



THE WILD CLINIC & MARBELLA CLUB

*An introduction
to whole-person
health*

4 NOVEMBER · FROM 9:30AM
Cabinet of Curiosities - Marbella Club

WILD CLINIC
BY WILDING TRIBE

You are personally invited to a complimentary breakfast introducing Mark Bennett, BSc (Hons), mBANT, CNHC, Nutritional Therapist and Co-Founder & Scientific Lead of The Wild Clinic. Discover a whole-person approach to health that explores your individual biochemistry and the interconnected systems influencing how you feel, function and thrive — looking beyond isolated symptoms to understand your unique health picture.

MORNING PROGRAMME

9:30-10 AM · Welcome Breakfast & Introductions
10-11 AM · Mark's Introductory Talk & Discussion
11-11:30 AM · Questions & Answers
11:30-12 AM · MYTHBUSTING with Fee & Mark
FROM 1 PM · Individual Consultations

PRACTICAL WORKSHOPS

Explore five themes in whole-person health: hormones, hydration and metabolic health; inflammation and immune function; gut health, allergies and individual biochemistry; nutrition, fasting and metabolic flexibility; and mitochondria, cellular energy and healthy ageing.

INDIVIDUAL CONSULTATIONS

COMPLIMENTARY 15-MINUTE EXPLORATORY CONSULTATION

A first conversation to discuss your health priorities, ask questions and explore whether The Wild Clinic is right for you.

90-MINUTE INITIAL HEALTH CONSULTATION · €1,060

A comprehensive, personalised health assessment encompassing:

- Extensive health questionnaire covering your history from birth to present
- Detailed practitioner review in advance
- 90-minute individual assessment
- Identification of key health priorities and potential contributing factors
- Comprehensive written assessment report
- Initial personalised nutrition, lifestyle and targeted supplementation recommendations
- Bespoke strategy for next steps, including bloodwork and/or specialist functional testing where appropriate
- Includes dedicated post-assessment or consultation support time

Testing is tailored to the individual, arranged separately and is not automatically required.

To RSVP and pre-book a consultation or assessment: wellness@marbellaclub.com

Learn more at www.wildclinic.co.uk