



# SEPTEMBER CALENDAR 2023

*Sunday 3*

**PUB QUIZ**  
Teams of 4 or 6 persons  
7 PM to 9 PM | BREEZE

*Wednesday 30*

**BINGO NIGHT**  
\$10 per person  
7 PM to 8 PM | BREEZE

## DAILY SPECIALS

3 PM to 7 PM | BUY 1 GET 1 FREE  
*Happy Hours*  
Beers | House wines | House liquor

## WELLNESS & ACTIVITIES

TENNIS      MINI GOLF      BOARD GAMES  
BASKET BALL      HISTORICAL WALKS & HIKES      MASSAGES

\*for more information enquire at front desk

RESERVATIONS@GOLDENROCKRESORT.COM  
+599 318 3348

## WEEKLY SPECIALS

6 PM to 9.30 PM at BREEZE

*Tuesdays*      *Sundays*  
Caribbean Night      Around the World

## WEEKLY WELLNESS

5.30 PM to 6.30PM

*Thursdays*  
Yoga & Pilates

\*Group session contact reception to request complimentary Yoga/Pilates session

## EXCLUSIVE 1:1 SESSIONS

Reservation required

MON - WED - FRI from 6 AM - 6 PM

PRIVATE YOGA / PILATES CLASS  
45 min. \$75 | 60 min. \$85

MEDITATION & BREATHWORK  
30 min \$35 | 60min \$70

ART EXPRESSION  
3 hrs. \$155 for 2 persons

MANIFESTATION WORKSHOP  
2.5 hrs. \$135 for 2 perons

TAROT READING  
30 min \$35 | 60 min \$70







**GOLDEN ROCK**  
Dive And Nature Resort

# SEPTEMBER CALENDAR 2023

*Sunday*

## **BOBBIE'S SUNDAY**

\$55 for adults | \$35 for kids  
Unlimited wine / beer & soft drinks  
finger food + lagoon pass

## **ENTERTAINMENT BY**

DJ Sense & Mr Runnthings

*Wednesday 13*

## **PUB QUIZ**

Teams of 4 or 6 persons  
**7 PM to 9 PM | BREEZE**

## **DAILY SPECIALS**

**4 PM to 6 PM | BUY 1 GET 1 FREE**

*Happy Hours*

Beers | House wines | House liquor

*Wednesday 20*

## **WINE TASTING**

\$50 for wine exploration & canapes  
**6:30 PM to 8 PM | BREEZE**

*Wednesday 27*

## **BINGO NIGHT**

\$10 per bingo card  
**7 PM to 9 PM | BREEZE**

## **WEEKLY SPECIALS**

**6 PM to 9.30 PM at BREEZE**

*Tuesdays*

Caribbean Night

*Sundays*

Around the World

## **WEEKLY WELLNESS**

**5.30 PM to 6.30 PM**

*Thursdays*  
Yoga & Pilates

\*Group session / contact reception to request complimentary Yoga/Pilates session

## **EXCLUSIVE 1:1 SESSIONS**

Reservation required

**MON - WED - FRI from 6 AM - 6 PM**

### **PRIVATE YOGA / PILATES CLASS**

45 min. \$75 | 60 min. \$85

### **MEDITATION & BREATHWORK**

30 min \$35 | 60min \$70

### **ART EXPRESSION**

3 hrs. \$155 for 2 persons

### **MANIFESTATION WORKSHOP**

2.5 hrs. \$135 for 2 perons

### **TAROT READING**

30 min \$35 | 60 min \$70

## **WELLNESS & ACTIVITIES**

TENNIS

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# AUGUST CALENDAR 2023

*Wednesday 16*

## PUB QUIZ

Teams of 4 or 6 persons  
7 PM to 9 PM | BREEZE

*Wednesday 30*

## BINGO NIGHT

\$10 per person  
7 PM to 8 PM | BREEZE

## DAILY SPECIALS

3 PM to 7 PM | BUY 1 GET 1 FREE

*Happy Hours*

Beers | House wines | House liquor

## WEEKLY SPECIALS

6 PM to 9.30 PM at BREEZE

*Tuesdays*

Caribbean Night

*Sundays*

Around the World

## WEEKLY WELLNESS

5.30 PM to 6.30 PM

*Thursdays*  
Yoga & Pilates

\*Group session starting 24th August contact reception to request complimentary Yoga/Pilates session

