORMAGGIO garlic based pizza with melted mozzarella cheese fresh from the pizza oven

FRIGADOS DE FRANGO chicken livers in a creamy tomato, garlic and peri-peri sauce served with ciabatta bread

GEGRILDE CALAMARI grilled calamari and squid heads served on a bed of rice with lemon butter or peri-peri sauce

PICA PAU PRAWN TAILS

ine RI

deshelled prawn tails in a creamy white wine and garlic sauce topped with mozzarella cheese and served with ciabatta bread

SALMON CARPACCIO -NEW- R119

cold salmon with capers, red onion, fresh lemon juice, grainy mustard and mayonaise

BUFFALO WINGS R85 four chicken wings grilled and coated with our delicious sticky barbecue, peri-peri or lemon and herb sauce

- R98 ce R89 R89 R89 R89
- R49 R69
- R85
- R95
- R105



SUMANER SALADS

Farmeresh

AVO CROSTINI bacon pieces, avo (seasonal), lettuce, tomato, cucumber, onion, peppers and croutons	R90
BEETROOT SALAD roasted beetroot served with feta cheese and cashew nuts	R80
BILTONG & STRAWBERRY SALAD sliced biltong, greens, avo (seasonal) & strawberries (seasonal)	R105
GREEK XAAATA olives, feta, tomato, onion, cucumber, lettuce and peppers	R80
INSALATA DI POLLO strips of chicken breast, tomato, lettuce, cucumber, onion and peppers	R85
INSALATA FRANCESE lettuce, tomato, onion, cucumber and peppers	R55
PORTUGUESE SALADA tuna, boiled egg, butter beans, carrots, tomato, onion, lettuce and peppers	R95
SALMON AVOCADO SALAD -NEW-	R135
salmon avo (seasonal) boiled egg cucumber cherry	

salmon, avo (seasonal), boiled egg, cucumber, cherry tomatoes, red onion, capers and leafy greens

Hawaiian

HAWAIIAN CHICKEN SALAD -NEW- R89 strips of chicken breast, grilled pineapple rings, greens, avo (seasonal), onion and tomato



EISBEIN R165 baked in our wood-burning pizza oven, then deep-fried till crispy, served with sauerkraut

ESPETADA 300G R159 rump cubes grilled and spiced the Portuguese way

LAMB SHANK Slowly baked in the pizza oven, served on a bed of fettuccine SQ

PORK BELLYR155baked in the pizza oven, then deep-friedtill crispy, finished off with a honey andmustard glaze

WE'VE GOT NOTHING TO HIDE SO THE SAUCE IS ON THE SIDE!

SIDES	
BAKED POTATO	R20
CHIPS	R20
MASH	R20
SIDE SALAD	R20
RICE	R20
VEGETABLES	R20

NEW GREEN PEPPERCORN STEAK

GREEN PEPPERCORN FILLET -NI 250g beef fillet, with creamy green pe sauce, topped with stir-fried vegetab

RIBS SINGLE RACK RIBS DOUBLE RACK

FILLET 250G RUMP 300G RUMP JALAPEÑO 300G SIRLOIN 250G

MR T 500G

The distinguishing feature of the t-bone steak is the specific bone forming the letter "T". On the one side of the bone you have fillet steak and rump steak on the other.

> SAUCES CHEESE CREAMY GARLIC MONKEY GLAND MUSHROOM

PEPPER

IEW- SQ Deppercorn bles	

SQ R159 R169 R149



R25 R25

R20

R25

R25

SQ SQ

UNLOCK NEXT LEVEL LIVING GO ON DREAM GETAWAYS

Vacay whenever, wherever! Endless choices from 10,000+ Luxury SA Resorts and 500,000+ International Resorts.

PLUS

Get discounts on Dining & Coffee, Movies, Spa treatments, Cruises, Tours & more. Save thousands of Rands and live the life you've been dreaming of...today!

