NABANE
SPA

ALIVE I AM

NABANE SPA

WELCOME

Immerse yourself in a world of unique sensations designed to awaken your senses and bring you to a state of deep wellness. With the guidance of our expert therapists, you will create a harmonious connection between your mind, body, and spirit, achieving a serene state that allows you to completely renew yourself.

From soothing aromas that calm your mind to therapeutic sounds that balance your emotions, every detail has been thoughtfully designed for an unforgettable sensory journey.

Achieve the holistic wellness you deserve, and give yourself the rest and inner peace needed to embrace each day with renewed energy and vitality.

RULES

SPA admissions

All reservations are subject to availability.

Spa services are not included in the room rate and are priced per person in Mexican pesos. Taxes are included.

All spa services can be booked for couples with prior notice.

Treatments lasting 60 minutes or more include access to the hydrotherapy circuit. Treatments with a shorter duration DO NOT include access to the hydrotherapy circuit.

Arrival procedure

To fully enjoy a renewing experience in our hydrotherapy circuit, we recommend that you arrive at least one hour before your appointment.

If you do not plan to use the hydrotherapy circuit, please arrive at least 15 minutes before your appointment.

If you arrive late for your treatment, the therapist may need to shorten the duration to accommodate other scheduled appointments. Please note that the full fee will still apply, without exception.

Cancellation policies

If you need to cancel or reschedule your appointment, we kindly request at least 3 hours' notice. Failure to do so will result in a 25% charge of the total service cost.

SPA RULES

- Access to minors is not allowed.
- The consumption of alcoholic beverages and cigarettes is not permitted within the SPA facilities.
- For health and safety reasons, no treatment will be given under the influence of drugs or alcohol..
- The SPA and the hotel are not responsible for forgotten or lost items.
- It is recommended that you wear appropriate clothing during your stay in the SPA facilities.
- Please arrive 15 minutes before your appointment.
- It is important to fill out the medical questionnaire that is given upon arrival at the SPA reception before using the facilities. If you have any health problem, it is essential to notify it in said questionnaire.
- The SPA treatments and hydrotherapy areas are strictly professional; In the event of any inappropriate conduct, the session will be terminated and no refund will be made.

HYDROTHERAPY CIRCUIT

60 minutes

Immerse yourself in the relaxation and serene tranquility of Oaxaca's exclusive and unique hydrotherapy circuit.

Clear your mind and awaken your senses as you enjoy a steam treatment, revitalizing sauna, and energizing shower.

Alternate between sequences of contrasting temperatures, immersing yourself in our hot and cold jacuzzis and sensation pool with pulsating jets, followed by relaxation on our thermal beds.

*For your safety, please limit your time to 15 minutes in any of the 'hot' stations.

*Included with treatments of 60 minutes or longer.
*30 minutes treatments only include the pool area.

PRICE PER PERSON : $1,250 MXN

FACIALS

ANTIOXIDANT C+C FACIAL - 60 Min. $2,550 MXN

100% antioxidant treatment, that boosts your skin's radiance and revitalizes it, giving you deep hydration for soft and glowing skin.

OXYGENATING FACIAL - 60 Min. $2,550 MXN

Revitalize your skin with pure oxygen. Purify, calm, balance, and decongest for maximum results.

DETOX FACIAL - 90 Min. $2,900 MXN

Detoxifying facial with a meticulous extraction process, leaving your skin deeply cleansed and radiant.

All our prices are in Mexican pesos and include VAT.

FACIALS

ANTI-AGING 3D FACIAL - 90 Min. $3,150 MXN

Stimulate collagen and elastin production to strengthen the skin's structure, reducing fine lines and wrinkles. Enjoy firmer, smoother, and more hydrated skin.

GENTLEMAN GLOW FACIAL - 90 Min. $2,900 MXN

Designed specifically for male skin, this treatment restores, detoxifies, and deeply moisturizes your complexion. Achieve balanced, healthy-looking skin. (Includes extractions)

EXPRESS FACIAL - 40 Min. $1,550 MXN

An effective cleansing ritual that unifies and brightens your skin tone, leaving it luminous and radiant.

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MASSAGES

INTUITIVE MASSAGE* - 60 / 80 Min. $2,990 / $3,390 MXN

A personalized experience where the therapist applies a wide range of massage techniques, tailored to your needs, complemented by a unique synergy created just for you.

* Our intuitive massage is complemented by the following synergies:
- Relaxing (a blend of lavender, chamomile, and geranium oils),
- Energizing (a blend of rosemary, eucalyptus, and peppermint oils)
- Detoxifying (a blend of basil, lemon, and thyme oils).

These are carefully chosen and prepared by our therapist based on your mood.

THERAPEUTIC MASSAGE WITH HOT STONES - 90 Min. $3,490 MXN

A Swedish massage combined with hot stone therapy – the perfect blend to alleviate muscle tension with heat, delivering a profound sense of relaxation.

All our prices are in Mexican pesos and include VAT.

MASSAGES

ANCESTRAL MASSAGE - 80 Min. $3,490 MXN

IAn induce deep relaxation through meditation, followed by a massage with ancient techniques and stretching with rebozos (Mexican shawls), achieving the perfect balance of body and mind.

BACK MASSAGE - 30 Min. $1,900 MXN

A targeted back and neck massage to relax your muscles and alleviate stress, designed for effective relief.

MASSAGE FOR TIRED LEGS - 30 Min. $1,900 MXN

Stimulates circulation, alleviates fatigue and heaviness in the legs, reduces tiredness, and offers significant benefits for your well-being.

All our prices are in Mexican pesos and include VAT.

Natura Bissé

RITUALS

RENEWING RITUAL - 60 Min. $3,200 MXN

Rejuvenate your skin with a salt-based exfoliation, followed by a deeply hydrating body mask. Renew your skin and relax your senses in a personalized way.

COFFEE RITUAL - 60 Min. $3,000 MXN

Activate your blood circulation and remove impurities with a coffee scrub that will prepare your skin for a detoxifying and nourishing body mask.

All our prices are in Mexican pesos and include VAT.

PACKAGES

RESTORATIVE - 150 Min. $3,750 MXN

Hydrotherapy
Body exfoliation
Intuitive massage 50 minutes
Moisturizing facial mask

SPECIAL - 170 Min. $5,300 MXN

Hydrotherapy
Renewal Ritual
Intuitive massage 50 minutes

ROMANTIC - 140 Min. $6,050 MXN

Hydrotherapy Circuit
Intuitive Massage 50 minutes for couple
Private Jacuzzi
Special Amenity

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ADDITIONAL SERVICES

Take your experience further by adding an extra service.

Body exfoliation	$800 MXN
Moisturizing facial mask	$590 MXN
Relaxing gel	$400 MXN
Private jacuzzi	$790 MXN
Party Vial: instant glow	$840 MXN
Instant lift mask	$650 MXN

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