

# DINNER MENU I

## Appetizer

**Soup of the Day** **VG**  
Chef's selection 22

**Mediterranean Salad** **VG**  
Romaine lettuce, kale, tomatoes, cucumber, red onions, black olives, feta cheese, italian dressing 35

**Caesar Salad**  
Romaine lettuce, kale, parmesan cheese, crouton, radish, caesar dressing 35

**Tropical Crabcake**  
Deep fried with avocado puree, pineapple salsa 36

**Beetroot Hummus** **VG** **v**  
Sweet potato crisps 25

**Vegetable Samosas (6)** **VG**  
With a sweet chili 28

**Grilled Vegetable Bruschetta** **VG** **v**  
With goat cheese, balsamic reduction 25

**Vegetable Spring Rolls (6)** **VG**  
With a sweet chili 28

**Chicken Tostada (2)**  
Pickled mango and cabbage slaw, guacamole, pico de gallo 36

## Desserts

**Mango Crème Brûlée** 24

**Cheesecake** 24  
With berry compote

**Apple Pie a la Mode** 24  
With Vanilla Ice cream

**Chocolate Mousse** 24  
With Chocolate Ganache & Berry Compote

**Tropical Fruit Salad** **VG** 24

## Entrees

**Cajun Salmon Fresco**  
Sautéed vegetables, balsamic vinaigrette 72

**Poached Catch of the Day**  
With a dill cream sauce, basmati rice, sautéed vegetables 65

**Chicken Roulade**  
Stuffed with spinach, roasted red pepper and feta, roasted pepper sauce, coconut basmati rice, string beans 58

**Caribbean Coconut Curry** **VG**  
Basmati rice, vegetables, mango chutney  
Vegetable | Chicken | Shrimp 48 | 58 | 68

**Braised Lamb Shanks**  
Smashed potatoes, brown sauce, sautéed vegetables 80

**Fettucinne Alfredo** **VG**  
Al Dente Pasta in a Creamy Cheese Sauce  
Vegetable | Chicken | Shrimp 48 | 58 | 68

**8oz Striploin**  
Smashed potatoes, brown sauce, sautéed vegetables 85

**Surf and Turf**  
8oz striploin and grilled shrimp, loaded baked potato, sautéed vegetables 99  
Supplement 30

**Mushroom Ragu Pappardelle** **VG**  
Garnished with shaved parmesan cheese 52

**The Impossible Burger** **VG** **v**  
100% plant based, chickpeas, plantain, black beans, tomato, kale, yoghurt dill sauce, sweet potato crisps 38

**Bacon Jam and Brie Xplosion Burger**  
Sticky bacon jam, shoestring onions, cajun fries 56

**10oz Ribeye**  
Loaded baked potato, mixed leaves 135  
Supplement 30

## Sides

**Mac and Cheese** 20

**Loaded Baked Potato** 20

**Basmati Rice** **VG** 15

**Grilled Vegetables** **VG** **v** 15

**Garlic Bread** 15

## Shareables

**Fruit and Cheese Board**   
Fresh fruit selection, nuts and a variety of cheese cuts 42

**Hand Tossed Pizza**  
Personal 12" Pizzas:  
Chargrilled Chicken Pesto 46  
Meat Lover Pizza 38  
Cajun Shrimp 48  
Margherita 34

**Loaded Seafood Platter**  
Coconut Shrimp, Calamari, Fish Bites, Cod Fish Cakes, served with Fries 48





# LUNCH MENU

## Bar Bites

**Fishcakes (6)**  
With a homemade Coco's sauce 24

**Bajan Buljol**  
Sweet potato crisps 25

**Deep Fried Calamari**  
Lemon Zest with Marie Rose 38

**Nacho Crusted Chicken Strips**  
Pico-de-gallo, cheese sauce 30

**Bajan Spiced Chicken Wings (6)** 🍴  
Buffalo or BBQ with a blue cheese dressing 38

**Vegetable Samosas (6)** 🌱  
With a sweet chili 28

**Loaded Nachos** 🌱  
Corn tortilla chips, guacamole, sour cream, cheese sauce, salsa, jalapeno 32

**Vegetable Spring Rolls (6)** 🌱  
With a sweet chili 28

**Mango Jerked Pork Taco (2)** 🍴  
Pickled mango and cabbage slaw, lettuce, mango jerk sauce 38

**Chicken Quesadilla**  
Chicken, pico-de-gallo, cheese, jalapenos, sour cream 38

## Salads

**Summer Mixed Salad** 🌱 v  
Mixed lettuce, cantaloupe, honeydew, pineapple, kiwi and watermelon, passionfruit vinaigrette 30

**Ultimate Caesar Salad**  
Romaine lettuce, kale, parmesan cheese, crouton, radish, caesar dressing 35

**Chicken Chopped Salad**  
Mixed lettuce, tomato, cucumber, boiled egg, bacon, diced cheddar cheese, ranch dressing 36

**Cocos Supreme Salad Bowl** 🌱 v 🌱  
Quinoa and green peas tossed, roasted pumpkin, broccoli, cherry tomatoes, beetroot, black sesame seeds, avocado pulp, lemon vinaigrette 42

## Sandwiches

*served with fries*

**Cajun Chicken Waffle Sandwich**  
Chicken, bacon, kale, tomatoes, cocos sauce, maple syrup 48

**Classic B.L.T**  
Crispy bacon, lettuce, tomato with mayo on toast 35

**Club Sandwich**  
Chicken, bacon, cheddar cheese, kale, tomatoes, avocado puree, mayo 38

**Roast Beef Reuben**  
Slices roast beef with Sauerkraut, cheddar cheese, cocos sauce, on sour dough bread 48

**Grilled Fish Sandwich**  
Onion rings, kale, tomato, homemade tartar sauce on a sesame bun 40

**Bajan Flying Fish Cutter**  
Kale, tomatoes, pickles, homemade tartar sauce on a sesame bun 45

**The Impossible Burger** 🌱 v  
100% plant based, chickpeas, plantain, black beans, tomato, kale, yoghurt dill sauce, sweet potato crisps 38

**Nachos Burger**  
Double decked burger, bacon, kale, pico-de-gallo, crispy nachos, cheese sauce 48

## Wraps

*served with fries*

**Buffalo Chicken Ranch**  
Deep-fried chicken, lettuce, tomato, ranch dressing 38

**Roasted Vegetables Pesto** 🌱 🌱  
Red onion, bell peppers, zucchini, mixed leaves and feta cheese, pesto dressing in a spinach wrap 45

**Philly Cheese Steak**  
Tender stripped steak, sauteed onions, peppers and cheese in a toasted tortilla wrap 46

**Fish Ceasar**  
Romaine lettuce, caesar dressing, parmesan cheese, crouton wrapped in tortilla wrap 42



# PIZZAS

## Neapolitan Pizzas

Margherita **VG** v  
34

Chargrilled Chicken Pesto  
46

Cajun Shrimp  
48

Meat Lovers  
42

Pepperoni  
38

## Sides

Sweet Potato Fries | Cajun Fries | Garlic  
Bread  
12

Fried Plantain **VG** v  
15

Add Chicken, Fish, Shrimp  
20 | 20 | 25

# SUMMER DAILY COCKTAIL

## 2 for 1 ALL DAY

MONDAY  
LIME MARGARITA  
24 | 28

TUESDAY  
BANANA DAIQUIRI  
22

WEDNESDAY  
RUM PUNCH  
12

THURSDAY  
SEX ON THE BEACH  
20

FRIDAY  
PINACOLADA  
22

SATURDAY  
HURRICANE  
22

SUNDAY  
SANGRIA  
22