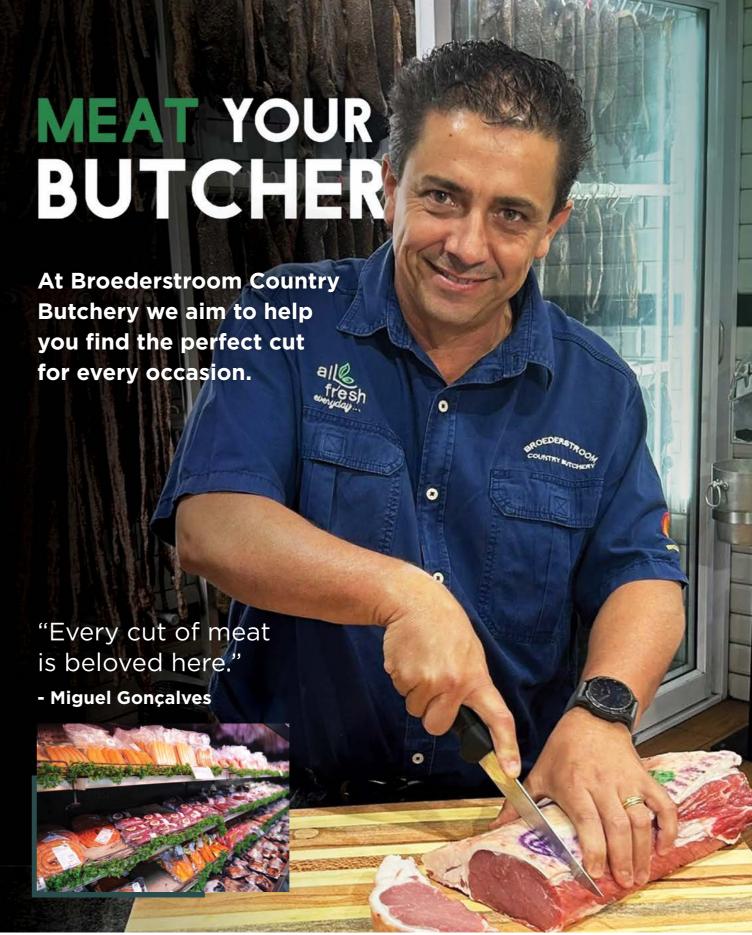


Visit the First Leisure office at Magalies Park to find out more. Ts & Cs apply.

WITH FIRST-PLUS

You can get up to

your meal @ Pica Pau and at over 2,000 restaurants countrywide.



082 455 7376 / 012-205 1120 012-205 1012 / VOX 012-001 3700

Broederstroom Shopping Centre, Broederstroom, Hartbeespoort

Visit the First Leisure office at Magalies Park to find out more. Ts & Cs apply.







2 PORTUGUESE Wednesday special



% PORTION PORTUGUESE FLATTY R130

Portuguese flatty baked in the pizza oven, then grilled with peri-peri or lemon and herb basting.

Served with your choice of veg or rice or chips + Heineken Draught 500ml

PROUDLY SPONSORED BY HEINEKEN



CHICKEN CORDON BLEU chicken breast filled with ham and cheese, served with your choice of mushroom or pepper sauce

CHICKEN SCHNITZEL crumbed chicken breast served with cheese sauce

CHICKEN STACK two grilled chicken breasts stacked between an exc sauce topped with a fried egg

CURRY HÄHNCHENBRUST chicken breast topped with a creamy curry sauce, s

PICCOLO POLLO chicken breast topped with a creamy ham and mus of fettuccine

PORTUGUESE FLATTY

Portuguese flatty baked in the pizza oven, then grilled with peri-peri or lemon and herb basting

SIDES

BAKED POTATO CHIPS MASH SIDESALAD RICE VEGETABLES

R20 R20

R20

R20 R20

R20

W Marelong DRINK RESPONSIBLY. NOT FOR PERSONS UNDER THE AGE OF 18.

	R129
quisite spicy prawn and chouriço	R149
served on a bed of fettuccine	R129
shroom sauce, served on a bed	R129

R135

HALF R99 / WHOLE R159

Grilled to perfection

OCEAN FRESH

Scapood Platter

FOR ONE R296 | FOR TWO R549 fish, mussels, calamari and prawns served on a bed of rice with your choice of peri-peri or lemon butter sauce

CALAMARES A LA PLANCHA

tender grilled calamari and squid heads, served with your choice of peri-peri or lemon butter sauce, served on a bed of rice

CAMARÃO NACIONAL

twelve Mozambican style beer-battered prawns served on a bed of rice

CURRY GAMBERI deshelled prawns in a creamy curry sauce on a b

KING PRAWNS six butterflied king prawns, served with rice and butter sauce, served on a bed of rice

LINE FISH OF THE DAY served with lemon butter sauce

PRAWN & CHICKEN ESPETADA

prawns, skinless chicken breast, pineapple and p

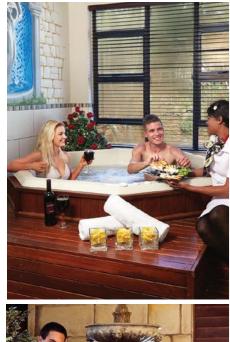
SIDES

BAKED POTATO	R20
CHIPS	R20
MASH	R20
SIDESALAD	R20
RICE	R20
VEGETABLES	R20

-NEW-	SQ
, spiced with paprika, chilli and garlic ,	
ped of rice	R169
your choice of peri-peri or lemon	SQ
	R149
-NEW-	SQ
peppers on a skewer, served with rice	

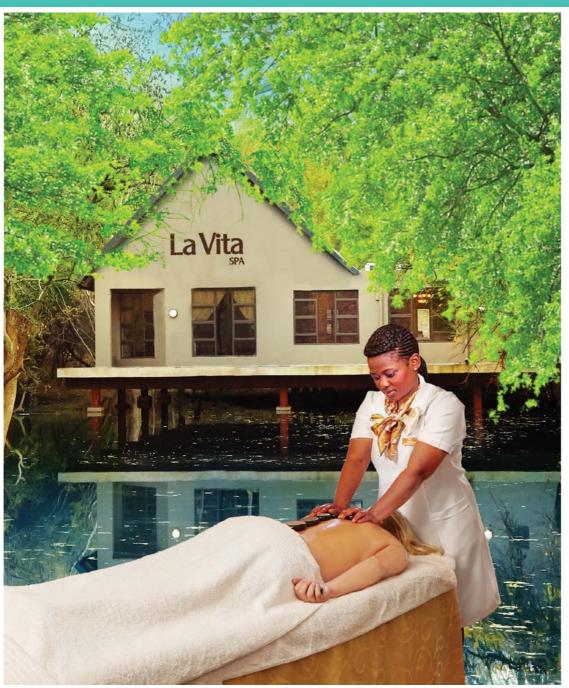
Magalies Park On Site Spa

Treatment Menu









Come spoil yourself at our on-site La Vita Spa. We offer a wide range of luxurious treatments designed for individuals, couples and children. Enjoy a 50min hydro session for R100pp which includes use of the Jacuzzi, Sauna and Steam room.





