

SMALL PLATES

WHITE TIGER SHRIMP CEVICHE | 24

JUMBO SHRIMP, SPANISH ONION, JALAPENO, MANGO, SCALLION, BELL PEPPERS, AVOCADO, CILANTRO, CRISPY WONTON CHIPS & TOGARASHI

LOCAL NEW ENGLAND CHEESES- FOR TWO | 28

SEASONAL FRUIT, ASSORTMENT OF SWEET & SAVORY JAMS, EVERYTHING CRACKERS

WAKAME SALAD | 8

MARINATED SEAWEED SALAD, TOASTED SESAME

CRISPY SMASHED FINGERLING POTATO | 20

TOGARASHI, SCALLION, SPICY AIOLI

CORN ELOTE SALAD | 17

GRILLED CORN "HUSKED", GARLIC LIME AIOLI, COTIJA CHEESE, PICKLED RED ONIONS, CILANTRO, FRISEE

SUNSET GREENS | 15

MIXED BABY KALE, HEIRLOOM CARROT, ASSORTED RADISH, POMEGRANATE SEEDS, CITRUS VINAIGRETTE

SMOKED KOREAN BBQ RIBS | 23

MARINATED BABY BACK RIBS, SCALLION, TOASTED SESAME, ASIAN SLAW, GOCHUJANG BBQ SAUCE

FLUKE CARPACCIO | 21

FRESH FLUKE, HEIRLOOM CHERRY TOMATOES, SCALLION, SPICY MIRIN DRESSING, SHAVED BONITO, TOBIKO

BUILD YOUR OWN SEAFOOD TOWER

PRICED PER PIECE

LOCAL OYSTERS | 4

GRAY WHALE GIN MIGNONETTE, LEMON

POACHED JUMBO SHRIMP | 4.5

CLASSIC COCKTAIL SAUCE, LEMON

SNOW CRAB CLAW | 4.5

KIMCHI VINAIGRETTE

CHATHAM LITTLENECK CLAMS | 3

HOT SAUCE RELISH

POKE BOWLS

PHR VEGETABLE BOWL | 20

SUSHI RICE, PICKLED CARROT, WAKAME SALAD, SHIITAKE MUSHROOM, FURIKAKE

SESAME SEARED TUNA BOWL | 25

SUSHI RICE, FRESH TUNA, SWEET PEPPER, ONION, SCALLION, SNOW PEA, CARROT, SPICY AIOLI, FURIKAKE

TEMPURA SHRIMP BOWL | 25

SUSHI RICE, TEMPURA SHRIMP, SEASONAL VEGETABLE, UNAGI, TOASTED SESAME SEEDS, FURIKAKE

SPECIALTY ROLLS 10 PIECES

PHILADELPHIA ROLL | 19

FRESH SALMON, CREAM CHEESE, CUCUMBER, WAVES MAYO

SPICY HAMACHI ROLL | 23

FRESH YELLOWTAIL HAMACHI, CUCUMBER, SCALLION, PICKLED JALAPENO, HOUSE SAUCE

SPIDER ROLL | 20

CRISPY SOFT-SHELL CRAB, ASPARAGUS, SCALLION, AVOCADO, MASAGO & UNAGI, CRISPY TEMPURA FLAKE

TEMPURA SHRIMP ROLL | 20

ASPARAGUS, MASAGO, SWEET SOY

PHR LOBSTER | MKT

TEMPURA FRIED LOBSTER, AVOCADO, CUCUMBER, TOPPED WITH MASAGO, UNAGI, WAVES MAYO, & CRISPY TEMPURA

GODZILLA ROLL | 27

TEMPURA FRIED SHRIMP, ASPARAGUS, SCALLION, TOPPED WITH SPICY TUNA, AVOCADO, WAVES MAYO, UNAGI

DYNAMITE ROLL | 33

FRESH TUNA, LUMP CRAB, SCALLION, HOUSE SAUCE, PICKLED JALAPENO, TOPPED WITH TUNA TARTAR

RAINBOW ROLL | 30

CALIFORNIA ROLL TOPPED WITH TUNA, SALMON, HAMACHI, FLOUNDER, AVOCADO, IKURA

WAVES ROLL | 29

YELLOW FIN TUNA, SALMON, FLOUNDER, ASPARAGUS, TOPPED WITH MASAGO, SCALLION, KIMCHI VINAIGRETTE

CLASSIC ROLLS 8 PIECES

SALMON ROLL | 19

FRESH SALMON, SCALLION, HOUSE SAUCE

SPICY TUNA | 20

FRESH TUNA, SPICY AIOLI, PICKLED JALAPENO, TOBIKO

CALIFORNIA ROLL | 23

JUMBO LUMP CRAB, CUCUMBER, AVOCADO, TOBIKO

PICKLED VEGETABLE ROLL | 13

CARROT, ASPARAGUS, DAIKON RADISH, SOY PEARLS

OMAKASE PLATTER 95

SASHIMI (12 PC)

