

SUNWAY
MediSpa



MASSAGE

Aromatherapy Massage

60mins | RM 425
90mins | RM 565

An elegant synergy of a gentle massage with healing powers of pure essential oils, which revolves around the Swedish massage's long, smooth strokes and kneading techniques. Along with fostering blood circulation and lymphatic fluids, this massage aids in releasing toxins, cultivating a balance in energy flow of the meridians and breaking down tension within the muscles.

Traditional Malay Massage

60mins | RM 425
90mins | RM 565

Urut Melayu is a deep tissue massage orchestrated with a gentle touch of the hands and fingers to enkindle a symphony of tranquility onto the whole body. This therapeutic art of rejuvenation can nurture one's overall physical well-being such as improving mobility and healing of various ailments. Mental health is also aided to restore a peace of mind.

Deep Tissue Massage

60mins | RM 475
90mins | RM 660

A combination of Hawaiian Lomi Lomi massage, acupressure and gentle stretching. The benefits of soothing essential oils ease muscular tension, with a focus on the back, shoulders and nape of the neck. Perfect for recuperating after a long journey and to release muscle tension and knots caused due to accumulated lactic acids in muscles.

Foot / Back / Head, Neck, Shoulder Massage

30mins | RM 190

These specialized treatments are designed to improve localized blood circulation and alleviate muscle tension in the targeted area. By enhancing blood flow, they facilitate the efficient dispersal of toxins through the lymphatic system and increase oxygen supply to the tissues, promoting overall cellular health and faster recovery.

A close-up photograph of a hand holding a glass jar, pouring a thick stream of pink salt into the palm of another hand. The salt is a vibrant pink color with some darker specks. The background is dark and out of focus. The text '02 BODY TREATMENTS' is overlaid in the center in a white serif font.

02 BODY TREATMENTS

Body Scrub

45min | RM 240

A rejuvenating and revitalizing sea salt scrub treatment, expertly crafted to exfoliate, detoxify, and invigorate the skin, while simultaneously promoting relaxation and holistic well-being. This premium body treatment is designed to enhance skin texture, boost circulation, and provide soothing stimulation to the nervous system, offering a comprehensive approach to skin health and rejuvenation.

Body Ritual

120mins | RM 660

(Aromatherapy Massage + Body Scrub)

Following body exfoliation, body scrub is applied. Once you have taken a refreshing shower, a tailor made aromatherapy massage takes place, leaving you feeling revitalised and with a renewed sense of well-being.

A close-up, low-angle shot of a woman lying down, receiving a facial treatment. Her eyes are closed, and her expression is relaxed. A therapist's hands are visible, gently touching her forehead and cheeks. The lighting is soft and warm, creating a serene atmosphere. The woman's skin appears smooth and hydrated. The therapist's hands are positioned to provide a soothing massage. The overall mood is one of relaxation and pampering.

EXPERT TOUCH FACIALS



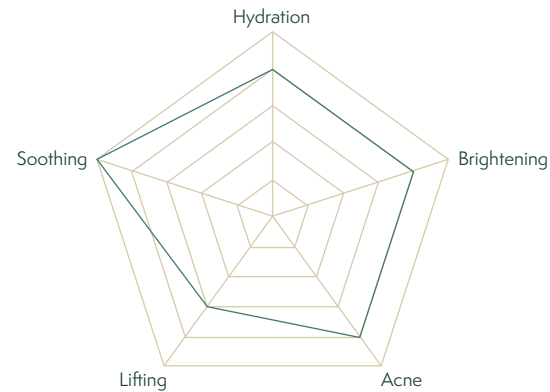
Elevated techniques,
human precision.

Hands-on treatments performed by trained therapists using refined massage methods, sensory layering, and premium actives. Each facial is tailored to your skin's needs, guided by professional expertise and intuitive care.

AYUNA

Slow beauty. Clean science. Profound results.

AYUNA distils skincare to its purest essence. Rooted in a "less is beauty" philosophy, it blends neurocosmetics, botanical actives, and mindful rituals. Each facial is designed to calm the nervous system, balance the skin's microbiome, and restore inner and outer harmony.



Beauty Bloom Facial

powered by Ayuna

75 mins | RM 645

A refined four-phase ritual that restores your skin's natural rhythm.