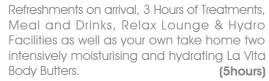


Refreshments on arrival, 4.5 Hours of Treatments, Meal and Drinks, Relax Lounge & Hydro Facilities as well as your own take home La Vita Cleansing Toner (250ml), La Vita Intelligent Ageing Range Day Cream (100ml) & La Vita Intelligent Ageing Range Night Cream (100ml).

Half Day Package

La Vita Body Butter (250gr).

Couples Day Package



Sunset Package

Full Body Hot Stone Massage, Super Extraction Facial, Venetian Hands & Feet, Meal & Drinks. (4hr20min)

Heavenly for Him

Back Exfoliation, Steam & Extraction, Destress Back Massage, Foot Exfoliation, Soothing Foot Massage, Meal & Drinks. (2hr40min)

Treatments

Body Treatments

R550 Hands & Feet Deluxe (50min) Back Rejuvenation (50min) R600 Full Body Exfoliation (50min) R600 Pride of Italy Exfoliation & Massage (1hr40min) R1000

Luxurious Massages

Indian Head Massage (50min)	R550
Destress Back & Foot Massage (50min)	R600
Roman Royalty Swedish Massage (50min)	R600
Aromatherapy Full Body Massage (50min)	R660
Hot Stone Full Body Massage (50min)	R790
Couples Full Body Massage (50min)	R1150

Exotic Facials

Classic Soothing Facial (50min)	
Majestic Milanese Facial (50min)	
Super Extraction Facial (50min)	
Ultimate Anti-Ageing Facial (50min)	

2 012 207 9000 / 063 333 2125 www.lavitaspas.com

La Vita

Open Daily 8am to 10pm

Spa Spa Spa Spa 50

R600

R790 R850 R850

Exter Cellu Non-Swiss

Pamper Packages

R1395

Refreshments on arrival, 2,5 Hours of Treatments, Meal and Drinks, Relax Lounge & Hydro Facilities as well as your own take home La Vita Cleansing Toner (250ml) & (4hours)

R2095

(7hours)

R2495

(5hours)

R1800

R1350

Girlfriends Package

R1450

R1800

R2900

Spa Paraffin Manicure, Spa Paraffin Pedicure, Soothing Foot Massage, Indian Head Massage, Meal & Drinks. (4hr50min)

R1590 Mother & Daughter Bonding

Venetian Hands & Feet, Classic Soothing Facial, Aromatherapy Full Body Massage, Meal & Drinks. (3hr20min)

Mona Lisa

Classic Soothing Facial, Indian Head Massage, Meal & Drinks as well as your own take home La Vita Classic Range Cleanser, Toner & Moisturiser. (2hr30min)

Ultimate Indulgence

Majestic Milanese Facial, Hot Stone Full Body Massage, Indian Head Massage, Spa Paraffin Manicure & Pedicure, Soothing Foot Massage, Meal & Drinks, a jar of Signature Dead Sea Peel-Off Mask & a choice of one La Vita Classic Range facial product. (7hours)

Sicilian Body Shot

Foot Massage, Full Body Massage, Head Massage, Meal & Drinks. (3hours)

Couples Paradise

Roman Rovaltv Swedish Massaae, Ultimate Anti-Aging Facial, Foot Exfoliation & Massage, Indian Head Massage, a bottle of sparkling wine, Meal & Drinks. (4hr40min)

R260

R350

Manicures & Pedicures

Spa Manicure (50min)	R350
Spa Pedicure (50min)	R350
Spa Paraffin Manicure (80min)	R440
Spa Paraffin Pedicure (80min)	R440
Venetian Hands & Feet (80min)	R440

Fabulous Gel/Acrylic Nails

Overlays - Hands or Toes (50min)	
Extensions - French or colour (80min)	

Specialised Treatments

ulite Reversal Treatment (50min)	R600
n-surgical Face Lift (50min)	R820
s Body Wrap (50min)	R500

*Waxing, Tinting & Kiddies Menu Available







R1350



CALZONE ANY OF THE PIZZAS FOLDED - ALLOW 15 MINUTES EXTRA COOKING TIME



AVO GAMBERI R prawn meat and avo (seasonal)

AVO PICCANTE R105 R125 seasoned chicken and avo (seasonal)

CAPRESE R116 R136 cherry tomatoes, fresh basil, olives, mozzarella with basil pesto

CARNE DE PORCOR105R125pork fillet, ham, mushrooms and garlic

CHOURIÇO SALCHICHA R99 R129 chouriço sausage, onion, garlic and chillies

CURRY KIPR99R129curried chicken, chutney, pineapple and banana

FRANGO MAIONESER95R115chicken, mayonaise and cherry tomatoes

HÜHNERLEBERR89R109chicken livers, onion, peppers, chillies and garlic

MARGHERITAR69R89classic napoletana base and mozzarella cheese

MIRISCO R115 R140 mussels, prawns and calamari

MISS PIGGY R119 R139 pork belly, grilled pineapple and parsley

NEW SALMON PIZZA

SALMON PIZZA REGULAR R129 | LARGE R149 salmon, capers, red onion, garlic, avo (seasonal) and cream cheese