## EXCLUSIVE 1:1 SESSIONS

Reservation required

MON - WED - FRI from 6 AM - 6 PM

PRIVATE YOGA / PILATES CLASS

45 min. \$75 | 60 min. \$85

MEDITATION & BREATHWORK

30 min \$35 | 60min \$70

ART EXPRESSION

3 hrs. \$155 for 2 persons

MANIFESTATION WORKSHOP

2.5 hrs. \$135 for 2 perons

TAROT READING

30 min \$35 | 60 min \$70

## WELLNESS & ACTIVITIES

TENNIS

BASKET BALL

MINI GOLF

MASSAGES

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# JUNE CALENDAR 2023

*Sunday 11*

**BOBBIE'S SUNDAY**

\$55 for adults | \$35 for kids  
Unlimited wine / beer & soft drinks  
finger food + pool pass

**ENTERTAINMENT BY**

DJ Sense | Mr Runnthings | Rebels Band  
12 PM - 4 PM | BOBBIES LAGOON

*Wednesday 14*

**LATIN DANCE AT YOGA PLATFORM**

\$10 for class by Charmaine  
6 PM to 7.30 PM

*Thursday 15*

**PUB QUIZ**

Teams of 4 or 6 persons  
7 PM to 9 PM | BREEZE

*Sunday 18*

**FATHER'S DAY BRUNCH BUFFET**

\$65 for adults | \$ 35 for kids  
11 AM to 2.30 PM | BREEZE

*Thursday - Saturday*

**BOBBIES BEACH CLUB**

**SNACK MENU**

3PM - 6PM

**SHARED DINING\***

6PM - 9:30 PM

\*Reservation required



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**DAILY SPECIALS**

3 PM to 7 PM | BUY 1 GET 1 FREE

*Happy Hours*

Beers | House wines | House liquor

**WEEKLY SPECIALS**

6 PM to 9.30 PM at BREEZE

*Tuesdays*

Caribbean Night

**WEEKLY WELLNESS**

5.30 PM to 6.30PM

*Thursdays*

Yoga & Pilates

**EXCLUSIVE 1:1 SESSIONS**

Reservation required

MON - WED - FRI from 6 AM - 6 PM

**PRIVATE YOGA / PILATES CLASS**

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**MEDITATION & BREATHWORK**

30 min \$35 | 60min \$70

**ART EXPRESSION**

3 hrs. \$155 for 2 persons

**MANIFESTATION WORKSHOP**

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**TAROT READING**

30 min \$35 | 60 min \$70





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# JULY CALENDAR 2023

*Wednesday 5 & 12*

## LATIN DANCE AT YOGA PLATFORM

\$10 for class by Charmaine  
6 PM to 7.30 PM

*Monday 10*

## MEDITATION WORKSHOP

\$10 for workshop by Fi  
6 PM to 7 PM | *Bobbies Lagoon*

## DAILY SPECIALS

3 PM to 7 PM | BUY 1 GET 1 FREE

*Happy Hours*

Beers | House wines | House liquor

*Tuesday 25*

## KIDS PAINT & CREATE

\$120 for 4 classes | \$35 drop in  
2.30 PM to 5 PM | *BREEZE*

*Saturday 29*

## MINI GOLF TOURNAMENT

\$30 for Adults | \$15 for kids  
5 PM to 6.30 PM | *BOBBIES*

\*Reservation required

## WEEKLY SPECIALS

6 PM to 9.30 PM at *BREEZE*

*Tuesdays*

Caribbean Night

*Sundays*

Around the World

## WEEKLY WELLNESS

5.30 PM to 6.30 PM

*Thursdays*  
Yoga & Pilates

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