

W E L C O M E





Welcome to our new concept in **relaxation** and **skin care**.

Welcome to our new concept in relaxation and skin care. At Acqua di Mare Spa we have created a wonderful wellness space for you to take advantage of a hydrotherapy circuit that includes, steam room, Jacuzzi, saltwater therapy pool and cold immersion. This area will prepare your entire body to receive the benefits of our variety of spa treatments. The spa offers 5 individual treatment rooms and two couples suite. Each treatment room has its own name after the inspiration on marine themes and **ocean reef** components as well as different **chakra** colors. We also offer a cozy relaxation area before or after your therapy. Our facilities include a spa skin care boutique and a full service hair and beauty salon. The salon has 3 multi purpose chairs offering hair services, manicure, pedicure and even facials. We have also duplicated this same multi purpose space for the little ones that want to venture into children skin care spa fun services!

Our therapies are based on marine ingredients that will provide over all well-being. **Seawater** is a Natural source of Beauty –Pure Energy Seaweed—is rich in vitamins, minerals, amino acids and proteins. We use it in our products to provide the most advanced scientific benefits from the most **natural life** affirming source, the sea. That is what we mean by innovative Skincare. That is our commitment to you. Beauty and Wellness from the Sea.

[SIGNATURE DI MARE]

Acqua di Mare personalized energy massage

Our spa is inspired in a variety of colors within the marine world and focusing in the chakra colors, which are the energy centers from the human body. We have created a magnificent personalized massage, either for relaxation with aromatherapy or a deep tissue technique to release muscle tension from excess fatigue. Based in the energies that we need to work on you we will select an specific aromatherapy and oil massage for your therapy and will also work on target areas to treat your energy balance. **85 minutes**

Acqua pacific pure body & face revival

The Ultimate body and facial Anti-stress therapy. Combining the ancient Ayuverdic Hot Oil therapy with Hot Stone relaxing massage, and then a cooling Hydra Dew Facial that will provide immediate deep moisture and protection. Deliver maximum results in a minimum amount of time. Awaken all your senses and emerge totally renewed from the Ocean. 85 minutes



Crown amazing anti-jet lag arrival

Enjoy this unique Signature experiencie where you will receive a Swedish massage in combination with a wonderful Eye treatment specifically designed to reduce the appearance of under-eye puffiness, dark circles, and fine lines. You won't believe your eyes. Can't miss this amazing arrival experience!

85 minutes

Sea **escape** experience

Enjoy the magnificent healing experience of stone therapy on your hands, arms and feet while relieving the tension and stress that will improve overall well being combined with a facial treatment known as the Best Facial of the Century "Repêchage Four Layer Facial". European seaweed and minerals will rejuvenate, renew, tone and firm your skin. Don't miss this Unique Spa Experience! **85** minutes

Sensory fusion

Enjoy your selection of swedish or deep tissue massage followed by a facial where you get to choose the flavor of your mask such as moisturizing chocolate, multivitamin vanilla-pumkin, renewal mixed berries or calming matcha to provide skin deep hydration. Awake all your senses and leave feeling refreshed! **85 minutes**



Therapeutic candle massage

Enjoy a full body massage with a combination of Acupressure, Reflexology, Deep Tissue and Stretching techniques to release physical and mental stress. Additional to the combination of techniques, you will enjoy during this session an innovative application of hot candle special wax to nourish and soften your skin. You will feel a superior silky sensation after this therapy. **85 minutes**

Deep blue **experience** for **couples**

Enjoy a magnificent honeymooner's experience. Indulge yourselves side by side in the privacy of our Spa couples suite with a Seaweed Classic European Facial, followed by a relaxing aromatherapy massage. After, you will enjoy a little privacy snuggle time with sparkling wine and chocolate covered fruit. The ultimate romantic experience for you and the one you love. I 10 minutes

[FACIALS DI MARE]

Repêchage vita cura 5 phase firming facial

Provides an instant trigger to younger looking skin. Invigorates and lifts mature skin. An Enzymatic micropeel helps uncover a vibrant complexion. Two facial massages and a Spirulina seaweed mask with Pentapeptides will firm and smooth the skin. Long term benefits to preserve elasticity, improve oxygenation and helps cell renewal providing advanced skin repair. Also enjoy a hand and foot massage. **85 minutes**

Repêchage 4 layer facial

The Repêchage Premier anti-aging facial treatment, named "... the best facial of the Century..." Experience layer upon layer of pure fresh European seaweed that rejuvenates, tones, and firms the skin, resulting in renewed moisture and the visible glow of younger looking skin. Includes a hand & foot massage with antioxidant Repêchage seaweed cream. **85 minutes**

Hydra medic facial

Hydra Medic deep pore cleanses, purifies and controls existing breakouts while helping to prevent new ones from forming. Reduces oil, while maintaining skin moisture balance. This pure and refining treatment allows cleansing deep down while soothing and healing lesions, leaving skin with renewed freshness and purity. Proven results. Give yourself a second chance to look the best!