OBERST FLEISCH mince, ham, salami, olives and onions	REGULAR I R139 s, garlic, pepper	R159
PANCETTA BANANA bacon and banana	R95	R125
PIÑA ham and pineapple	R90	R110
POLLO ESPINACA chicken strips, feta, spinac	R115 th and avo (sea	R135 sonal)
REGINA ham and mushroom	R89	R109
SALAME E CIPOLLE salami, onions and olives	R99	R119
SICILIANA anchovies and olives	R91	R108
SQUISITO bacon, feta, spinach and a	R119 avo (seasonal)	R139
TRINCHADO cubed rump, onion, green our homemade trinchado		s and
TRITI CHILLI mince, onion, peppers an	R99 d chilli	R119

VEGETARIANOR109R129mushrooms, peppers, artichoke and asparagus





PASTA SERVED WITH YOUR CHOICE O

ALFREDO the traditional creamy ham and mushroom pasta

BASIL PESTO pasta tossed with fresh basil pesto

BOLOGNESE the old favourite - pure minced beef with a napol

NAPOLITANA traditional tomato and herb sauce

PANCETTA SPINACI spinach and bacon bits in a rich creamy sauce

PASTA DE GAMBAS prawn meat in a creamy garlic and wine sauce

PASTA MARISCO trio of seafood with calamari, mussels and prawn

PATRÃO FAVOURITE chicken strips, pesto, garlic, parsley and olive oil

POLLO E FUNGHI chicken strips in a creamy mushroom sauce

SALMON PASTA salmon and avo (seasonal) in a creamy lemon sauce

OVEN BAKED

CREAMY ARRABIATA creamy tomato with chilli and garlic

CREMA DI FUNGI creamy mushroom sauce complemented with you

MAC & CHEESE creamy bacon and cheese pasta baked in the pizz

MARISCOS HORNEAR baked trio of calamari, mussels and prawns in a cr

PORCO pork fillet strips in a creamy red wine and chilli sau

LASAGNE GALINHA layers of lasagne, chicken, mozzarella and mushro

LASAGNE PICADA layers of lasagne, minced beef, mozzarella and creamy tomato sauce, baked in the pizza oven

OF FETTUCCINE, PENNE OR SPAGHE	TTI
A	R119
	R79
oletana sauce	R109
	R79
	R109
	R139
ns in a creamy napoletana sauce	R149
HALF R79 FULL	R129
	R129

R139 -NEW-



OUR OVEN BAKED PASTAS ARE TOPPED WITH A GENEROUS SPRINKLING OF MOZZARELLA AND FINISHED OFF IN THE WOOD-BURNING OVEN

	R99
our choice of bacon or ham or chicken	R129
zza oven	R109
creamy napoletana sauce	R149
	R119
	R119
oom, baked in the pizza oven	R129



ALL BURGERS ARE SERVED W

BACON & BANANA BURGER

BACON & CHEESE BURGER

BEEF BURGER

CHEESE BURGER

CHEESE & EGG BURGER

CHICKEN BURGER

CHICKEN & CHEESE BURGER

HAWAIIAN BURGER

JALAPEÑO, BACON & CHEESE BURGER

MUSHROOM BURGER

NAKED 'NO-BUN' BURGER topped with feta and cherry tomatoes



ITH A S	SIDE P	PORTIO	F CH	IPS
				R99
				R105
				R90
				R99
				R105
				R89
				R99
				R99
ર				R125
				R99
	- NEW	/-		R79

SOMETHING LIGHTER

CHIPS SMALL

PLAIN
GARLIC AND CHILLI
CHEESE
CHEESE, GARLIC & CHILLI

CHIPS LARGE

R28 R39 R39 R50

먹	PLAIN	R39
	GARLIC AND CHILLI	R49
3	CHEESE	R49
	CHEESE, GARLIC & CHILLI	R59

BUCKETT OF BONES-POPULAR-R119slow cooked pork ribs, chicken wings and chips

CHEESE GRILLER & CHIPS	R70
CHEESE GRILLER HOTDOG & CHIPS	R79
CRÊPE A LA FLORENTINA filled with creamed spinach and feta	R89
CRUMBED CHICKEN STRIPS & CHIP served with a creamy cheese sauce	S R89
FISH & CHIPS	R119
FRANK & CHIPS boiled or deep fried	R69
FRANK HOTDOG & CHIPS boiled or deep fried	R75
GOLFERS STEAK ROLL & CHIPS	R85
PREGO ROLL BEEF	R90
PREGO ROLL CHICKEN	R90
RUSSIAN & CHIPS	R70
RUSSIAN HOTDOG & CHIPS	R75
STEAK, EGG & CHIPS	R95
TRINCHADO -POPULAR-	R95

cubed rump served in our homemade trinchado sauce the "porra" way

TOASTED SARMIES

BACON	R42
BACON & CHEESE	R48
BACON & EGG	R55
BACON, EGG & CHEESE	R56
CHEESE	R39
CHEESE & EGG	R46
CHEESE & HAM	R49
CHEESE & TOMATO	R42
CHICKEN & MAYO	R55
EGG	R41
HAM & TOMATO	R46
HAM, CHEESE & TOMATO	R53
MINCE & CHEESE	R53

DELECTABLE PLATTERS

FOR TWO FOR FOUR

R208 R399

R50

R79

R79

crumbed prawns, chicken pops, fish bites, meatballs, russian flowers, sweet chilli sauce and chips

