

- Welcome to our Spa -

The Abbey Inn Spa is a peaceful sanctuary to create positive change for body and mind. Our sacred space utilizes the healing properties of nature with a collection of rejuvenating treatments to leave guests with restored balance, renewed energy, and natural radiance. Spa guests are welcome to use the sauna and locker rooms. The sauna is available to every guest receiving a spa service.

- Facials -

All facials are customized to meet client's skin care needs.

THE ABBEY INN SIGNATURE FACIAL (16+) 50 min - \$180

This individualized facial treatment is highly personalized to meet your unique needs. Cleanse, exfoliate and soothe your skin with a mask made from an infusion of ultra-hydrating botanicals. Your skin is left repaired and nourished.

GENTLEMAN'S FACIAL 50 min - \$180

Our Gentleman's Facial provides a customized treatment that includes deep pore cleansing, exfoliation and a soothing mask. This facial helps repair the damage caused by daily shaving, skin sensitivity, dullness, aging and the environmental impact of both city and outdoor living.

FACIAL ADD-ONS

- LIP TREATMENT - \$20
- ICE GLOBE - \$25
- FOOT TREATMENT - \$35
- SUNBURN RELIEF - \$60
- HAND TREATMENT - \$35
- EYE GEL MASK - \$25
- CHOCOLATE CITRUS DÉCOLLETÉ TREATMENT - \$45
- BEARD TREATMENT FOR MEN- \$45

THE ABBEY INN SPA SIGNATURE GEL MASKS | \$190 Say hello to radiant, refreshed skin with our Signature Gel Masks!

NANO & MICRO NEEDLING FACIAL WITH MASK NANO 50 min - \$225 | MICRO WITH MASK 50 min - \$265

Nano and Micro needling, or percutaneous collagen induction therapy, uses a handheld device with small needles to create precise punctures in the skin.

- Geneo Treatments -

50 min - \$225

OxyGeneo provides a unique approach to facial treatments. Recruiting natural physiological processes to increase oxygen levels in the skin and achieve exceptional results. Unlike other technologies, OxyGeneo utilizes natural oxygen from within resulting in an effective treatment and immediate results.

GENEO ILLUMINATE FOR SKIN BRIGHTENING VITAMIN C FACIAL

Geneo Illuminate unifies skin tone, improves pigmentation and rejuvenates the skin. The Geneo Illuminate OxyPod includes Kojic Acid and Vitamin C for an even skin tone effect, as well as Opuntia Fruit Extract and Carrot Extract for moisturizing and smoothing the skin.

GENEO REVIVE FOR SKIN REJUVENATION RED ALGAE FACIAL

Geneo Revive refreshes dull skin, reduces fine lines and improves overall skin texture and appearance. The Geneo Revive OxyPod includes Red Algae, a powerful antioxidant with an anti-aging effect and also Caffeic Acid and Retinol, known to treat the signs of aging and assist in skin rejuvenation.

GENEO BALANCE FOR OILY SKIN CHARCOAL FACIAL

Geneo Balance Charcoal Facial treatment purifies and soothes oily skin, improving its texture and appearance. The Geneo Balancing OxyPod includes Bamboo Charcoal for a detoxifying effect, Camu-Camu extract for vitamins and antioxidants and Mandelic Acid for treating acne-prone skin.

GENEO GLAM

Geneo Glam prevents signs of aging, improves elasticity and prevents loss of collagen.

- Microdermabrasion Treatments -

dmGLOW | 50 min - \$225

dmGlow™ is a renewing and rejuvenating facial treatment which combines facial cup vacuum massage, dual exfoliation and botanical skin care to provide a fresh and radiant glow. The gentle suction helps to release muscle and fascia tension, temporarily plumping your skin as it reduces the appearance of fine lines and wrinkles. This skin care program that incorporates vacuum massage is highly recommended to make long lasting improvements to your skin.

CBD FACIAL & DÉCOLLETÉ 60 min - \$240

CBD facials are designed to let your skin reap the most benefits from this cannabis compound. CBD, non-intoxicating cannabis derivative, is now ubiquitous in the beauty world. Having a CBD facial has many benefits to repairing sun damage, acne, clogged pores, reducing the appearance of wrinkles, and fine lines. CBD rejuvenates your skin with potent anti-inflammatory ingredients leaving your skin looks refreshed and glowing.

A peel is incorporated in your Microdermabrasion treatment.

PEEL & MICRODERMABRASION HAND TREATMENT

50 min - \$150

Peel and Microdermabrasion Treatment is a non-surgical procedure for aging hands with no downtime; it can smoothen rough patches, restore softness, and lighten age spots and other discoloration. Treatment includes hydrating mask.

MICRODERMABRASION FOR FLAWLESS FEET 50 min - \$150

An indulgent treatment that reaches the nooks and crannies and effectively removes the build-up skin you accumulated on the feet, especially the heels. This treatment will reveal softer, smoother skin. Treatment includes light calf massage, foot mask, and heated stones.

THE ABBEY INN

SPA

Relax. Unwind. Rejuvenate.

- Dermaplaning Facial -

50 min - \$225

Dermaplaning is a safe and highly effective physical exfoliation procedure. It gently shaves the skin's surface, removing the top layer of dead skin and excess hairs.

- Treatment Packages -

EVERYDAY SIGNATURE FACIAL & MASSAGE

100 min - \$340 | Choose from any 50 min massage followed by our 50 min signature facial, leaving you refreshed and radiant.

MASSAGE AND SCALP TREATMENT

80 min - \$225 | Choose from any 50 min massage and 30 min scalp treatment.