NIGIRI (12 PC)

CALIFORNIA ROLL (1)

SPICY TUNA ROLL (1)

SERVED WITH UNAGI SAUCE, WAVES MAYO, & HOUSE SAUCE

RICE-LESS ROLLS

NARUTO ROLL (V) | 13

CARROT, PICKLED DAIKON RADISH, SPINACH, ROLLED IN CUCUMBER, KIMCHI VINAIGRETTE

FIRECRACKER ROLL | 20

TUNA, AVOCADO, ASPARAGUS, ROLLED IN CUCUMBER, SWEET SOY SAUCE

FLATBREAD PIZZAS

SERVED CRISPY FROM OUR 900°

MARRA FORNI BRICK OVEN

10" GF CRUST AVAILABLE | +2

SHRIMP SCAMPI | 25

FRESH JALAPENO, GARLIC SHRIMPS, WHITE SAUCE, SAUTEED ONION, BELL PEPPERS, PARMESAN

FIG & PROSCIUTTO | 21

FIGS, FIG JAM, PROSCIUTTO HAM, RICOTTA CHEESE, ARUGULA, BALSAMIC GLAZE

TRADITIONAL | 15

HOUSE MARINARA, SHREDDED MOZZARELLA

N'DUJA & BURRATA | 25

SPICY PORK SPREAD, MAPLE BROOK FARMS BURRATA, HEIRLOOM CHERRY TOMATO, BASIL

SHORT RIB | 23

12 HOUR BRAISED SHORT RIB, BLUE CHEESE CRUMBLE, HERB PARMESAN, CARAMELIZED ONION, HOUSE BBQ

SEASONAL VEGETABLE | 18

SAUTEED ONION, CARROT, SWEET PEPPER, BROCCOLI RABE, RICOTTA, ITALIAN CHEESE BLEND, WHITE SAUCE, PARMESAN

Before placing your order, please inform your server if a person in your party has a food allergy. Consuming raw or undercooked potentially hazardous foods may increase risk of food borne illness.

WAVES

SUSHI • RAW BAR • BRICK OVEN FLATBREAD

COCKTAILS

YUZU BLOSSOM SPRITZ | 18

Four Corners Gin, Yuzu, Elderflower, Bubbles, & Soda

CUCUMBER COOLER | 17

Ketel One Cucumber & Mint Vodka, Simple, Lemon, Cucumber, Mint & Soda

MANGO-CHILE MAI TAI | 17

Bacardi Mango Chil  Rum, Orgeat, Bauchant, & A Splash Of Orange Juice

PARADISE PAPER PLANE | 19

Taffer's Browned Butter Bourbon, Aperol, Passionfruit, & Lemon

HIBISCUS BLISS MARGARITA | 18

Patr n Silver Additive Free Tequila, Hibiscus Simple, Bauchant, & Lime

HOTTER-MELON MARGARITA | 18

Los Sundays Jalape o Tequila, Watermelon Pur e, Agave, & Lime

MARTINIS

SAKE-TINI | 21

Grey Goose Vodka, Lychee Liqueur, Ros  Sake, Lemon, & Simple

LAND OF LAVENDER & HONEY MARTINI | 21

Bombay Sapphire Gin Infused With Peaflower, Honey & Lavender Simple, & Lemon

GREEN TEA MARTINI | 21

Jameson Irish Whiskey, Choya Green Tea, Peach Pur e, & Lemon, Topped With Bubbles & Orange Blossom Spritz