DELICIOUS SPUDS TOPPED WITH CHEDDAR CHEESE

AVO FILLING	R17
BACON FILLING	R17
CREAM SPINACH FILLING	R17
FETA FILLING	R17
MINCE FILLING	R17
MOZZARELLA FILLING	R17

NACHOS

CHICKEN NACHOS R79 crunchy corn tortillas topped with shredded chicken, cheese, salsa and our signature pica-peri jalapeño sauce

MINCED BEEF NACHOS

crunchy corn tortillas topped with minced beef, black beans, cheese, salsa and our signature pica-peri jalapeño sauce

PORK BELLY NACHOS

crunchy corn tortillas topped with pork, cheese, salsa and our signature pica-peri jalapeño sauce



SUSH Servey the best

CALIFORNIA ROLLS SALMON PRAWN CRAB AVO AND CUCUMBER	8 PCS R80 R80 R80 R70	4 PCS R60 R60 R60 R50
CRISPY ROLLS avo, cheese & cucumber	8 PCS	4 PCS
SALMON PRAWN VEG	R105 R105 R85	
FASHION SANDWICHES SALMON	8 PCS R95	4 PCS R75
PRAWN CRAB	R95 R95	
AVO AND CUCUMBER	R80	R60
HAND ROLLS SALMON		1 PC R75
PRAWN AVO & CUCUMBER		R75 R65
MAKI SALMON		6 PCS R75
PRAWN AVO		R75 R75 R60
CUCUMBER		R60 R60
NIGIRI SALMON PRAWN		4 PCS R90 R90
PHILADELPHIA PHILADELPHIA ROLLS	8 PCS R110	4 PCS R90
RAINBOW ROLLS SALMON PRAWN	8 PCS R110 R110	4 PCS R90 R90
ROCKET SHRIMP		4 PCS
salmon california with rock shri ROCK SHRIMP	mp R135	R115
ROSES SALMON ROSE		4 PCS R75
112		



SALAD SUSHI SALAD

avo, cucumber, white rice, salmon, tempura prawn, sea-weed, teriyaki, spicy mayo & cashew nuts

SASHIMI

SALMON SASHIMI

TEMPURA TEMPURA PRAWNS

8 PCS 4 PCS R110 R90

WEST ROLLS
WEST ROLL PRAWN
prawn, salmon, avo & cucumber WEST ROLL CRAB crab, salmon, avo & cucumber

MINI COMBO

9 PCS

R190 4 Pcs Salmon California 4 Pcs Prawn Fashion 1 Prawn Hand Roll

PRAWN COMBO 22 PCS R395

6 Pcs Prawn Maki Roll 4 Pcs Prawn Fashion 4 Pcs Prawn Nigiri 4 Pcs Rocket Shrimp

4 Pcs Tempura Prawns

SALMON COMBO 16 PCS R200

8 Pcs Salmon California 4 Pcs Salmon Sashimi 4 Pcs Salmon Nigiri

VEG COMBO

19 PCS

R220

4 Pcs Vegetable Fashion

8 Pcs Vegetable California Roll

- 6 Pcs Avo Maki
- 1 Pc Vegetable Hand Roll

PICAPAU COMBO

R495

40 PCS 6 Pcs Avocado Maki Roll

- 6 Pcs Prawn Maki Roll
- 4 Pcs Salmon Rainbow Roll
- 8 Pcs Prawn Fashion
- 8 Pcs Crab Fashion
- 4 Pcs Salmon Rose
- 4 Pcs Salmon Sashimi









R135

4 PCS

6 PCS R95

R95

DESSERT guilty genomes

PASSIONATE LEMON CHEESCAKE R59

a heavenly match of passion fruit and lemon cheesecake made with whirls of lemon curd, layered over a golden gingerbread crumble base and topped with a delicious granadilla and lemon fruit coulis.

BANANA & NUTELLA PANCAKE

caramelized banana wrapped in a pancake, drizzl with cream or ice cream

BAR-ONE PANCAKE bar-one chocolate wrapped in a pancake, drizzle

CINNAMON PANCAKES two cinnamon and sugar pancakes, served with ic

DECADENT CHOCOLATE MOUSSE rich belgian chocolate mousse served in a sugar c

DRUNKEN CHERRIES warm black cherries smothered in brandy sauce s

FRUIT SALAD served with ice cream or cream

GELATI ice cream and chocolate sauce

MALVA PUDDING served with custard or ice cream

WAFFLE served with syrup, cream or ice cream

WAFFLE BANANA waffle topped with banana and served with syrup

WAFFLE BAR-ONE waffle topped with a bar-one chocolate and serve

WAFFLE NUTELLA & OREO waffle topped with nutella, strawberries and oreo

WAFFLE STRAWBERRY waffle topped with strawberries and served with

Count the memories, not the calories...