From deep cleansing to cell-level rejuvenation, each step is guided by touch, scent, and silence.

Customised exfoliation and plant-powered actives improve texture refine tone, and bring back clarity.

Essential oils and bio-tech serums work in synergy to hydrate, lift, and calm.

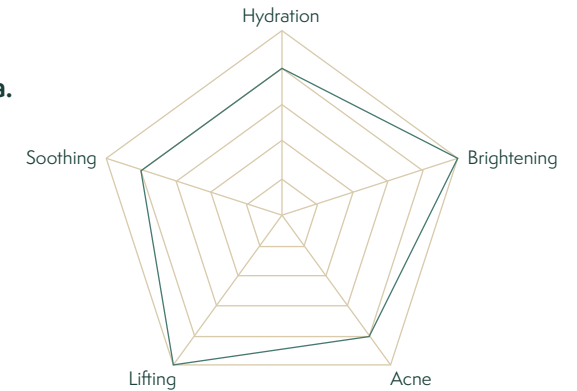
Ideal for sensitive or unbalanced skin, and for moments when your body and mind crave calm, clarity, and reset.



NATURA BISSÉ

High-performance luxury skincare from Barcelona.

Backed by decades of research and trusted by top medi-spas worldwide, Natura Bissé merges cutting-edge technology with sensorial textures. Known for immediate results and visible skin transformation, its treatments target signs of ageing, dehydration, and environmental stress.



Radiant Glow Facial powered by Natura Bissé

75 mins | RM 645

An energising facial powered by stabilised Vitamin C and antioxidant actives.

Brightens dull skin, smooths texture, and awakens your natural luminosity.

Firming massage techniques help stimulate collagen, improve elasticity, and replenish lost hydration.

Ideal for dullness, lack of firmness, or when your skin needs a quick, radiant refresh.

A close-up, artistic photograph of a person's face, focusing on the cheek and jawline. The skin is covered in a glowing, translucent, golden-brown treatment mask or serum. The lighting is soft and warm, highlighting the texture of the skin and the shimmer of the product. The background is blurred, showing more of the face and hair.

SKIN TECH FACIALS



THESERA AIR-IN SYSTEM

Needle-free, painless transdermal therapy.

Thesera's patented Air-In system uses high-pressure air diffusion to deliver active ingredients like NAD⁺, peptides, and acids deep into the skin—without needles or downtime.

Ideal for treating acne, pigmentation, dehydration, and early ageing with visible, comfortable precision.



Air-In Clear Skin Facial

(for Acne)

60mins | RM 645

Trans-dermal absorption system through air-needle that allows active ingredients of NAD+, Salicylic acid and magnesium to penetrate deep into the skin barrier.

Target : Acne & Oily Skin

Air-In Toning & Brightening Facial

(for Pigmentation)

60mins | RM 645

Trans-dermal absorption system through air-needle that allows active ingredients of NAD+, Tranexamic acid, Bisabolol and Niacinamide to penetrate deep into the skin barrier.

Target : Dry, Combination Skin, Pigmentation & Uneven Skin tone

Air-In Waterbank Facial

(for Hydration)

60mins | RM 645

Trans-dermal absorption system through air-needle that allows active ingredients of NAD+, Ceratoin and Sodium PCA to penetrate deep into the skin barrier.

Target : Dry & Combination Skin

Air-In Antioxidant Facial

(for Repair & Lifting)

60mins | RM 645

Trans-dermal absorption system through air-needle that allows active ingredients of NAD+, Fibroin and Sericin to penetrate deep into the skin barrier.

Target: Oily, Dry, Combination Skin, Premature Aging & Fine Lines



INDIBA®

INDIBA® is a medical-grade radiofrequency treatment from Spain, clinically proven to rejuvenate your skin from within. It uses a precise 448kHz current to stimulate collagen production, improve circulation, and activate your body's natural healing process.

You'll feel a deep, soothing warmth as it firms the skin, refines texture, and restores hydration. Each session supports long-term skin health while enhancing tone and radiance.

Trusted by doctors and global celebrities, INDIBA® offers a safe, comfortable way to revive your skin with visible results.

