



HIGH PEAKS RESORT

lake placid

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 8 AM – 7 PM Mirror Lake Watercraft 10 AM Aqua Aerobics	2 8 AM – 7 PM Mirror Lake Watercraft 10 AM Hula Hooping	3 8 AM – 7 PM Mirror Lake Watercraft 10 AM Aqua Aerobics	4 8 AM – 7 PM Mirror Lake Watercraft 4 PM Kids Summer Crafting	5 8 AM – 7 PM Mirror Lake Watercraft 9 AM Vinyasa Flow Yoga 10 AM Birds of Prey
6 8 AM – 7 PM Mirror Lake Watercraft	7 8 AM – 7 PM Mirror Lake Watercraft 9 AM Vinyasa Flow Yoga	8 8 AM – 7 PM Mirror Lake Watercraft 10 AM Aqua Aerobics	9 8 AM – 7 PM Mirror Lake Watercraft	10 8 AM – 7 PM Mirror Lake Watercraft 10 AM Aqua Aerobics	11 8 AM – 7 PM Mirror Lake Watercraft 4 PM Kids Summer Crafting	12 8 AM – 7 PM Mirror Lake Watercraft 9 AM Vinyasa Flow Yoga 10 AM Birds of Prey
13 8 AM – 7 PM Mirror Lake Watercraft	14 8 AM – 7 PM Mirror Lake Watercraft 9 AM Vinyasa Flow Yoga	15 8 AM – 7 PM Mirror Lake Watercraft 10 AM Aqua Aerobics	16 8 AM – 7 PM Mirror Lake Watercraft 10 AM Hula Hooping	17 8 AM – 7 PM Mirror Lake Watercraft 10 AM Aqua Aerobics	18 8 AM – 7 PM Mirror Lake Watercraft 10 AM Hula Hooping 3 PM – 6 PM Face Painting 4 PM – 6 PM Kids Summer Crafting	19 8 AM – 7 PM Mirror Lake Watercraft 9 AM Vinyasa Flow Yoga 10 AM Birds of Prey
20 8 AM – 7 PM Mirror Lake Watercraft	21 8 AM – 7 PM Mirror Lake Watercraft 9 AM Vinyasa Flow Yoga	22 8 AM – 7 PM Mirror Lake Watercraft 10 AM Aqua Aerobics	23 8 AM – 7 PM Mirror Lake Watercraft	24 8 AM – 7 PM Mirror Lake Watercraft 10 AM Aqua Aerobics	25 8 AM – 7 PM Mirror Lake Watercraft 10 AM Hula Hooping 3 PM – 6 PM Face Painting	26 8 AM – 7 PM Mirror Lake Watercraft 9 AM Vinyasa Flow Yoga 10 AM Birds of Prey
27 8 AM – 7 PM Mirror Lake Watercraft	28 8 AM – 7 PM Mirror Lake Watercraft 9 AM Vinyasa Flow Yoga	29 8 AM – 7 PM Mirror Lake Watercraft	30 8 AM – 7 PM Mirror Lake Watercraft 10 AM Hula Hooping	31 8 AM – 7 PM Mirror Lake Watercraft		



JULY SUMMER ACTIVITY CALENDAR



HIGH PEAKS RESORT

— lake placid —

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 8 AM – 7 PM Mirror Lake Watercraft 10 AM Hula Hooping 3 PM – 6 PM Face Painting	2 8 AM – 7 PM Mirror Lake Watercraft 9 AM Vinyasa Flow Yoga 10 AM Birds of Prey
3 8 AM – 7 PM Mirror Lake Watercraft	4 8 AM – 7 PM Mirror Lake Watercraft 9 AM Vinyasa Flow Yoga	5 8 AM – 7 PM Mirror Lake Watercraft 10 AM Aqua Aerobics	6 8 AM – 7 PM Mirror Lake Watercraft	7 8 AM – 7 PM Mirror Lake Watercraft 10 AM Aqua Aerobics	8 8 AM – 7 PM Mirror Lake Watercraft 3 PM – 6 PM Face Painting	9 8 AM – 7 PM Mirror Lake Watercraft 9 AM Vinyasa Flow Yoga 10 AM Birds of Prey
10 8 AM – 7 PM Mirror Lake Watercraft	11 8 AM – 7 PM Mirror Lake Watercraft 9 AM Vinyasa Flow Yoga	12 8 AM – 7 PM Mirror Lake Watercraft 10 AM Aqua Aerobics	13 8 AM – 7 PM Mirror Lake Watercraft 10 AM Hula Hooping	14 8 AM – 7 PM Mirror Lake Watercraft 10 AM Aqua Aerobics	15 8 AM – 7 PM Mirror Lake Watercraft 10 AM Hula Hooping 3 PM – 6 PM Face Painting	16 8 AM – 7 PM Mirror Lake Watercraft 9 AM Vinyasa Flow Yoga 10 AM Birds of Prey
17 8 AM – 7 PM Mirror Lake Watercraft	18 8 AM – 7 PM Mirror Lake Watercraft 9 AM Vinyasa Flow Yoga	19 8 AM – 7 PM Mirror Lake Watercraft 10 AM Aqua Aerobics	20 8 AM – 7 PM Mirror Lake Watercraft 10 AM Hula Hooping	21 8 AM – 7 PM Mirror Lake Watercraft 10 AM Aqua Aerobics	22 8 AM – 7 PM Mirror Lake Watercraft 10 AM Hula Hooping 3 PM – 6 PM Face Painting	23 8 AM – 7 PM Mirror Lake Watercraft 9 AM Vinyasa Flow Yoga 10 AM Birds of Prey
24 8 AM – 7 PM Mirror Lake Watercraft	25 8 AM – 7 PM Mirror Lake Watercraft 9 AM Vinyasa Flow Yoga	26 8 AM – 7 PM Mirror Lake Watercraft 10 AM Aqua Aerobics	27 8 AM – 7 PM Mirror Lake Watercraft 10 AM Hula Hooping	28 8 AM – 7 PM Mirror Lake Watercraft 10 AM Aqua Aerobics	29 8 AM – 7 PM Mirror Lake Watercraft 10 AM Hula Hooping 3 PM – 6 PM Face Painting	30 8 AM – 7 PM Mirror Lake Watercraft 9 AM Vinyasa Flow Yoga 10 AM Birds of Prey
31 8 AM – 7 PM Mirror Lake Watercraft						