-NEW-	R75
zled with nutella chocolate spread, served	
ed with a toffee sauce, served with ice cream	R69
ce cream	R45
cone, dipped in chocolate sauce	R69
served over vanilla ice cream	R75
	R59
	R49
-NEW-	R60
	R50
	R59
p, cream or ice cream	722
ved with syrup, cream or ice cream	R69
p pieces with syrup, cream or ice cream	R75
surup, croom or ico croom	R69
syrup, cream or ice cream	





Dormehl Phalane[™] **PROPERTY GROUP / HARTBEESPOORT DAM**



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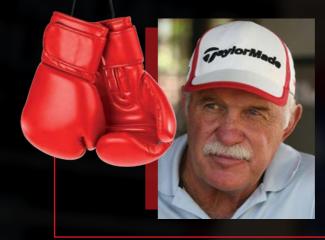
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PRIZES TO BE WON

allie started up his farmstall **"Die Bek"**, in 1981 after his retirement from the professional boxing ring. Fresh produce is sourced from the Tshwane Market and the business has come a long way since the early days of delivering to customers with a pickup truck and a supermarket trolley. "Die Bek" is renowned not only for the fresh vegetables and fruit but also for the tasty chilli bites, biltong and "droë wors" on sale.

"Die Bek se Padstal" is on the R513 road between Pretoria North and Brits; Off-ramp 102, De Wildt.

012-504 1694 elizeknoetze@webmail.co.za

His wine 'e clock somewhere...

DRY

HOUSE WINE

250ML R45

DROSTDY HOF PREMIER GRAND CRU

This is a young, fresh, dry white wine. **ROBERTSON CHAPEL WHITE 500ML R69**

A youthful, fragrantly refreshing dry blend, with tropical salad flavours that linger to a crisp clean finish.

CHARDONNAY

DE WETSHOF LIMESTONE HILL

Heavy clay soils rich in limestone allow this un-wooded Chardonnay to emit optimum varietal expression in a cloak of rich complexity.

DIEMERSDAL UNWOODED

This fashionable wine balances concentrated spicy aromas with fresh fruit flavours. The nose is elegant, with the richness of the fruit enhanced by apple and sweet melon aromas.

CHARDONNAY PINOT NOIR HAUTE CABRIÈRE

An abundance of white peach, citrus, lychee and red fruit on the nose.

CHENIN BLANC **BABYLONSTOREN**

A crisp and refreshing wine with lovely guava and melon flavours for the hot summer months. Best enjoyed with salads or just for sipping while watching the sunset.

KEN FORRESTER PETIT

Perfect everyday drinking wine. Earlier picked freshness shows on palate with crunchy green apple and grapefruit flavours.

SAUVIGNON BLANC

LA MOTTE

With its natural acidity and acute texture, the La Motte Sauvignon Blanc pairs beautifully with seafood, light pastas and spicy dishes.

SPRINGFIELD LIFE FROM STONE

incredibly rocky soils in which it is grown. Springfield Life from Stone Sauvignon Blanc has a flinty, blackpowder nose with a mineral palate, which becomes more pronounced with age.

WHITE BLENDS

BUITENVERWACHTING BUITEN BLANC R185

This full bodied Sauvignon Blanc based blend offers a variation of fruit characters including ripe gooseberry, green peppers, green melon and hints of tropical fruit.

GRAÇA WHITE

Lively-coloured with flashes of green, a touch of asparagus on the nose and crisp, lemony, off-dry flavours.

R195

R215

R109

SEMI &

HOUSE WINES

OVERMEER STEIN 250ML

ROBERTSON CHAPEL

500ML **R69**

R45

SWEET WHITE A refreshing sweet wine, with tropical fruit flavours for everyday enjoyment.

STEIN

NEDERBURG CLASSIC STEIN R119

Abundant aromas of yellow peach, golden delicious apple and apricot. Semi-sweet with fresh fruit flavours and a pleasant finish.

R210

R199

R195

R229





Stop and POC

HOUSE WINES DROSTDY HOF NATURAL SWEET ROSÉ

DROSTDY HOF NATURAL SWEET ROSÉ

A light and fruity rose-pink wine embodying the fresh fruity fragrances of strawberries, cherries and plums. Pairs well with a blanket on the grass, a sunny afternoon and a basket full of snacks.

ROBERTSON CHAPEL SWEET ROSÉ

Loads of ripe red fruit flavours and a sweet palate make this a popular choice for those who prefer their wines a little less edgy.

DRY ROSÉ

BABYLONSTOREN MOURVÈDRE ROSÉ

An elegant, dry wine of a sophisticated salmon colour and delicious hints of raspberries and rose petals. A single sip leads to the delightful discovery of crushed pomegranate, the sweet freshness of watermelon and a subtle punch of acidity. With its face to the sun and its feet in the water, this witty cultivar will spark the creative senses and leave you with a lingering mouthfeel.

BON COURAGE LADY OF THE HOUSE PINOTAGE ROSÉ

Strawberry flavours early in the mouth with a lingering aftertaste of candy floss.

R195

R135

250ML R45

750ML R99

500ML R69

VINHO BRANCO

GAZELA VINHO VERDE

Gazela is produced at Quinta de Azevedo wine centre, a splendid estate owned by Sogrape Vinhos near Barcelos, in the Vinho Verde Region in Portugal. It's a light and refreshing wine that brings joy and relaxation to all moments of conviviality around a table. And every party, meal or gathering is a unique opportunity to celebrate life!

We love its lively acidity, low sugar, at about 0.2 grams residual sugar (RS) per glass (1.2g/L), and low alcohol typically between 9-11%. Outstanding low calorie solution for wine!

CASAL GARCIA VINHO VERDE

This wine is produced with carefully selected grapes from the best vineyards of the Vinhos Verdes Region – the most extensive in Portugal. Presents a lime juice colour and a clear appearance. This is a smooth and fresh wine with a delicate and fruity aroma, young and balanced.

