

ACQUAPURA Balance SPA
Pure. Nature. Hideaway.



Discover your unique path to inner harmony at our Acquapura Balance SPA. Find sanctuary in our oasis, where nature's bounty flourishes in our permaculture garden: nestled amidst serene hills, meadows, and lush forests in the sun-kissed landscape of Southern Burgenland, your botanical paradise awaits. Indulge in rejuvenating days featuring bespoke treatments crafted to restore balance and vitality to your body.

In our permaculture garden, every plant, every stone, and every drop of water is carefully selected and tended to foster a harmonious balance between humans and nature.

From this holistic approach arise signature treatments, inspired by the sustainable diversity of the garden, divided into zones with 10 stages, offering enduring well-being followed by a delightful herbal tea.

We are delighted to accompany you on your personal journey to self-discovery, where every moment is a celebration of self-care and mindfulness.

ACQUAPURA SPA



The holistic and balancing effect of water on the body and mind



“Acqua pura” means “pure water” and, as such, represents the essence of the Spa worlds in the Falkensteiner Hotels & Residences. Here, the healing effects and the versatile benefits of this elixir of life are the focus.

Water has a hydrating, purifying, balancing, and toning effect. On the one hand, no other element than water is so felt in our Spas, when one considers the different forms it takes. It serves as a comfortably warm invitation to swim and let oneself drift, in the form of ice for infusions and subsequent cooling, as well as a deeply effective experience in the steam bath. On the other hand, water is perceived as a multi-sensory experience.

Hearing, seeing, feeling, tasting: the sound of gentle waves, weightless floating, a gentle embrace enveloping the body, and the enjoyment of cold, clear water as a thirst quencher – water revitalizes, relaxes, and enhances the well-being and resilience of the body and mind in a holistic and natural way.



ENERGY

renewed vitality &
strength



HARMONY

balance &
stability



CLARITY

serenity of the mind &
clarity in the body



RELEASE

relax &
unwind

Inspired by a life in harmonious balance, the concept of „Flow“ describes the ideal state of inner equilibrium. This is achieved when the four phases of harmony, clarity, release and energy are in a balanced relationship with each other.

Water has the power to bring us precisely there: the natural rhythm of the waves aligns with our emotional state and has the ability to gently influence it. Calm, steady waves, for example, have a soothing effect, while strong waves possess an energizing and revitalizing essence.

Depending on the emotional state you wish to attain or which (wave) phase you lack, in order to reach your personal flow, we select tailored treatments to let you achieve this ideal state.

The Acquapura SPA is your source of well-being. A place where you can unwind, discover your individual balance, and let your thoughts flow. What matters here is rediscovering your inner center.



PERMACULTURE
SIGNATURES

PERMACULTURE SIGNATURES

1ST STAGE: STONE GARDEN

HOT STONE

Grounding power of hot basalt | Deeply relaxing full-body massage



2ND STAGE: ORCHARD

LIVER DETOX RITUAL

Liver wrap | Unblocking | Promotes blood circulation | Cherry pit pillow



3RD STAGE: FLOWER GARDEN

NO TOX

Intensive full-body massage | Efficiently removes acidic residues and waste accumulation | Feather-light feel-good experience



4TH STAGE: BIOTOPE

P5 SOIN MINCEUR

BY PHYTOMER

Modelling, contour-shaping massage | Slimming lotion to reduce curves | Slimming pack with algae jam



5TH STAGE: VEGETABLE GARDEN

INTENSIVE MOISTURE

BY PHARMOS NATUR

Cooling & calming | Freshness & vitality for every skin type | Especially for young and dehydrated skin





PERMACULTURE
SIGNATURES



PERMACULTURE SIGNATURES

6TH STAGE: WILD HEDGE

TAILORMADE RELAX & FIT

PINO aromatic oil of your choice | Full-body massage | Massage techniques individually adapted to your wishes & needs



7TH STAGE: SPICES & HERBS

BALANCE SIGNATURE RITUAL

Holistic deep relaxation and relief for the whole body | Head massage | Herbal stamp with classic techniques | Activation of the vegetative nervous system | Abdominal massage



8TH STAGE: BERRIES

SCULPT ZONE

BY PHYTOMER

Slimming ritual for stomach, legs, buttocks & stubborn cellulite | Gentle sea peeling | Warming, shaping wrap



9TH STAGE: FLOWER MEADOW

BREUSS MASSAGE

Relaxing, warming & gently rhythmic back massage with warm St. John's wort oil | Optimal nutrient supply for your intervertebral discs | Holistic deep relaxation | Relief for your spine & vegetative nervous system



10TH STAGE: BEES

LOVE YOUR AGE - POWER TREATMENT

BY PHARMOS NATUR

Intensive regeneration | Wrinkle smoothing | Rejuvenation for mature skin in need of regeneration





BALANCE SIGNATURES

SLOW DOWN

Moving yet gentle massage for head, shoulders, neck, legs & feet | Comfortable warm neck pillow & cooling eye pillow for lasting regeneration