85 minutes

Hydra **dew** facial

Goodbye to dry skin with the perfect solution from the Sea... This treatment helps to reestablish the skin's protective film, moisturizes and combats hyper-pigmentation and wrinkles. High in beta-carotene, BI, B2, B, B6, calcium, magnesium and iron, Hydra Dew Express Lift Moisture Mask delivers maximum results in a short time.

55 minutes

Hydra refine facial

Cleansing treatment that rids skin of impurities and helps to eliminate future breakouts. Seaweed, Lemongrass and Cucumber will leave your skin feeling refreshed, renewed and ultra clean. It is a great basic treatment to provide gentle steaming deep exfoliation followed by a multivitamins seaweed serum and a fresh seaweed mask. Skin is clean, refreshed, healthy and vibrant. Ideal for anyone with oily complexion or tendency to breakouts. Men's favorite choice! 55 minutes





The hot stone massage

The original Stone Therapy provides a deep warm nourishing massage that is applied with soft, round and warm volcanic stones. The warm stones will be placed between your toes, along your spine and on the chakra center points of your body. Aromatic oils will prepare your body to receive the warm stones in combination with long, soothing strokes, reflexology, deep-cross fiber techniques and acupressure. Hot therapy aids rapid healing and tissue repair, releases deep tension, and brings relief to chronic deep pain. 85 minutes

Thai herbal massage

This Thai massage releases muscular tension with soft rolling movements made with a hot pack filled with dry herbs like tamarind leaves, lavender, ginger, lemongrass and laurel. This warm treatment has medicinal benefits and feels heavenly on sore muscles. **85 minutes**





Oops you did it again too much fun in the sun! This facial is specially designed to balance, soothe, protect and help decrease skin sensitivity. Includes a soothing massage with seaweed serum rich in vitamin C and minerals in combination with a deep relief tea blend gel that will cool and reduce redness and irritation, 55 minutes

Optifirm eye conotour treatment

Specifically designed to reduce the appearance of under-eye puffiness, dark circles, and fine lines. This treatment is based on the latest advances in skincare and clinically proven ingredients that work to combat signs of sleep deprivation, aging, and environmental damage. So, whether you're recovering from the holiday parties, your jet-set vacation itinerary or simply that little excess champagne, this treatment warranties to give you the look you've been craving - well rested, luminous eyes. 30 minutes



Bamboo Massage

This massage is a new way of feeling. Each bamboo tool is designed to work on various parts of the body and maximize leverage and gravity with sliding, rolling, kneading, pivoting, tapping and friction techniques. Because the tools cover such a broad area at one time, they afford some of the most effective and enjoyable work imaginable on trouble areas such as neck, shoulders, back and legs. Enhances circulation and will remove stagnant toxins and move blood throughout the body, heart and lungs, improving internal respiration.

85 minutes

Select Massage

You may choose between a Gentle full body aromatherapy massage that will improve circulation concentrating on the muscles to relive discomfort and tension caused by every day stress and activities; or a firmer and deeper type of body massage that will help to release chronic muscle tension derived from exercise activities or for guests that enjoy of a firmer pressure massage technique. 55 / 85 minutes

Active Massage

Your choice of neck, shoulders, upper and lower back massage that combines deep and relaxing techniques; or a legs massage that will provide the means to ease the tension and revitalize the weight-bearing part of the body. Enjoy a body lifting experience with this wonderful massage.