Cellular Facial Indiba Proionic System (for Cell Regeneration & Lifting)

75mins | RM 830

Skin tightening treatment via a non-invasive bio stimulation and regeneration, boosting collagen and elastin synthesis, and improving blood flow.

Target: Skin laxity, Sagginess, Fine Lines & Wrinkles

HAIR / SCALP

Air-In Rootension

40mins | RM 645

Trans-dermal absorption system through air-needle that allows active ingredients of NAD+, Black EX Collagen, Copper-tripeptide-1, and Acetyltetrapeptide-3 to penetrate deep into the scalp.

Indiba® Stem Cell Hair Spa

45mins | RM 830

Restore capillary health, increase blood flow and hair thickness and improves the supply of oxygen to the scalp and follicles.
For hair redensification and hair strength.



LYMPHATIC TREATMENT USING INDIBA®

Lymphatic Detox & Regeneration Programme

90mins | RM1,130

A full-body treatment that activates lymphatic circulation to detoxify and restore balance. Boosts your body's natural cleansing processes, enhances vitality, and supports overall regeneration. Ideal for reducing fluid retention, eliminating toxins, and revitalising your wellbeing



BODY CARE TREATMENT USING INDIBA®

Neck & Upper Back Tension Relief

45mins | RM 830

Target : Anti-inflammatory, Pain Management & Enhance Soft Tissue Recovery

Breast Firming & Contouring

45mins | RM 830

Target : Breast Firming

Arm Toning & Sculpting

45mins | RM 830

Target : Fat Loss & Skin Tightening

Visceral Fat Reduction & Abdominal Firming

45mins | RM 830

Target : Superficial Fat, Visceral Fat & Skin Firming

Lower Back Tension Relief

45mins | RM 830

Target : Anti-inflammatory, Pain Management & Enhance Soft Tissue Recovery

Cellulite Treatment Front or Back of Leg

45mins | RM 830

Target : Fat Loss, Collagen Stimulation, Skin Tightening & Lymphatic Drainage

Your Guide To A Relaxing Spa Experience

Hours of Operation

Sunway MediSpa is open from 10 a.m. to 7 p.m., daily.

Reservations

To ensure your preferred time and services are available, advanced bookings are recommended.

Reservations can be made via email srhs.wellnessspa@sunwayhotels.com, or contact us at 03-7495 1666

Guests aged 18 years and above are welcome to visit Sunway MediSpa. For guests aged below 17, an adult is required to be present in the same treatment room.

Health Concerns

When making your spa reservation, please advise our team of any health conditions, allergies, or injuries so that we can provide a service tailored to you. You will need to complete a health assessment, accessible prior to your treatment to ensure your utmost comfort and safety.

Lateness and Cancellation Policy

Please understand that your late arrival may result in a reduction of treatment time as a courtesy to our next guest. We kindly ask for your cooperation to give us a minimum of 12 hours notice for à la carte bookings, and for groups bookings, a minimum of 72 hours notice is required. Cancellations or changes made within the notice period will incur the full cost of the original treatment.

For group bookings, 72 hours notice is required for a group of 5-9 persons, 7 days notice for a group of more 10 persons, and the notice period extends between from 15 to 30 days depending on the number of persons and bookings.

Arrival

We recommend that you arrive at least 15 minutes prior to your appointment. You will be welcomed to the lounge with complimentary refreshments.

Spa Etiquette

Our spa environment is one of peace, tranquility and relaxation. Please contribute to this environment by speaking in soft volumes. Please respect all spa guests' right to privacy and refrain from using your mobile phones and cameras during your time with us.

Should you be staying in our hotel, we recommend that you leave your jewelry and other valuables in the safety deposit box in the guest room as we will not assume liability for personal property.

Please note that Sunway MediSpa is a smoke-free zone.

Home Care

To continue your Sunway MediSpa Spa experience at home, our thoughtfully curated selection of skincare products used in your treatment are available for purchase at the reception. Our team will be most happy to assist you with your selection.



Scan here to chat with us

Contact: **03 - 7495 1666**

Website: **www.sunwaymedispa.com**

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Persiaran Lagoon, Bandar Sunway,
47500 Petaling Jaya, Selangor**



Sunway MediSpa



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