TOUNGE LOUNGE LO



SHAREABLES

NITA NACHOS (V) (GF) corn chips, Monterey Jack and cheddar, jalapeños, olives, tomatoes, scallions, blackbeans, guacamole, tomato salsa, sour cream, cilantro *ask to make your nachos vegan	28
NITA LAKE CHARCUTERIE AND CHEESE 3 types of BC made meats and cheeses with housemade pickles, chutney, olives & selection of housemade breads and crackers - cheese only or vegan cheeze available upon request	32
MEZZE PLATTER © green chickpea hummus, baba ganoush, garlic sauce, smoked olives & flatbread	24

Available from 12 - 9, daily

SMALL/SHARE	
WARM OLIVES (19) (6F) mixed warm olives with herbs, chilies, orange zest and fennel	10
COAST MOUNTAIN POUTINE crispy pancetta, cheese curds, Crystal Chair pilsner syrup, serrano crema	21
PARMESAN TRUFFLE FRIES (1) (6)	16
CRISPY AVOCADO FRIES UD (6) radish & watercress salad, black garlic dipping sauce	21
HOUSEMADE CHICKEN WINGS with ranch dip ©F choose salt and pepper/hot/bbg/ginger soy/honey beer mustard	22
THE PRAWN COCKTAIL (GF) smashed avocado, gin-cocktail sauce, pumpkin seeds, fresh horseradish, lime, tortilla crisps	24
SOUP & SALAD	
TOMATO BASIL SOUP (1) (6F) pumpkin seed pesto, baguette	10/13
SEARED ORGANIC OCEAN'S HAIDACORE™ TUNA SALAD ©F local albacore tuna, citrus & frisée salad, radish, scallions, serrano chillies, sweet soy, taro crisps	24
CURE SALAD (V) (GF) living lettuce, winter kale, cucumber, cherry tomatoes, spiced yams, Golden Ears feta cheese, pumpkin seeds, dried cranberries, honey mustard dressing, crispy fried avocado	24
CEASAR SALAD romaine hearts, lardons, focaccia croutons, grana padano, roasted garlic dressing, charred lemon	21
SALAD PROTEINS + Grilled Halloumi 9 + Seared Albacore Tuna 11 + Poached Prawns 10 + Grilled Chicken Breast 9 + Falafels 8 + Crispy Fried Avocado 9	
BURGERS & FLATBREADS	
CLASSIC BACON CHEESEBURGER 63 acres beef patty, smoked bacon, american cheese, butter lettuce, tomato, pickles, secret sauce, brioche bun	26
CURE BURGER 63 acres beef patty, mushroom ragout, gruyère, truffled aioli, pickled onions, butter lettuce, housemade bun, onion ring	28
GREEN CHICKPEA FALAFEL BURGER (1) tomato jam, vegan raita, pickled cucumbers & radishes on vegan brioche bun	26
SPICY CRISPY CHICKEN BURGER Gochujang and buttermilk marinated crispy chicken thigh, honey and soy glaze, asian slaw, spicy aioli, portuguese bun	26
KUTERRA SALMON BURGER salmon filet, tartar sauce, crispy oyster mushrooms, cornichons, butter lettuce, portuguese bun	28
TOMATO BURRATA FLATBREAD (**) roasted tomatoes, burrata, fresh basil	26
TRUFFLED MUSHROOM & PEAR FLATBREAD (V) truffled alfredo, roasted mushrooms, poached pear, gruyère, truffled honey, crispy sage	26
MAINS	
VEGAN RIGATONI BOLOGNESE	32
FLAT IRON STEAK 8oz 63 acres flat iron steak with smashed north arm farm potatoes, roasted root veggies and red wine jus	42
LOBSTER MAC & CHEESE broccoli, prosciutto cotto ham, gruyere, truffled mornay sauce & herbed bread crumbs	38
BRAISED SHORT RIB CHILLI (F) aged cheddar, sour cream & jalapeno corn bread	28