

The background is a solid tan color with a fine, repeating wavy pattern. A large, white, stylized letter 'A' is positioned on the right side of the page, extending from the top to the bottom. The letter has a modern, geometric feel with a slight curve at the top and a rounded base.

ACQUAPURA SPA ESSENTIALS

**ACQUAPURA Balance SPA**  
**Pure. Nature. Hideaway.**



Discover your unique path to inner harmony at our Acquapura Balance SPA. Find sanctuary in our oasis, where nature's bounty flourishes in our permaculture garden: nestled amidst serene hills, meadows, and lush forests in the sun-kissed landscape of Southern Burgenland, your botanical paradise awaits. Indulge in rejuvenating days featuring bespoke treatments crafted to restore balance and vitality to your body.

In our permaculture garden, every plant, every stone, and every drop of water is carefully selected and tended to foster a harmonious balance between humans and nature.

From this holistic approach arise signature treatments, inspired by the sustainable diversity of the garden, divided into zones with 10 stages, offering enduring well-being followed by a delightful herbal tea.

We are delighted to accompany you on your personal journey to self-discovery, where every moment is a celebration of self-care and mindfulness.

ACQUAPURA SPA



## **The holistic and balancing effect of water on the body and mind**



“Acqua pura” means “pure water” and, as such, represents the essence of the Spa worlds in the Falkensteiner Hotels & Residences. Here, the healing effects and the versatile benefits of this elixir of life are the focus.

Water has a hydrating, purifying, balancing, and toning effect. On the one hand, no other element than water is so felt in our Spas, when one considers the different forms it takes. It serves as a comfortably warm invitation to swim and let oneself drift, in the form of ice for infusions and subsequent cooling, as well as a deeply effective experience in the steam bath. On the other hand, water is perceived as a multi-sensory experience.

Hearing, seeing, feeling, tasting: the sound of gentle waves, weightless floating, a gentle embrace enveloping the body, and the enjoyment of cold, clear water as a thirst quencher – water revitalizes, relaxes, and enhances the well-being and resilience of the body and mind in a holistic and natural way.



## ENERGY

renewed vitality &  
strength



## HARMONY

balance &  
stability



## CLARITY

serenity of the mind &  
clarity in the body



## RELEASE

relax &  
unwind

Inspired by a life in harmonious balance, the concept of „Flow“ describes the ideal state of inner equilibrium. This is achieved when the four phases of harmony, clarity, release and energy are in a balanced relationship with each other.

Water has the power to bring us precisely there: the natural rhythm of the waves aligns with our emotional state and has the ability to gently influence it. Calm, steady waves, for example, have a soothing effect, while strong waves possess an energizing and revitalizing essence.

Depending on the emotional state you wish to attain or which (wave) phase you lack, in order to reach your personal flow, we select tailored treatments to let you achieve this ideal state.

The Acquapura SPA is your source of well-being. A place where you can unwind, discover your individual balance, and let your thoughts flow. What matters here is rediscovering your inner center.

A close-up photograph of a basil plant. The leaves are a vibrant green with prominent purple veins. Several small, dark purple flowers are visible, some in bloom and some as buds. The background is a soft, out-of-focus green, suggesting a garden setting. The lighting is natural, highlighting the texture of the leaves and the color of the flowers.

PERMACULTURE  
SIGNATURES



# PERMACULTURE SIGNATURES

## 1ST STAGE: STONE GARDEN

### HOT STONE

Grounding power of hot basalt | Deeply relaxing full-body massage



## 2ND STAGE: ORCHARD

### LIVER DETOX RITUAL

Liver wrap | Unblocking | Promotes blood circulation | Cherry pit pillow



## 3RD STAGE: FLOWER GARDEN

### NO TOX

Intensive full-body massage | Efficiently removes acidic residues and waste accumulation | Feather-light feel-good experience



## 4TH STAGE: BIOTOPE

### P5 SOIN MINCEUR

BY PHYTOMER

Modelling, contour-shaping massage | Slimming lotion to reduce curves | Slimming pack with algae jam



## 5TH STAGE: VEGETABLE GARDEN

### INTENSIVE MOISTURE

BY PHARMOS NATUR

Cooling & calming | Freshness & vitality for every skin type | Especially for young and dehydrated skin







PERMACULTURE  
SIGNATURES



## PERMACULTURE SIGNATURES

### 6TH STAGE: WILD HEDGE

#### TAILORMADE RELAX & FIT

PINO aromatic oil of your choice | Full-body massage | Massage techniques individually adapted to your wishes & needs



### 7TH STAGE: SPICES & HERBS

#### BALANCE SIGNATURE RITUAL

Holistic deep relaxation and relief for the whole body | Head massage | Herbal stamp with classic techniques | Activation of the vegetative nervous system | Abdominal massage



### 8TH STAGE: BERRIES

#### SCULPT ZONE

BY PHYTOMER

Slimming ritual for stomach, legs, buttocks & stubborn cellulite | Gentle sea peeling | Warming, shaping wrap



