



Diplomat Discoveries

Your Weekly Guest Guide



WELLNESS

24 Hours | Daily
Fitness Center

Convention Center 1st Floor

7:30-8:30am | Sunday, Monday, Wednesday & Friday
Sunrise Beach Yoga
Beach

9:00am-6:00pm | Daily
Cabana, Casita & Daybed Rentals - Resort Guests Get 10% Off
Beach & South Lagoon Pool

1:00-1:45pm | Saturday
Pool Zumba
Infinity Pool

7:30-8:30am | Tuesday And Thursday
Spin Class
West Palm Court

6:15am-9:00pm | Monday - Saturday
1:1 Fitness Training- Boxing + Dancing 💰
High Intensity Interval Training (HIIT) 1 Class For Free Per Day
Per Guest Across Footbridge - Core2Fitness

10:00am-7:00pm | Daily
DIPLOMAT SPA & SALON
954-602-8400
*Wellness Center Hours**
Convention Center Floor - 1

ACTIVITIES & WATER SPORTS

24 Hour | Daily
Bicycle Usage-First Hour Free
Located outside main entrance. Helmets available at the concierge desk.

9:00am-5:00pm | Daily
Dip + Slide | Kids' Splash Zone
Adult Supervised
Upper Pool Deck

10:30am-4:30pm | Daily
Water Sports
Kayak & Paddleboards (First Hour Free)
Jet Ski & Banana Boat Rentals 💰

8:00am-5:00pm
Beach Games & Play Zone
Cornhole, Ladder Toss & Sand Toys

10:00am-6:00pm | Daily
Beach Volleyball
Rent a ball from the beach hut!

Singshot Vehicle Rentals
Rent this eye-catching, three-wheeled vehicle
Scan QR Code for Reservations and Pricing!

Reserve A Slingshot



KIDS' CLUB

9:00am-4:00pm | Wednesday-Sunday
DIPLOMAT KIDS' CLUB SCHEDULE*
Scan QR Code For Activities and Pricing



Cabana Reservations



Spa Menu



HIIT Class Schedule



Resort Map

Dive into the Diplomat. Scan the QR code below to explore our restaurants & bars, wellness venues, kid haven's and more!



Rainy Day Fun!

Rain, rain, go away!

See the Concierge desk to find out where we're hosting indoor fun and games on these days!

We're Here to Help
Please let us know if there's anything we can do to improve your experience.
Feel free to text us at 954-998-1119

TEXT US!

Wednesday, March 27

**9:00-9:30am | Kids' Club
Open House***

Meet our fun leaders and learn about upcoming activities.

**10:00-10:30am | Kids' Club
Morning Stretch***

Get ready for the day ahead!

**11:00-11:30am | Kids' Club
Build-A-Buddy***

Create a companion for your vacation.

**12:00-12:30pm | Infinity Pool
Little Sharks Swimming Challenge* A**
swimming contest for our young guests in the shallow end.

**1:00-2:00pm | Kids' Club \$
Ceramic Art**

Dive into the creative world of ceramic painting!

**3:00-3:30pm | Kids' Club
Cornhole Competition***
Beat our team and win a prize!

Thursday, March 28

**9:00-9:30am | Kids' Club
Parachute Party***

Join us for this classic game!

**10:00-10:30am | Kids' Club
Musical Chairs***

Be sure to sit when the music stops!

**11:00-11:30am | Infinity Pool
Hula Hoop Contest***

Prove that your "hips don't lie!"

**12:00-12:30pm | Infinity Pool
Basketball Challenge***
Grab a friend and compete!

**1:00-2:00pm | Kids' Club \$
Kinetic Critter Creation**
Craft a creature to bring to the beach.

**3:00-3:30 | Kids' Club
Ping Pong Competition***
Challenge our team members!

Friday, March 29

**9:00-9:30am | Kids' Club
Seashell Hunt***

Explore the shore to find special shells!

**10:00-11:00am | Kids' Club
Pick-Up Basketball Games***

Showcase your skills!

**11:00-11:30am | Kids' Club
Lawn Bowling***

Challenge our staff; strive for a strike.

**12:00-1:00pm | Infinity Pool
Pool Volleyball***
Serves up!

**1:30-2:00pm | Kids' Club \$
Seashell Painting**
Color your dream shell!

**2:30-3:00pm | Kids' Club
FreezeDance***
Don't let the music distract you.

**3:30-4:00pm | Lobby
Kids' Club Meet Up**
Learn about Kids' Club fun.

Saturday, March 30 | Sea Turtle Saturdays

**9:00-9:30am | Kids' Club \$
Kite Flying & Crafting***

Brighten the sky with your own creation.

**10:00-10:30am | Kids' Club
Spring Crafts***

Join us for festive activities!

**11:00am-3:00pm | Lobby \$
Hair Braiding**

No reservation needed! Pick between dutch, fishtail, simple braids and more!

**12:00-1:00pm | Infinity Pool Deck
Poolside Games***

Dive into an assortment of awesome games!

**12:00-4:00pm | South Lagoon Pool
Dj Leon**
Multi Genre Hits!

**2:00-3:00pm | Kids' Club
Nova University Meet & Greet***
Observe and learn more about sea turtles from our local partners.

**3:30-4:00pm | Kids' Club
Staff Challenge***
Can you beat our team? Let's find out!

**6:00-9:00pm | The Hotel Bar
Remy Martinez***
Solo Sax instrumentalist

**6:00-9:00pm | The Hotel Bar
Toki Whiskey****
Sample a tasty beverage with this spirit!

* Parent Supervision Required
** Ages 21+
③ Fee Incurred

It's Sea Turtle Nesting Season! March 1 - October 31

90% of sea turtle nesting in the U.S. occurs on Florida beaches from March through October every year, including ours!

To celebrate this season, we are partnering with Nova Southeastern University to provide our guests with educational activities to learn more about these special creatures every Saturday.

Tips To Keep Turtles Safe!

- If you see a nesting site, please look but do not touch or interfere.
- At night, close curtains/turn off lights when not in use to minimize interior lighting from shining on the beach.
- Avoid single use plastics like straws.



Sunday, March 31 Happy Easter!

Easter Brunch

12:00-3:00PM | Point Royal

\$85 PP Adults | \$25 PP Children (2-12 years old)

Indulge in a lavish Easter brunch buffet featuring carving stations, a fresh raw bar, mouthwatering hot dishes, and an array of homemade pastries.



Scan for Reservations



Easter Egg Hunt

10:00-10:30AM | Lobby - Easter Basket Pick-Up

11:00-11:30AM - Egg Hunt

Kid's Club - Ages 4 and under
South Palm Court - Ages 5 and up



Easter Bunny Meet & Greet

12:00-3:00pm | Lobby

Meet and take a picture with this iconic character!



Easter & Spring Crafts

12:00-3:00PM | Monkita Sushi Room

Let your creativity shine with festive crafts. It's the perfect, post-brunch activity!