DE-STRESS-BACK

Tension releasing warm pack | Energizing massage for back & feet



BALANCE SIGNATURES

INDOBLISS

On the way to weightlessness
and deep relaxation | Massage
with large, stroking movements |
Warm sesame oil



LOMI-LOMI NUI

Ritual from Hawaii | Pure deep
relaxation | Circling, flowing
movements with Hawaiian music



NUAD TAO: COCONUT DELIGHT

Coconut milk foot bath | Head &
neck massage | Activation of the
reflex zones on the foot and calf



BALANCE COCO IMMERSION

Coconut milk and natural orange
spirit oil soothe the skin and
make it velvety soft | Includes a
glass of freshly squeezed
orange juice



DETOX ALKALINE BATH

Detoxification | Alkaline bath



MASSAGES



MASSAGES

PARTIAL BODY RELAX & FIT

Upon your choice: Back | Foot re-
flex zones | Head-shoulders-neck

 ENERGY  RELEASE

AROMA SENSES

PINO aroma candle of your
choice | Tailored to your well-
being | Pleasant & soothing

 HARMONY  CLARITY

COMBI FLEX

2 partial body areas of your choice:
foot reflex zones | Abdominal
massage | Back massage

 HARMONY  ENERGY

HERBAL STAMP

Hot herbal stamps and aromatic
herbal oils | Tapping, stroking,
and circular movements |
Relaxation for the whole body

 RELEASE  CLARITY

CRANIO-SACRAL THERAPY

Special osteopathic treatment |
Increases your well-being |
Resolves disturbances |
Activates the body's own
self-healing powers

 HARMONY  ENERGY

MASSAGES



REFLEXATION

Foot reflex zone massage |
Specifically stimulates countless
nerve points on the foot,
activating your body's
self-healing powers



ACQUAPURA SIGNATURE FLOW

Fascial massage | Mobility
check | Tension relief |
Increased flexibility



FLOAT & FIT LYMPH STIMULATING

Very gentle partial or
full-body treatment | Relief |
Decongestion | Blood circulation
enhancement | Stimulates the
immune system



GENTLE SPINE REGULATION (DORN & BREUSS METHOD)

Loosen muscles with warm
St. John's Wort oil | Alignment
of displaced vertebrae |
Immediate deep relaxation using
individual techniques





FACE

DETOX FACE

BY PHARMOS NATUR

Deep cleaning | Activates the flow of the lymph glands | Strengthens the connective tissue for every skin, especially for stressed skin and rosacea


HARMONY

BIO LIFTING

BY PHARMOS NATUR

Intensive care | Supply of nutrients | Natural firming | For dry, tired & sagging skin


ENERGY

EXCLUSIVE ROHINI REGENERATING TREATMENT

BY PHARMOS NATUR

Individual effectiveness of adaptogenic rejuvenation plants | Selected ingredients | Deep regeneration | Treatment ritual for every skin type


ENERGY

FACE



CITADINE

BY PHYTOMER

Counters urban pollution | Deep cleaning | Clarifies, detoxifies and oxygenates the skin



PERFECT REGARD INTENSIVE CARE FOR THE EYES

BY PHYTOMER

Firming care for radiant eyes & moments | Smoothing of fine lines



INTENTION JEUNESSE

BY PHYTOMER

Correction and tightening of fine lines | Instant effect thanks to multi-peeling | Active ingredients from the sea



HYDRA ORIGINAL

BY PHYTOMER

Plumping moisturizer | Organic algae | Filling & nourishing for more radiance



PIONNIER RÉVÉLATEUR DE JEUNESSE

BY PHYTOMER

Signature facial treatment | Happy aging care for your face, lips & décolleté | Mask and final care | For firm & radiant skin



FACE NATURE OF MEN



MEN SPECIAL ENERGY BOOST

BY PHARMOS NATUR

Activating | Deep cleaning |
Restores balance



MEN SPECIAL STRESSLESS

BY PHARMOS NATUR

Cell renewal | Regeneration |
Revitalisation | Soothes
irritations



„MEN´S AFFAIR“ PEAU NEUVE AU MASCULIN

BY PHYTOMER

Individual high-tech care with
active ingredients from the sea |
Oxygenating | Moisturizing and
anti-aging



BODY



BODY

BODY & FACE WITH ALOE VERA & ALGAE

BY PHARMOS NATUR

Full-body peeling & care pack |
A fresh kick that restores
balance to the face

 HARMONY  ENERGY

LOVE YOUR AGE RITUAL

BY PHARMOS NATUR

Full-body pampering programme |
Cosmetic relaxation massage for
the back | Individual facial

 HARMONY  RELEASE

RELAX & MOVE

BY PHARMOS NATUR

Relieves tension | Revitalises
muscles and joints | Promotes
blood circulation | Therapeutic
after sports activities and for
muscle and joint problems

 ENERGY

DETOX BODY

BY PHARMOS NATUR

Cleansing | Activates lymph
flow | Strengthens the connective
tissue for general tissue
cleansing, for congestion and
heavy legs, for cellulite

