



Good Morning!

Enjoy breakfast 8am-11am daily

Two Egg Breakfast		21
Two eggs any style, smoked Applewood bacon, maple pork sausage or shaved ham, herb roasted potato, pesto grilled tomato. Your choice of toast, sourdough, multigrain or marble rye, sub gluten free toast \$2		
Steak & Eggs		29
Two eggs any style, char-grilled marinated 6oz striploin steak, sautéed mushrooms, béarnaise sauce, herb roasted potato & pesto grilled tomato. Your choice of toast, sourdough, multigrain or marble rye, sub gluten free toast \$2		
Traditional Benny		21
Toasted English muffin topped with shaved ham and from scratch hollandaise. Dusted with smoked paprika. Served with herb roasted potato. Half \$16		
Salmon Benny		22
Toasted English muffin topped with wild pacific salmon lox, arugula, pickled red onion, medium poached AAA eggs, from scratch hollandaise and caper berries. Served with herb roasted potato Half \$17		
Veggie Benny	VG	21
Toasted English muffin topped with sauteed spinach, fresh sliced tomato, medium poached AAA eggs and from scratch hollandaise. Dusted with smoked paprika. Served with herb roasted potato. Half \$16		
Chorizo & Roasted Red Pepper Omelet		21
Three egg omelet stuffed with chorizo sausage, roasted red peppers, mushrooms, green onion and cheddar cheese. Served with herb roasted potato, sourdough, multigrain or marble rye toast, sub gluten free toast \$2		
Veggie Omelet	VG	21
Three egg omelet stuffed with mushrooms, spinach, grape tomato, red onion, fresh basil and feta cheese. Finished with house made arrabiata tomato sauce. Served with herb roasted potato, sourdough, multigrain or marble rye toast, sub gluten free toast \$2 Add avocado \$3		

VG- Vegetarian V-Vegan GF-Gluten Free

Reservations for 8 or more are subject to an 18% gratuity.

2024/2025



Breakfast Sandwich 18
 Toasted brioche bun, fried egg, bacon, roasted red pepper, sautéed mushrooms, fresh tomato, monterey jack cheese, pesto, arugula & chipotle ailoli. Served with herb roasted potatoes. Sub gluten free toast \$2

Healing Spa Breakfast Bowl **Option for GF/VG/V** 23
 Warmed quinoa, avocado, pickled beets, grape tomato, sauteed spinach, sauteed mushrooms two medium poached eggs and your choice of fried tofu or marinated tuna poke. Finished with sweet soy drizzle, green onion and pea shoots. Keep it Vegan, with no eggs and fried tofu.

Jump Start **VG** 16
 Granola, fresh fruit, Greek yogurt, drizzled mango juice and candied pecans. Sourdough, multigrain or marble rye toast.

Pancakes **VG** 17
 Three buttermilk pancakes stuffed with fresh blueberries. Topped with fresh blueberries, strawberries and icing sugar. Served with butter and pancake syrup.

Kids 2-11 years - includes (1) small juice or white milk

One Egg Breakfast 15
 One egg any style, bacon, ham or sausage, herb roasted potatoes and toast.

Pancakes 12
 Two buttermilk pancakes stuffed with blueberries or chocolate chips. Topped with whipped cream. Served with butter and pancake syrup.

Add ons

- Maple pork Sausage + 6 | Bacon + 5 | Shaved Ham + 4 | Hollandaise + 5 | Pancake + 5
- Breakfast potatoes + 6 | Toast + 5 | G.F. Toast + 6
- Fresh Avocado + 3 | Grilled or Sliced Tomato + 3 | Side of fresh fruit + 7

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