JAPANESE HEAD SPA TREATMENT

50 min - \$155 | Indulge in the luxurious Head Spa treatment, inspired by Japanese traditions.

BODY SCRUB TREATMENT | 50 min - \$185

Treat yourself to an indulgent spa experience with our brand-new collection of body scrubs.

ANY 50 MIN. MASSAGE WITH OXY GENE FACIAL PACKAGE

\$405 includes lip treatment and hand or foot moisturizing treatment (valued at \$25)

BODY SCRUB + ANY 50 MIN. MASSAGE PACKAGE

\$365 includes moisturizing foot or hand treatment (valued at \$25)

4 SESSIONS OF GENE FACIAL PACKAGE

\$900 includes ice eye globe treatment (valued at \$25)

CUSTOMIZE BIOREPEEL PACKAGE

50 min - \$290 | Choose either Microdermabrasion, or Gel Mask, or Dermaplaning with your BioRepeel.

BIOREPEEL WITH SIGNATURE FACIAL PACKAGE

50 min - \$245 | Revitalize your skin with our BioRepeel Package paired with our Abbey Signature Facial.

- Massages -

THE ABBEY INN CORNERSTONE MASSAGE

50 min - \$180 | 80 min - \$275

COUPLES CORNERSTONE MASSAGE

50 min - \$380 | 80 min - \$570

Our signature massage combines the healing properties of massage and the heat from lava stones to relieve tension and stress. This warming massage loosens muscles, increases circulation and promotes deep relaxation.

SWEDISH MASSAGE

50 min - \$160 | 80 min - \$245

COUPLES SWEDISH MASSAGE

50 min - \$340 | 80 min - \$510

Provides relaxation for the entire body using long gliding strokes in upward motions along muscle groups. Improves circulation and lymph drainage.

DEEP TISSUE MASSAGE

50 min - \$180 | 80 min - \$275

COUPLES DEEP TISSUE MASSAGE

50 min - \$380 | 80 min - \$570

This therapeutic massage combines long, deep strokes and firm pressure to enhance circulation, balance energy, and promote well-being. This massage is ideal after sports activities or to improve flexibility and relaxation.

RESTORATIVE AROMA MASSAGE

50 min - \$170 | 80 min - \$260

COUPLES RESTORATIVE MASSAGE

50 min - \$360 | 80 min - \$540

This aromatic sensory journey is designed to relieve tension and restore your balance. Using a customized blend of essential oils and therapeutic massage techniques, you'll drift away into total relaxation and leave restored, renewed, and radiant.

MOTHER-TO-BE

50 min - \$180

Our expert therapists will create a personalized treatment for your specific needs using massage techniques safe for expecting mothers. This specialty service will focus on releasing stress and inflammation and promoting well-being. Expecting mothers must be in their second trimester to have the Mother-To-Be massage.

- Massages -

LYMPHATIC MASSAGE

50 min - \$200 | 80 min - \$275

Lymphatic massage, or lymphatic drainage, is a gentle massage to stimulate the circulation of lymph fluid around the body. This helps to speed up the removal of wastes and toxins. Lymphatic drainage can also be used to help people who have had damage to their lymphatic system following surgery.

SPORTS MASSAGE

80 min - \$275

Sports massage often involves kneading and grasping of muscles and other soft tissue. Benefits of Sports Massage: Exercise more efficiently, prevent some common alignments that go with exercise, and recover from a sports injury.

THAI MASSAGE

80 min - \$275

Thai massage is a rhythmic series of movements including acupressure, yoga-like stretches and myofascial release to improve mobility and flexibility while relieving joint tension. The therapist will use his or her hands, knees, feet and body weight to gently stretch the body and incorporate palming and thumbing techniques along the sen lines. The effect is deep relaxation and renewed energy. This massage will take place on a table. Please wear loose, comfortable clothing. No oil is used.

HERBAL FARMPRESS MASSAGE

50 min - \$200 | 80 min - \$285

Farmpress Massage restores well-being by combining steaming therapeutic organic herbs with targeted compression techniques. The steam releases essential plant oils, minerals and vitamins that are absorbed by the body to help you feel renewed.

ASK ABOUT OUR MASSAGE ADD-ONS!

Must be 18 years old and above to receive a massage treatment.

- Arrival and Check-In -

As a valued Abbey Inn Spa guest, we invite you to enjoy our luxurious relaxation area, and recommend arriving at least 30 minutes prior to your scheduled start time. Upon arrival, you will be promptly escorted to the locker area where you will be assigned a locker and robe.

Each guest deserves the courtesy of starting and ending services on time. Arriving late will reduce your treatment as we must end at the scheduled time in order to honor the next guest's appointment. Please understand that you will be billed for the full treatment value.

- Cancellation Policy -

Treatment times are reserved especially for you. We kindly request that cancellations or changes to appointments be made at least 24 hours in advance for services. No-show appointments will be charged in full. Should you arrive 15 minutes past the appointment time - service will not be honored, and you will be charged in full. To cancel your spa appointment and avoid being charged for a cancelled appointment, kindly contact a spa representative to verify the cancellation. A left voice message does not serve as a confirmation.

- Spa Gift Certificates -

Spa gift cards are a wonderful way to give the gift of health, relaxation and beauty to the special people in your life. We will be more than happy to assemble a group of services to fit all personalities or special occasions. Gift cards may be purchased at the Spa or by phone. Gift cards may not be redeemed for cash value.

Visit our website for treatment descriptions and pricing at theabbeyinnspa.com

The Abbey Inn Spa can be rented out for bridal parties or special occasions.

Call us to book your appointment at 914.736.3261

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 @abbeyinnspa  @abbeyinnandspa