

EST. 1973



THE JAMAICA
PEGASUS
NEW KINGSTON

Dinner *Buffet Selections*

81 Knutsford Boulevard, Kingston 5

Tel: (876) 926-3691-9 Fax: (876) 929-0593

Email: sales@jamaicapegasus.com Website: www.jamaicapegasus.com

Our Dinner Menus are designed with YOU in mind. You create your own menu from our suggestions. All menus are served with rolls.

SALAD SUGGESTIONS

Create your own Salad Bar by choosing any three:

- Marinated Tomato with Basil
- Green Pepper and Tomato Salad
- Tossed Green Salad
- Iceberg Lettuce and Onions
- Mixed Cabbage Salad
- Cabbage and Pineapple
- Carrot and Raisin Salad
- Cucumber and Dill
- Marinated Cucumber
- Mixed Bean Salad
- Whole Kernel Corn
- Marinated Beet



ACCOMPANIMENTS

Select any three of your favourite:

- Oven Baked Potatoes
- Sautéed Potatoes with ginger
- Potatoes Braised with herbs
- Gungo Peas and Rice
- Seasoned Rice
- Spanish Rice
- Macaroni and Cheese
- Seasonal Fresh Vegetables
- Stir Fried Vegetables
- Market Fresh Vegetables

MEATS

Select either two, three or four meats to complete your entrée

PORK

- Roasted Loin of Pork
- Jerked Pork
- Sweet and Sour Pork
- Roasted Home-style Marinated Pork
(in honey mustard sauce)
- Charsui Pork
- Pork with Peppers and Black Bean Sauce

FISH

- Grilled Fish in lemon butter sauce
- Blackened Fillet of Snapper
- Creole Style Fillet of Snapper
- Fillet of Snapper in White Wine Cream Sauce
(with mushrooms, parsley and tomatoes)
- Sweet And Sour Fish
- Jamaican Style Brown Stew Fish with Okras

Dinner

Buffet Selections



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POULTRY

Chinese Roast Chicken

Chicken Milanese

(Pan Fried Chicken coated with Parmesan Cheese and Served with a Tomato Sauce)

Country Style Baked Chicken

Chicken Pineapple

Sweet and Sour Chicken

Chicken in Honey Mustard Sauce

Jerked Chicken

Barbequed Chicken

OTHER

Curried Mutton

Roasted Leg of Lamb

DESSERTS

Select any two for a sweet ending to your buffet:

Tropical Fruit Salad

Crème Caramel
 (with whipped cream)

Cheesecake

Sandwich Cake
 (with cherry, strawberry or blueberry filling)

Potato Pudding

Bread and Butter Pudding

Freshly Baked Apple Pie

BEEF

Roast Beef

with thyme and red wine sauce

Beef and Vegetable Stir Fry

Chinese Peppered Steak

Western Style Barbecued Beef

Jamaican Style Stewed Beef
 with pepper, carrot and tomato

Steamship Round of Beef *



Prices

2 Meat Buffet - US\$52.50

3 Meat Buffet US\$55.00

4 Meat Buffet- US\$59.00

Prices are Subject to 15% and 10% service Charge

Prices are subject to change without Prior Notice.

Buffet Service- minimum 30 persons

Additional 30% on public Holiday