 HARMONY  RELEASE

VOILE DE SATIN

BY PHYTOMER

Relaxing full-body peeling | Sea
salt crystals | Massage for skin
remineralization and hydration

 HARMONY  RELEASE

BEAUTY



CAN BE ADDED
TO ANY FACIAL
TREATMENT

- Microdermabrasion

MICRODERMABRASION SPECIAL

Efficient intensive peeling
with microcrystals | Deep
cleansing | Serum | Mask |
Final care

 

FACIAL MASSAGE

With active ingredient ampoule |
Decollété | Nape | Neck

 

BEAUTY

BOOKABLE
FOR EVERY
HAND & FOOT
TREATMENT

- Alessandro coloured varnish
- Alessandro strip varnish
(Gel varnish)

MANICURE CLASSIC

Nail shaping | Treatment of
cuticles | Manicure with massage



HAND RITUAL

Manicure | Hand exfoliation |
Hand wrap | Hand massage |
Hands as soft as velvet



PEDICURE CLASSIC

Footbath | Heals bruises | Nail
shaping | Gentle foot massage



FEET RITUAL

Pedicure | Foot exfoliation | Foot
wrap | Foot massage | Soft and
well-groomed feet



ME TIME RITUALS



AROMA SPA FULL-BODY PACK

Pure indulgence | Floating
lounger, exclusively on request:

- moisturizing pack
- mud pack for the joints
- seaweed wrap
- firming body pack



ORANGE SUGAR PEEL

Sugar scrub | Orange,
coconut & soybean oil



BALANCE SPECIAL PEELING

Cleansing full-body peeling |
Followed by exquisite
body lotion



PAPAYA & ALOE SEA SALT PEELING

Sea salt peeling |
Papaya & Aloe Vera oil



SALT ON MY SKIN

Gentle cosmetic vitality
massage | Sea salt peeling
& relaxing bath



PRIVATE SPA



PRIVATE SPA „TRILOGIE“

Your own steambath | Choose from three different peelings | Bathtub with space for two | Three types of bath cream or five different bath salts | Cozy lounging area for two

 RELEASE  CLARITY  HARMONY  ENERGY

PRIVATE SPA „ACQUARELL“

Whirlpool tub with space for two | Three types of bath cream or five different bath salts | Cozy lounging area for two

 RELEASE  CLARITY  HARMONY  ENERGY

ENJOY IN PRIVATE WITH YOUR PARTNER IN THE LIGHT-FLOODED PRIVATE SPA SUITE

Basic inclusive service:

1 bottle Balance Resort sparkling wine with home-made pralines, fresh fruits and mineral water or 1 bottle Uhdler with local cheese, fresh fruits and mineral water



**PHARMOS
NATUR**

Pharmos Natur **Power of Sacred plants**



Green Luxury cosmetics for health, beauty and joie de vivre, inspired by the unique potential of mother nature.

Pharmos Natur uses highly valued plants with medicinal and rejuvenating properties from all over the world and combines the complex active ingredients in a sophisticated way. All active ingredients are adaptogenic, which means they know where and how to work best.

The SACRED PLANTS are processed carefully and holistically. Their rich active ingredients, intense light energy and strong vibrations are contained in the valuable care products. What's special about them is the use of ingredient-rich Aloe Vera instead of water, without the addition of alcohol and without classic preservatives.

The image features a blue-tinted landscape. In the foreground, several evergreen trees are visible, their dark green needles appearing as dark blue or black silhouettes against the lighter background. The trees are positioned on the right side of the frame, with one particularly tall and slender tree in the center-right. The background consists of a vast, bright sky with soft, wispy clouds. The overall color palette is dominated by various shades of blue, from deep navy to a pale, almost white light blue. The lighting is soft and diffused, suggesting a bright but slightly overcast day.

PHYTOMER

Environmentally friendly biotechnology from the sea



For more than 40 years, research and development teams have been working on powerful marine ingredients, developing the cosmetics of tomorrow. The assets of the sea are combined with unique biotechnology.

PHYTOMER decodes the power of natural active substances from the sea and uses micro-organisms to develop modern and innovative ingredients. This new high-tech biochemistry is effective and harnesses nature's potential without harming it.

SPA ETIQUETTE



Guarantee your desired treatment before arrival.



To avoid fees, please cancel treatments by 4 p.m. the day before.



Allow yourself time and arrive 10 minutes before your treatment.



Please wear swimwear in the pool area and abstain from clothes in the sauna area.



Please come to your treatment dressed in a bathrobe.



Be considerate of guests looking for peace and calm and respect the mobile phone ban.



Do not reserve loungers.



Treatment time is the total time from your pickup from the Spa desk to the time the therapist says goodbye. Before your treatment we will ask you about your wishes and will be happy to advise you.



Please tell us about any health concerns, illnesses or allergies in advance. If pregnant, please consult with your doctor.



It is best to store jewellery and valuables in your room safe.



Give the gift of time to your loved ones with vouchers for our SPA.