



Let's Fit with us

PRIVATE CLASSES	PER HOUR
PERSONAL TRAINER	1,000 / HOUR
PRIVATE MUAYTHAI	
PRIVATE AEROBIC	
PRIVATE YOGA	
SWIMMING COACHING	

GROUP CLASSES	2 PERSONS (PER HOUR)	3 OR MORE PERSONS (PER HOUR)
PERSONAL TRAINER	750 PER PERSON	500 PER PERSON
MUAYTHAI		
AEROBIC		
YOGA		
SWIMMING COACHING		

OPERATING HOURS
Daily from 06:00 - 22:00 hours



For more information please contact Khun Yutthapong 'Nueng' Samansee,
Fitness & Recreation Manager at +66 91 120 1822 or fitness.crst@chatrium.com