### 9TH STAGE: FLOWER MEADOW

#### BREUSS MASSAGE

Relaxing, warming & gently rhythmic back massage with warm St. John's wort oil | Optimal nutrient supply for your intervertebral discs | Holistic deep relaxation | Relief for your spine & vegetative nervous system



### 10TH STAGE: BEES

#### LOVE YOUR AGE - POWER TREATMENT

BY PHARMOS NATUR

Intensive regeneration | Wrinkle smoothing | Rejuvenation for mature skin in need of regeneration





# BALANCE SIGNATURES

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## SLOW DOWN

Moving yet gentle massage for head, shoulders, neck, legs & feet | Comfortable warm neck pillow & cooling eye pillow for lasting regeneration



## DE-STRESS-BACK

Tension releasing warm pack | Energizing massage for back & feet



## BALANCE SIGNATURES

### INDOBLISS

On the way to weightlessness  
and deep relaxation | Massage  
with large, stroking movements |  
Warm sesame oil



### LOMI-LOMI NUI

Ritual from Hawaii | Pure deep  
relaxation | Circling, flowing  
movements with Hawaiian music



### NUAD TAO: COCONUT DELIGHT

Coconut milk foot bath | Head &  
neck massage | Activation of the  
reflex zones on the foot and calf



### BALANCE COCO IMMERSION

Coconut milk and natural orange  
spirit oil soothe the skin and  
make it velvety soft | Includes a  
glass of freshly squeezed  
orange juice



### DETOX ALKALINE BATH

Detoxification | Alkaline bath



MASSAGES



## MASSAGES

### PARTIAL BODY RELAX & FIT

Upon your choice: Back | Foot re-  
flex zones | Head-shoulders-neck

 ENERGY  RELEASE

### AROMA SENSES

PINO aroma candle of your  
choice | Tailored to your well-  
being | Pleasant & soothing

 HARMONY  CLARITY

### COMBI FLEX

2 partial body areas of your choice:  
foot reflex zones | Abdominal  
massage | Back massage

 HARMONY  ENERGY

### HERBAL STAMP

Hot herbal stamps and aromatic  
herbal oils | Tapping, stroking,  
and circular movements |  
Relaxation for the whole body

 RELEASE  CLARITY

### CRANIO-SACRAL THERAPY

Special osteopathic treatment |  
Increases your well-being |  
Resolves disturbances |  
Activates the body's own  
self-healing powers

 HARMONY  ENERGY

# MASSAGES



## REFLEXATION

Foot reflex zone massage |  
Specifically stimulates countless  
nerve points on the foot,  
activating your body's  
self-healing powers



## ACQUAPURA SIGNATURE FLOW

Fascial massage | Mobility  
check | Tension relief |  
Increased flexibility



## FLOAT & FIT LYMPH STIMULATING

Very gentle partial or  
full-body treatment | Relief |  
Decongestion | Blood circulation  
enhancement | Stimulates the  
immune system



## GENTLE SPINE REGULATION (DORN & BREUSS METHOD)

Loosen muscles with warm  
St. John's Wort oil | Alignment  
of displaced vertebrae |  
Immediate deep relaxation using  
individual techniques





FACE

## DETOX FACE

BY PHARMOS NATUR

Deep cleaning | Activates the flow of the lymph glands | Strengthens the connective tissue for every skin, especially for stressed skin and rosacea

  
HARMONY

## BIO LIFTING

BY PHARMOS NATUR

Intensive care | Supply of nutrients | Natural firming | For dry, tired & sagging skin

  
ENERGY

## EXCLUSIVE ROHINI REGENERATING TREATMENT

BY PHARMOS NATUR

Individual effectiveness of adaptogenic rejuvenation plants | Selected ingredients | Deep regeneration | Treatment ritual for every skin type

  
ENERGY



# FACE



## CITADINE

BY PHYTOMER

Counters urban pollution | Deep cleaning | Clarifies, detoxifies and oxygenates the skin



## PERFECT REGARD INTENSIVE CARE FOR THE EYES

BY PHYTOMER

Firming care for radiant eyes & moments | Smoothing of fine lines



## INTENTION JEUNESSE

BY PHYTOMER

Correction and tightening of fine lines | Instant effect thanks to multi-peeling | Active ingredients from the sea



## HYDRA ORIGINAL

BY PHYTOMER

Plumping moisturizer | Organic algae | Filling & nourishing for more radiance



## PIONNIER RÉVÉLATEUR DE JEUNESSE

BY PHYTOMER

Signature facial treatment | Happy aging care for your face, lips & décolleté | Mask and final care | For firm & radiant skin