Casal Garcia is a 70 year old brand produced by Aveleda and is easily identified by its blue label, which represents one of the magnificent embroideries of the Minho Region.

VINHO ROSÉ

CASAL GARCIA ROSÉ

A vibrant northern Portuguese Rosé produced from grapes that are indigenous to the Vinho Verde region. Notes of sour cherry and cranberry with racy acidity. Pair with planked salmon.

Made with red grape varieties indigenous to the region. Subtle strawberry aroma, red currant, bramble, savoury and a bit earthy with refreshing acidity on the palate. Not too sweet, the declared residual sugar is 12 g/l.

VINHO TINTO

GAZELA VINHO VERDE

A medium-bodied, fresh and fruity red from the Dão region of northern Portugal. A highly quaffable red that's very appealing and goes well by itself or with a wide range of meaty foods.

This, made at the state of the art Ouinta dos Carvalhais winery, is a classic blend of native Portuguese varieties, mainly Touriga Nacional and Tinta Roriz, under the watchful eye of winemaker Beatriz Cabral de Almeida.

Enjoy Responsibly. Not for Sale to Persons Under the Age of 18.

Enjoy Responsibly. Not for Sale to Persons Under the Age of 18.







R165

R175

R175





DRY RED WINE

HOUSE WINES

DROSTDY HOF CLARET 250ML R45 750ML R99 DROSTDY HOF CLARET This medium-bodied red blend has a rich

bouquet, with complex berry flavours on the palate.

ROBERTSON CHAPEL RED 500ML R69 A fruity soft dry red, with smooth round berry flavours and a herbaceous brambly character. This pleasant everyday glassful would make any occasion a joyous one.

CABERNET SAUVIGNON

FRANSCHHOEK CELLAR

R185

This Cabernet Sauvignon shows blackcurrants and violets on the nose. followed by concentrated dark berry flavours integrated with tobacco and spice from savoury oak, a rich mouthfeel, and a smooth and juicy-lingering finish.

LA MOTTE

A classic South African Cabernet Sauvignon with an elegant minerality and typical varietal characteristics such as berry and plum flavours and hints of cloves, mint and cigar box. Well-considered barrel maturation and firm but accessible tannins ensure a full-bodied wine with a rich consistency and lingering finish.

MALBEC

RUSTENBERG MALBEC

Charry oak for the first time, but quite subtle, a touch of green character and florals on the nose and a phalanx of deep, sinewy meaty blue-black fruit on the palate. Very, very juicy, tangy fruitskins and all tensioned by the structure.

MERLOT

DURBANVILLE HILLS MERLOT

There is a concentration of rich sweet dark fruit, with hints of Christmas cake and chocolate mint, followed by the sweet wood spices like vanilla and cinnamon.

PORCUPINE MERLOT

Rich flavours of red berries and ripe plum.

VINOLOGIST MERLOT

An abundance of black fruit, dark cherries and ripe plums with whiffs of rhubarb, tobacco, mint and oregano make for a very complex nose.

PINOTAGE

DIEMERSFONTEIN CARPE DIEM

Inviting flavours of raspberries, cherries and pencil shavings on the nose, followed with rich fruit flavours of plum and berries rounding it all off with supple tannins on the palate.

RED BLENDS

HERMANUSPIETERFONTEIN KLEINBOET

R239 Cabernet Sauvignon, Cabernet Franc, Merlot, Malbec and Petit Verdot are all blended together and aged for twenty four months in 6000 litre French foudre. Although quite the lad he's not too big for his boots.

RUPERT & ROTHSCHILD CLASSIQUE R469

Inviting cranberry and raspberry aromas with an earthy, mineral focus and a lingering cinnamon and walnut finish.

R199 SHIRAZ

SPIER SEAWARD SHIRAZ

Perfumed aromas of mulberry, cassis and blackberry are supported by subtle pepper and anise. The mid-palate is balanced with concentrated fruit flavours and smooth, dense tannins.

DARLING CELLARS DE-ALCOHOLISED DC RED SHIRAZ

Deep ruby red in colour with hints of ripe red fruit, crushed black pepper, dried rose petals and candied cherries. Alcohol - 0.5% ABV | 750ml NUTRITIONAL INFORMATION PER 100ML Energy - 60kj | Carbs - 3.53g | Sugars - 3.53g

R379

R199

R155

R179

R189

R229

R199

45



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ur convention centre is situated on \bigcirc "River Bend" where lush lawns roll gently down to rippling waters and bird-calls ring clear...

Our convention centre can accommodate up to 250 delegates with a combination of various seating styles to suit your type of event.

The venue also offers a peaceful, harmonious setting for weddings.



