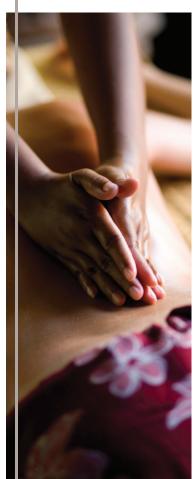


+Wellness Centre



BODY THERAPY

All treatments include hot towels and aromatherapy



SEABREEZE

Unwind with this classic stress-relieving Swedish- inspired massage, using light rhythmic pressure to soothe the nervous system and promote a state of relaxation.

60 MINS. \$110 | 90 MINS. \$150

SWEDISH & RELAXATION

Perfectly customized to release muscular tension and provide deep relaxation, this massage incorporates Swedish and relaxation rhythmic pressure.

60 MINS. \$125 | 90 MINS. \$170

BAREFOOT/SCALP ELEGANCE

Indulge in a deeply relaxing foot massage which promotes healing and relieves stress in other areas of the body. Anti-aging hand and foot polish included with 60-minute treatments.

15 MINS. \$25 | 30 MINS. \$50 | 60 MINS. \$90

COUPLES MASSAGE

Indulge in a stress-reducing, muscle-relaxing experience together! **60 MINS. \$200 | 90 MINS. \$290**

DEEP TISSUE MASSAGE

Involves sustained pressure using slow, deep strokes to target the inner layers of your muscle and connective tissues.

60 MINS. \$145 | 90 MINS. \$185

BACK MASSAGE

Includes massage on back, neck and shoulder. 30 MINS. \$65

ADDITIONAL

Hot Stones \$30

SKIN THERAPY

All of our treatments include facial, neck, shoulder, and hand massage with the highest quality products.



REFRESH FACIAL

Suitable for all skin types, selection of Phytomer's facials products. 60 MINS. \$100

SOOTHE SOUL

Ideal for sensitive skin types and recent sun exposure. 60 MINS. \$135

BALANCING FACIAL

Oxygenate and detoxify with Phytomer's Sou e Serum. 60 MINS. \$135

HYDRATE & PROTECT

Refresh and regenerate your skin with this customized facial which gently removes impurities, restores lost nutrients, improves tone and re-balances the skin. **60 MINS. \$155**

ALAIA SIGNATURE BODY SCRUB - HIBISCUS GINGER GLOW

Rich in Vitamin C and with amazing detoxifying qualities, we combine Dried Hibiscus Flowers and Ginger with Our Coconut Sea Salt Scrub. This Body scrub begins with a relaxing neck and scalp massage, after your shower our double whipped Shea body butter is applied to your entire body. Smells as delicious as it sounds! **60 MINS. \$160**