## ROWES WHARF SEA GRILLE

## **BREAKFAST SPECIALITIES**

FULL AMERICAN BREAKFAST 35

Two Eggs Any Style, Choice of Bacon, Ham or Sausage, Home Fried Potatoes, Toast, Freshly Brewed Coffee or Decaffeinated Coffee, Tea, Juice nf

CONTINENTAL BREAKFAST 27

Selection of Juice, Coffee, Tea or Hot Chocolate, Choice of Daily Breakfast Pastry or Croissant and a Fruit Cup of

EGGS BENEDICT\* 26

Choice of Classic Benedict, Florentine, or Smoked Salmon nf

CINNAMON BRIOCHE FRENCH TOAST 23

Powdered Sugar, Vermont Maple Syrup, Fresh Mixed Berries veg/nf

RICOTTA AND LEMON PANCAKES 23

Powdered Sugar, Vermont Maple Syrup veg/nf

MAPLE HOUSE SMOKED ATLANTIC SALMON\* 26

Toasted Bagel, Cucumber, Tomato, Capers, Red Onions, Cream Cheese

EGG SANDWICH ON A GRIDDLED CROISSANT 18

Scrambled Eggs, American Cheese, Buttered Asparagus, Creamer Potatoes **EGGS** 

Egg Dishes Are Served With Home Fried Creamer Potatoes & Choice of

TWO EGGS ANY STYLE\* gf/nf 16

POACHED FARM FRESH EGGS\* 22

Arugula, Avocado, Multigrain Toast, Tomato Hollandaise nf

NEW ENGLAND STYLE CORNED BEEF AND EGGS\* 25

Poached Eggs over Corned Beef Hash, Tomato Hollandaise gf/nf

THREE EGG OMELET\* 25

Whole or Egg Whites\*

Choice of Three Fillings: Additional Fillings- 3

Tomato, Onion, Peppers, Wild Mushrooms, Spinach, Cheddar, Feta,

Ham, Bacon

Lobster- 6

**BEVERAGES** 

FRESHLY BREWED COFFEE 7

POT OF TEA 7

HOT CHOCOLATE 6

WHOLE / SKIM MILK 4

**JUICES** 

ORANGE, GRAPEFRUIT 8

APPLE, CRANBERRY, PINEAPPLE 7

V-8, TOMATO JUICE 7

SPARKLING MIMOSA (8AM) 20

BLOODY MARY (8AM) 20

FRUITS, PASTRIES & MORE

ENERGY SMOOTHIE 11

Strawberry, Orange, Banana gf/df

HOUSEMADE GRANOLA v 7

HOUSEMADE GRANOLA PARFAIT 17

Housemade Granola, Greek Yogurt, Fresh Berries gf/veg

MCCANN'S IRISH OATMEAL 12

Walnuts, Raisins, Brown Sugar df/v

BERRIES 5

BANANAS 3

**CROISSANT 7** 

**ENGLISH MUFFINS / BAGELS 6** 

DANISH / MUFFINS 6

FRESH BERRY CUP 10

PINK GRAPEFRUIT 8

GOLDEN PINEAPPLE & BLUEBERRY MEDLEY 12

HOME FRIED CREAMER POTATOES gf/df/v/nf 8

THICK CUT APPLEWOOD SMOKED BACON gf/df/nf 8

HONEY SMOKED HAM gf/df/nf 8

COUNTRY PORK SAUSAGE gf/df 8

CORNED BEEF HASH gf/df/nf 12

**GREEK YOGURT 8** 

DRY CEREALS 7

## **Executive Chef David Daniels**

{ gf - Gluten Free / v - Vegan / veg - Vegetarian / df - Dairy Free / nf - Nut Free }

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