30 minutes

Reflexology

A truly comfort experience and supreme relaxation. This technique utilizes pressure points of the feet corresponding to specific organs of the body to relieve stress and release blocked energy throughout the body. A fantastic technique you don't want to miss! 30 / 50 minutes

Mother to be massage

A therapeutic and deeply relaxing massage targeting the legs and feet, lower back, neck and shoulders. You will want to return for another. Massages in the first trimester are not recommended! 55 minutes



Thalassotherapy seaweed

body treatment

Start the Sea journey with a sea salt exfoliation followed by a full body seaweed body mask that will offer overall circulatory stimulation, encourage elimination of toxins, softens and smoothes skin giving a total sense of well-being. After we apply this mask you will be wrapped and covered with a thermal blanket to help penetrate the nutrients into your skin and then rinse it off in the shower to seal with a reenergizing seaweed body cream.

55 minutes

Peppermint sea twist body wrap

Refreshing body treatment that combines peppermint oil with freshly harvested seaweed to stimulate, rejuvenate and purify your skin. Improves circulation, making it an ideal treatment for sore, aching muscles, water retention and anti-celullite. We will end the treatment with a contoruing seaweed body cream to hydrate and give that finishing touch and benefit into your skin. You will emerge with a cool and invigorating feeling.

55 minutes

A la carté **body treatment** wrap

Enjoy from our selection of body treatments and masks the flavour of your preference. A delicious experience that includes a full body exfoliation to prepare your skin receive the benefits of a nourishing body mask. This treatment will remove dead skin cells and leave the skin soft and smooth. Designed to stimulate the senses. 55 minutes

A la carté body exfoliation

Enjoy a la carte your choice of Pomegranate cranberry apple, Sea Salt or Honey & Almond body scrub to eliminate rough and dehydrated skin leaving your body smooth, refreshed and reenergized. Scrub away winter rough skin, paying special attention to elbows, knees and feet. After exfoliation, you will rinse your body and towel dry and apply a hydrating body cream for you to emerge healthy and radiant. 30 minutes

Peppermint foot

treatment

Invigorate and re-energize your tired, aching or swollen feet & legs. Enjoy this therapeutic treatment created with a special blend of seaweed and peppermint essential oils followed by a foot reflexology massage for a sense of total body wellness. **45 minutes**



[HAIR SALON]

Premier spa

manicure or pedicure

If you are looking for an upgrade traditional service... you better try the difference with our deluxe spa manicure or pedicure that includes your choice of any a la carte scrub and nourishing mask or paraffin to hydrate and pamper your skin!

50 minutes manicure / 60 minutes pedicure



Cut

Women cut & style Men cut & style Child cut & style

Style

Short styling
Medium blow dry / ironing
Long blow dry / ironing
Bride style
Up do style
Make up

Color and Highlights

Single process color short
Single process color medium
Single process color long
Capillary treatment
Highlights short
Highlights medium
Highlights long

Waxing

Eyebrow, lip or chin Arm Underarm Full leg Half leg Bikini

Classic european

manicure or pedicure

Our Classic European manicure or pedicure features warm soaking, light exfoliation, cuticle care, nail shaping and application of hand or foot cream. Polish of your choice is available for women.

40 minutes manicure / 50 minutes pedicure

Please take a moment to read this important information

- Please advice your therapist of any condition such as high blood pressure, heart arrhythmia, pregnancy or any other medical conditions. The spa is not responsible for personal health-related incidents.
- Please be aware that recovery from tension or muscle stress may require more than one massage session.
- Plan to arrive at least 30 minutes prior to your appointment. This is to allow you plenty of time to check in, change
 and use the steam room, Jacuzzi and cold immersion to begin the relaxation process.
- Arriving late will deprive you of value treatment time. As a courtesy to the next guest your treatment will end at the time originally scheduled.
- All prices are in US currency and Mexican pesos with federal tax included.
- Additional gratuities are appreciated but not mandatory.
- Please give us 8 hours notice before canceling or rescheduling your appointment or your account will be charged as a "no show" with 100% of your treatment cost.
- All prices are subject to change without further notice.
- The spa is designed for the enjoyment of our adult guests. To receive a treatment, guests must be 18 years and older, under 18 we require an adult to be present through the service.
- We recommend that you do not wear jewelry before you receive a treatment. The spa is not responsible for lost, stolen or damaged personal possessions.
- Gift certificates are available for all services.





Hours of operation: 9:00 am - 7:00 pm

For reservations and information please contact our spa concierge at ext. 2600 Tel. (322) 226 6868 | spa.pvr@crownparadise.com | www.crownparadise.com | CROWN PARADISE PUERTO VALLARTA | Av. de las Garzas #3 Zona Hotelera Norte. Puerto Vallarta, lal. C.P. 48333





