

SEASONS



Seasons does not accept cash payments for food and beverages. However, cash tips for our staff are welcome.

APPETIZERS

SHRIMP CEVICHE	19
Citrus Marinated Shrimp, Tomato, Cucumber, Sliced Onion. Served with Rice Crisps	
BRUSCHETTA	14
Ricotta Spread, Marinated Tomatoes, Balsamic Glaze	
CRAB CAKES*	18
House-made Crab Cakes served with Remoulade Sauce	
QUESADILLAS*	17
Monterey Cheese, Sautéed Peppers and Onions and your choice of Beef or Chicken	
LOADED NACHOS	16
Beef Chili, Queso, Jalapenos and Black Beans served with Salsa (GF)	
CHICKEN WINGS*	18
Teriyaki glazed Buffalo Sweet Chili	
CALAMARI CHORIZO*	18
Sautéed Calamari Chorizo, Diced Potatoes in a Smokey Tomato Sauce. Served with Toasted Bread	
HUMMUS*	14
House-made Hummus, Grilled Pita, Fresh Vegetables	
STREET CORN	12
Grilled Corn on the Cob, Avocado Crema, Fresh Cilantro, Parmesan Cheese	

SOUP AND SALAD

FRENCH ONION 11 CHILI 9 SOUP DU JOUR 9

SALAD ADD-ONS SHRIMP {4} 12 GRILLED CHICKEN 8 SALMON 13 STEAK {8OZ} 16 TEMPEH 8

SPINACH SALAD	15
Baby Spinach, Strawberries, Red Onion, Feta Cheese, Roasted Walnuts, Honey Balsamic Vinaigrette	
HOUSE SALAD	10
Red wine vinaigrette Balsamic Ranch	
CAESAR SALAD	13
Romaine Hearts, Parmesan, Croutons, Anchovies	
BURRATA & HEIRLOOM TOMATO SALAD	16
Balsamic & Pesto	

Food Allergen Statement: Menu items may contain milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat or soybeans.
Please notify your server if you or someone in your party has a food allergy.

SANDWICHES

Add bacon or egg \$2 each. Served with your choice of fries, sweet potato fries or onion rings+\$ unless otherwise stated.

SEASONS BURGER*	19
Blend of Chuck, Short Rib and Brisket, Cheddar Cheese, Lettuce, Tomato, Red Onion, Pickles & Seasons Sauce on a Brioche Bun. Turkey Burger, Plant based, & Gluten Free options available	
WRAP*	18
Select one: Blackened Chicken Caesar, Buffalo Chicken or Shrimp	
GRILLED CHICKEN PESTO SANDWICH*	19
Provolone, Lettuce, Tomato, Pesto spread on a Ciabatta Roll	
PRIME RIB MELT*	20
Thinly sliced Prime Rib, Cheddar, Caramelized Onions, Horseradish Sauce, White Bread	
CUBAN	18
Sliced Roasted Pork loin, Ham, Swiss Cheese, Pickles, Mustard. Served with Fried Plantains	
TURKEY SANDWICH	17
Sliced Turkey, Bacon, Swiss Cheese, Lettuce, Tomato, Honey Mustard, on White Bread	

ENTREES

MARGARITA CHICKEN*	23
Tequila, Lime, Orange and Honey Marinated Grilled Chicken. Served with Annatto Rice, Seasonal Vegetables and Cilantro Coulis	
GUAVA SALMON*	29
Seared Faroe Island Salmon, served over Annatto Rice, Seasonal Vegetables and a House-made Guava BBQ Sauce	
TAMARIND RIBS	24
Slow Cooked Baby Back Ribs glazed with a House-made Tamarind Sauce, served with Sweet Potato wedges and Corn on the Cob	
BRUSCHETTA CHICKEN PASTA	23
Orecchiette Pasta, Grilled Chicken, Fresh Basil, Garlic, Parmesan Cheese, Light Chicken Pan Sauce	
GNOCCHI	22
Sauteed Spinach, Sundried Tomatoes, Light Velouté, Parmesan Cheese	
FISH TACOS	18
Crispy Haddock, Shredded Cabbage, Avocado Crema, Fresh Cilantro, Served with Annatto Rice	

COULOTTE STEAK* 36
Grilled Coulotte Steak, served with Roasted Garlic Mashed Potatoes, Truffled Spinach and Cilantro Coulis

LOBSTER ROLL MP
CT or Maine Style Lobster served on a Brioche Bun. Served with your choice of side.

Looking for vegetarian or gluten free? Any menu selection can be modified- just ask your server!

*Fully cooked meats and seafood greatly reduces the risk of food borne illness