

BREAKFAST MENU

BREAKFAST

Served between 08h00 & 10h00

The Mid Brekkie R75

Fried egg on toast with 2 rashers of bacon and a portion of chips

Scrambled Egg on Toast R30

2 eggs scrambled and served on a slice of toast

Grab & Go R45

Takeaway coffee/tea/hot chocolate & muffin

Takeaway coffee/tea/hot chocolate & a brekkie bun (bacon and egg) R64

The Early Riser R85

2 eggs served with 2 rashers of crispy bacon, grilled tomato & 2 slices of toast

Breakfast for Champions R135

Curried mince on toast topped with cheddar cheese

Vegetarian Full House (V) R115

2 Frey's vegetarian sausages, baked beans, grilled cherry tomatoes and mushrooms served with 2 slices of toast

Veggie Sausage & Beans (V) R85

2 Frey's vegetarian sausages served with a slice of toast topped with baked beans

Extras:

| | |
|-----------------------------|-----|
| Bacon | R30 |
| Pork Banger | R20 |
| Mushrooms | R25 |
| Egg | R10 |
| Baked Beans | R10 |
| French Fries (Half Portion) | R12 |
| Toast & Butter | R13 |

FROM THE BARISTA BAR

Espresso R18

Americano R20

Cappuccino R35

Caffe Latte R26

Mochaccino R23

TEA

Ceylon R20

Five Roses R20

HOT DRINKS

Hot Chocolate R38

Milo R32

FRUIT JUICE

Glass of Juice R25

Ask you waiter for available flavours

Opening Hours:

Mon - Satur - 11h00 - 21h00

Sun - 11h00 - 16h00

The logo for 29° South is presented on a dark, textured wooden background. The text "29° South" is written in a white, serif font, with the degree symbol and the word "South" being slightly larger than the number "29".

TOASTIES/WRAPS

Served with French fries on your choice of white or brown bread OR wrap

| | Toastie | Wrap |
|----------------------------|------------------|------|
| Cheese & Tomato (V) | R60 | |
| Ham, Cheese & Tomato | R80 | |
| Chicken Mayo | R70 | R85 |
| Cajun Chicken & Mozzarella | R86 | R105 |
| | Add a side salad | R30 |

PIZZARIA

Southern Italian-styled thin-base pizza accompanied by garlic, chilli & parmesan

| | |
|---|------|
| Margherita (V) Classic fresh tomato & mozzarella | R95 |
| Regina Tasty mix of ham, mushroom & mozzarella | R125 |
| Hawaiian Tangy pineapple, ham & mozzarella | R125 |
| Chicken (Spicy / BBQ) Grilled spicy/BBQ Chicken, mushroom, green peppers & mozzarella | R130 |

Extras:

| | |
|--------------------|-----|
| Mushroom | R25 |
| Mozzarella | R31 |
| Bacon | R30 |
| Feta | R20 |
| Avocado (seasonal) | R15 |
| Green pepper | R12 |
| Olives | R14 |
| Tomato | R12 |
| Chilli | R5 |
| Pineapple | R25 |

PLENTY OF PASTA

| | |
|--|-----|
| Chicken Alfredo Penne with a creamy chicken & mushroom sauce | R95 |
| Arrabiata (V) Classic penne with a tomato sauce & fresh basil | R75 |
| Spaghetti (V) Spaghetti with mushrooms, mixed peppers, roasted rosa tomatoes & fresh basil | R85 |

BURGERS

Served with French fries

| | |
|--|----------------------|
| Beef House-made ground beef patty (200g) layered with cheddar, pickles, caramelised onions, tomatoes & crisp lettuce | R125 |
| Chicken chicken breast layered with cheddar, pickles, caramelised onions, tomatoes & crisp lettuce | R105 |
| Vegetarian (V) Veggie patty layered with cheddar, pickles, caramelised onions, tomato & crisp lettuce | R100 |
| | Add a side salad R30 |

Extras:

| | |
|--------------------|-----|
| Bacon | R30 |
| Avocado (seasonal) | R15 |
| Cheddar | R16 |
| Pineapple | R25 |
| Egg | R10 |

SALADS

| | |
|--|-----|
| Cajun Chicken Grilled Cajun chicken strips on a bed of fresh salad greens with cucumber, onions, tomato & feta | R90 |
| Greek-style Salad (V) Fresh salad greens topped with rosa tomatoes, red onions, cucumber, black olives & feta | R80 |

SOMETHING SWEET

| | |
|--|-----|
| Cake of the day Please ask your waitron | R75 |
| Ice Cream & Chocolate Sauce | R35 |
| Ice Cream Surprise 2 Scoops vanilla ice-cream served in an ice cream cone and with a sweet surprise | R50 |
| House-made Waffle Topped with vanilla ice cream or fresh cream & a choice of chocolate sauce, maple syrup, Bar-One sauce OR peppermint crisp sauce | R65 |
| Chocolate Brownie Decadent chocolate brownies served with chocolate sauce and a choice of cream or ice cream | R78 |

MILKSHAKES

| | |
|--|-----|
| Chocolate, Vanilla, Strawberry, Bubblegum, Lime, Banana | |
| Large | R50 |
| Small | R20 |
| Fred's Freaky Shake | R50 |

Fred

KIDDIES MENU

for kids under 12



make it
SWEET

Yummy!



Veggie Nuggets & Chips (V)

R50

Bangers and Mash

R40

Pork or Fry's Veggie Sausage

R50

Chicken Strips & Chips

R95

Viennas & Chips

R50



Kiddies Pizzas

Hawaiian

R50

Margherita

R50



Ice Cream

R30

(with sprinkles, Oreos, sauce ect)

Fred's Freaky Shake

R50

TASTY



Delicious