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FUNCTIONS

VENUES

Convention Centre Old Cape Vulture Boma Loutjie van Aswegen Hall Cherry Room

Professional & personal

SHOOTERS (ALCOHOLIC) SINGLE R30 / DOUBLE R55

BLIND BAT tequila, stroh rum "Afraid of the dark, this might not be for you"

BLOW10B kahlua, cream

BLOWJOB TEETH

BLUE MONKEY

BRIEFCASE jack daniels, passion fruit cordial

CACTUS JACK cactus jack mexican tequila, tabasco, black pepper

CHOCOLATE CAKE frangelica, vodka, lemon wedge, brown sugar

ELVIS PRESLEY banana liqueur, frangelica, vodka and cream

FOUR GOLFERS

HOT HAWAIIAN TEQUILA silver tequila, tabasco, pineapple

JELLY BABY banana liqueur, grenadine, blue cur<u>açao, cream</u>

KOEKSISTER infused with sticky sweetness of the world-famous traditional confectionery

LIQUID COCAINE blue curaçao, lime cordial

MALVA PUDDING infused with flavours of apricot jam and true to the sweet pudding of South African origin

MIKE TYSON

OYSTER SHOT cactus jack, salt, pepper, tabasco "yip..no oyster"

SOWETAN TOILET

SPRINGBOKKIE peppermint liqueur, cape velvet

WOMANS REVENGE cape velvet, lime cordial

6

COSMOPOLITAN MOCKTAIL triple sec, lime juice, cranberry juice

MOJITO MOCKTAIL cane sugar syrup, lime cubes, fresh mint, soda water

MOSCOW MULE MOCKTAIL ginger beer, lemonade, lime wedges

PIÑA COLADA MOCKTAIL coconut, cream, pineapple syrup, lemon juice

STRAWBERRY DAIQUIRI MOCKTAIL

TOOTHLESS SHARK MOCKTAIL grenadine syrup, orange juice

VIRGIN MARY MOCKTAIL tomato cocktail, lemon juice, tabasco sauce, worcestershire sauce, salt, pepper, horseradish

perx

CRUSHERS

APPLE MINT	R55
GRANADILLA	R55
MIXED BERRY	R55
STRAWBERRY	R55

CHERRY & VANILLA G&T CUCUMBER & ROSEMARY G&T **SCHWEPPES PINK G&T GRAPEFRUIT & MINT G&T**

CRAFT GIN ON TAP

Handcrafted in small volumes, copper distilled and barrel-aged **CHILLI & APRICOT GIN ON TAP ELDERFLOWER GIN ON TAP**



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49



BLOODY MARY

vodka, tomato cocktail, lemon juice, tabasco sauce, worcestershire sauce, salt, pepper, ho

BLUE LAGOON vodka, blue curaçao, lemonade, lemon wed

CAIPIRINHA GLASS R47 / ON white rum, cane sugar syrup, lime wedges

COSMOPOLITAN vodka, triple sec, lime juice, cranberry juice

GINGER SQUARE ginger brandy, ginger ale

MARGARITAGLASS R47 / ONtequila, triple sec, lime juice, cane sugar synu

MOSCOW MULE vodka, ginger beer, lemonade, lime wedges, bitters

PIÑA COLADA white rum, coconut, cream, pineapple syrup lemon juice

SANGRIA RED ON dry red wine, triple sec, berry ice tea, strawberries, fresh mint, lemon, soda water

SANGRIA WHITE ON dry white wine, elderflower syrup, strawberr blueberries, apple, soda water

TEQUILA SUNRISE tequila, grenadine syrup, orange juice

KEGTAILS FRESH COCKTAILS ON TAP

BACARDI LONG ISLAND ICE TEA

white rum, vodka, gin, tequila, bacardi, triple sugar syrup, lemon juice, coke

BACARDI MOJITO white rum, cane sugar syrup, lime cubes, free mint, soda water

SEX ON THE BEACH vodka, peach schnapps, orange juice, grenadine syrup

BACARDI STRAWBERRY DAIQUIRI white rum, lime juice, strawberry syrup, straw

o orseradish	R65
lges	R65
NE LITRE	R135
	R65
	R65
JE LITRE	R135
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IE LITRE	R135
NE LITRE ies,	R135
	R65
_	
e sec, cane	R89
esh	R79
	R79
wberry coulis	R79

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MEUKOW COGNAC MEUKOW VS COGNAC SINGLE R45 / DOUBLE R90 / BOTTLE R1350

Presented in its remarkable Black Panther bottle, Meukow VS Cognac offers much higher distinctive tasting qualities than the average of its category. Meukow VS is characterized by its well-balanced blend between the roundness of its fruity notes and its delicate woody nuances.

MEUKOW

COGNAC

MOËT & CHANDON IMPÉRIAL BRUT NECTAR IMPÉRIAL

R1299 R1499

PONGRÁCZ

PONGRÁCZ ROSÉ NV R375 PONGRÁCZ BRUT NV R375 PONGRÁCZ NOBLE NECTAR DEMI SEC R399

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R439 EACH



ZARDETTO PROSECCO DOC TRADIZIONE

Aromas of white flowers, apricot and herbs create a delicately soft bouquet.

ZARDETTO PROSECCO DOC NECTAR

Soft and dry at the same time, thanks to its refreshing acidity.

ZARDETTO PROSECCO DOC ROSÉ

Exuberant, lively and fragrant on the palate. Refreshing with fruitiness to create full, enveloping and almost creamy sensations.



JC LE ROUX LE DOMAINE LA CHANSON LA FLEURETTE (NON-ALCOHOLIC) R179

R189 R189

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At the heart of our operation are the relationships we build with our clients, as we believe that you become part of our family. From assisting with wine lists and events, to offering unique wine and dine experiences, we aim to share in life's simple pleasures with you.

66 Service with a personal touch.

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-Angela Da Cunha-Broederstroom and Magaliesburg **Business Owner**





The Islands Superspar

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Trading Hours: Mon to Thur: 07h00 - 19h00 Fri to Sat: 07h00 - 20h00 Sun and P/H: 07h00 - 19h00





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