# FACE NATURE OF MEN



## MEN SPECIAL ENERGY BOOST

BY PHARMOS NATUR

Activating | Deep cleaning |  
Restores balance



## MEN SPECIAL STRESSLESS

BY PHARMOS NATUR

Cell renewal | Regeneration |  
Revitalisation | Soothes  
irritations



## „MEN´S AFFAIR“ PEAU NEUVE AU MASCULIN

BY PHYTOMER

Individual high-tech care with  
active ingredients from the sea |  
Oxygenating | Moisturizing and  
anti-aging



BODY



# BODY

## BODY & FACE WITH ALOE VERA & ALGAE

BY PHARMOS NATUR

Full-body peeling & care pack |  
A fresh kick that restores  
balance to the face

 HARMONY  ENERGY

## LOVE YOUR AGE RITUAL

BY PHARMOS NATUR

Full-body pampering programme |  
Cosmetic relaxation massage for  
the back | Individual facial

 HARMONY  RELEASE

## RELAX & MOVE

BY PHARMOS NATUR

Relieves tension | Revitalises  
muscles and joints | Promotes  
blood circulation | Therapeutic  
after sports activities and for  
muscle and joint problems

 ENERGY

## DETOX BODY

BY PHARMOS NATUR

Cleansing | Activates lymph  
flow | Strengthens the connective  
tissue for general tissue  
cleansing, for congestion and  
heavy legs, for cellulite

 HARMONY  RELEASE

## VOILE DE SATIN

BY PHYTOMER

Relaxing full-body peeling | Sea  
salt crystals | Massage for skin  
remineralization and hydration

 HARMONY  RELEASE

BEAUTY



CAN BE ADDED  
TO ANY FACIAL  
TREATMENT

- Microdermabrasion

## MICRODERMABRASION SPECIAL

Efficient intensive peeling  
with microcrystals | Deep  
cleansing | Serum | Mask |  
Final care

 

## FACIAL MASSAGE

With active ingredient ampoule |  
Decollété | Nape | Neck

 

## BEAUTY

BOOKABLE  
FOR EVERY  
HAND & FOOT  
TREATMENT

- Alessandro coloured varnish
- Alessandro strip varnish  
(Gel varnish)

### MANICURE CLASSIC

Nail shaping | Treatment of  
cuticles | Manicure with massage



### HAND RITUAL

Manicure | Hand exfoliation |  
Hand wrap | Hand massage |  
Hands as soft as velvet



### PEDICURE CLASSIC

Footbath | Heals bruises | Nail  
shaping | Gentle foot massage



### FEET RITUAL

Pedicure | Foot exfoliation | Foot  
wrap | Foot massage | Soft and  
well-groomed feet



# ME TIME RITUALS



## AROMA SPA FULL-BODY PACK

Pure indulgence | Floating  
lounger, exclusively on request:

- moisturizing pack
- mud pack for the joints
- seaweed wrap
- firming body pack



## ORANGE SUGAR PEEL

Sugar scrub | Orange,  
coconut & soybean oil



## BALANCE SPECIAL PEELING

Cleansing full-body peeling |  
Followed by exquisite  
body lotion



## PAPAYA & ALOE SEA SALT PEELING

Sea salt peeling |  
Papaya & Aloe Vera oil



## SALT ON MY SKIN

Gentle cosmetic vitality  
massage | Sea salt peeling  
& relaxing bath



# PRIVATE SPA



## PRIVATE SPA „ACQUARELL“

Whirlpool tub with space  
for two | Three types of bath  
cream or five different bath  
salts | Cozy lounging area for two

 RELEASE

 CLARITY

 HARMONY

 ENERGY

ENJOY IN PRIVATE  
WITH YOUR PART-  
NER IN THE LIGHT-  
FLOODED PRIVATE  
SPA SUITE

### **Basic inclusive service:**

1 bottle Balance Resort  
sparkling wine with  
home-made pralines,  
fresh fruits and mineral  
water or 1 bottle Uhudler  
with local cheese, fresh  
fruits and mineral water





**PHARMOS  
NATUR**

## **Pharmos Natur** **Power of Sacred plants**



Green Luxury cosmetics for health, beauty and joie de vivre, inspired by the unique potential of mother nature.

Pharmos Natur uses highly valued plants with medicinal and rejuvenating properties from all over the world and combines the complex active ingredients in a sophisticated way. All active ingredients are adaptogenic, which means they know where and how to work best.

The SACRED PLANTS are processed carefully and holistically. Their rich active ingredients, intense light energy and strong vibrations are contained in the valuable care products. What's special about them is the use of ingredient-rich Aloe Vera instead of water, without the addition of alcohol and without classic preservatives.



PHYTOMER

## **Environmentally friendly biotechnology from the sea**



For more than 40 years, research and development teams have been working on powerful marine ingredients, developing the cosmetics of tomorrow. The assets of the sea are combined with unique biotechnology.

PHYTOMER decodes the power of natural active substances from the sea and uses micro-organisms to develop modern and innovative ingredients. This new high-tech biochemistry is effective and harnesses nature's potential without harming it.