MOCKTAILS

WATERMELON DELIGHT | 12

Watermelon Pur e, Mint, Simple, Lime & Soda

TROPICAL KICK | 12

Orgeat, Mango Pur e, Lime & Gingerbeer

CRIMSON CITRUS KISS | 12

Hibiscus Simple, Lemon, & Lemonade

WHITES

RIFF, PINOT GRIGIO, DELLE VENEZIE, VENETO, ITALY 14 | 52

FOURNIER PERE & FILS, SAUVIGNON BLANC, LOIRE VALLEY, FRANCE 15 | 56

INFAMOUS GOOSE, SAUVIGNON BLANC, MARLBOROUGH, NEW ZEALAND 17 | 64

DOMAINE DE VILLARGEAU, LES ABEILLES, "BABY SANCERRE", LOIRE VALLEY, FRANCE 22 | 84

MACROSTIE, CHARDONNAY, SONOMA COAST, CALIFORNIA 15 | 56

EROICA, RIESLING, COLUMBIA VALLEY, WASHINGTON 17 | 64

REDS

PAVETTE, PINOT NOIR, CALIFORNIA 15 | 56

HOLLORAN VINEYARDS, PINOT NOIR, WILLAMETTE VALLEY, OREGON 18 | 68

PAVETTE, CABERNET SAUVIGNON, CALIFORNIA 15 | 56

BONANZA BY CAYMUS, CABERNET SAUVIGNON, CALIFORNIA 18 | 68

TERRAZAS, MALBEC, ARGENTINA 16 | 60

ZOE, RED BLEND, PELOPONNESE, GREECE 16 | 60

BUBBLES

PERLAGE, "CANAH" PROSECCO, DOCG, VENETO, ITALY 14 | 52

VEUVE CLICQUOT, BRUT, CHAMPAGNE, FRANCE 21 | 80

VEUVE CLICQUOT, BRUT ROS , CHAMPAGNE, FRANCE 21 | 80

ROS 

CHATEAU D'ESCLANS WHISPERING ANGEL, ROS , C TE DE PROVENCE, FRANCE 18 | 68

SAKE

SAKURA FUBUKI, ROS  JUNMAI DAIGINJO SAKE, KANTO, JAPAN | 14

ON DRAFT

PELHAM HOUSE RESORT IPA | NAUKABOUT BEER CO, MASHPEE, MA 6.1% | 11

HANDLINE K LSCH | DEVIL'S PURSE, DENNIS, MA 5% | 9

BLUE PAW WILD BLUEBERRY | SEA DOG BREWING CO | CAMDEN, MAINE 4.6% | 10

OUTERMOST IPA | HOG ISLAND, ORLEANS, MA 6.2% | 9

GRIPAH | CISCO BREWERS, NANTUCKET, MA 5.5% | 11

TRILLIUM | ROTATING SELECTION, BOSTON, MA | 13

SAM'S SUMMER | SAM ADAMS BREWING, BOSTON, MA 5.3% | 10

BLUE MOON BELGIAN WHITE | DENVER, CO 5.4% | 10

BEACH BLONDE ALE | CAPE COD BEER, HYANNIS, MA 4.9% | 9

GUINNESS | GUINNESS BREWING, DUBLIN, IE 4.2% | 12

SELTZERS & CIDERS

SURFSIDE GREEN TEA VODKA | 9

SUNCRUISER PEACH TEA VODKA | 9

HIGH NOON VODKA SELTZERS | 11

PINEAPPLE OR PEACH

DOWNEAST CIDER | 9

NON ALCOHOLIC

ATHLETIC BREWING N/A | 7

UPSIDE DAWN, RUN WILD IPA

HEINEKEN ZERO N/A | 7

BOTTLES & CANS

BUDWEISER | 7

BUD LIGHT | 7

COORS LIGHT | 7

CORONA EXTRA | 9

MILLER LITE | 7

MICHELOB ULTRA | 8

SAM ADAMS BOSTON LAGER | 8

STELLA ARTOIS | 9

CHILDREN'S MENU

12 and younger

CLASSIC "SUSHI" ROLLS

RICE & CUCUMBER 12

RICE & AVOCADO 12

BOWL OF SUSHI RICE 5

SOY SAUCE

TRADITIONAL CHEESE FLATBREAD PIZZA 15

HOUSE MARINARA, SHREDDED MOZZARELLA

GRILLED CHEESE & FRIES 13

TEXAS WHITE BREAD, AMERICAN CHEESE

CHICKEN FINGERS & FRIES 13

DESSERT

CHOCOLATE CHIP COOKIES (2) 6

WAVES

DESSERTS IN JARS

\$12

CHOCOLATE PEANUT BUTTER CUP

PB COOKIE CRUMBLE, CHOCOLATE PB MOUSSE, PEANUT PRALINE

STRAWBERRY THAI BASIL CHEESECAKE *GF

STRAWBERRY COMPOTE, THAI BASIL CHEESECAKE, GRAHAM CRACKER STREUSEL

MAI TAI PARFAIT

RUM BABA, LIME CURD, ORANGE SUPREMES, RUM GELEE, ORGEAT CREAM

COCONUT RICE PUDDING

COCONUT AND PANDAN RICE PUDDING, TOASTED PANDAN CAKE, PASSIONFRUIT GEL